

Family Support Sister

Kathy Allatt (Junior sister and support sister)

My Role:

The family support role is funded by our hospital charity.

The ethos of the role is to support families through any difficulties they are facing during their neonatal journey.

I also implement innovative changes to practice that supports our units philosophy of family integrated care.

New introductions to the ward:

Preterm milestone cards that all families have access to.

Provision of a bookshelf and books used by parents to facilitate story time with their babies.

Arranged travel cups and breastfeeding aprons to encourage parents to spend more time at the cot side.

Designed discharge packs which celebrate the neonatal journey families have been through.

Created social media pages to keep parents and staff updated with unit news.

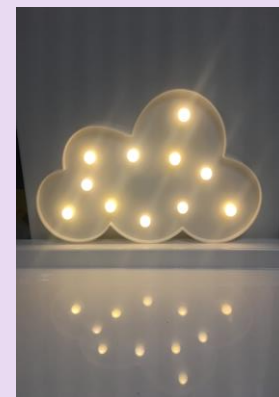
Showing potential parents around the unit from FMU

Ongoing projects:

Introducing the Vcreate system- parents will be able to view videos of their baby when they are unable to be in the hospital.

Creating a 'relaxation' room where babies can enjoy some sensory play or parents can relax.

Implementation of fortnightly hand and foot prints in order to monitor growth in a non clinical way.



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Jessop Wing Neonatal Intensive Care Unit