



Bliss quarterly update

Hi Helen,

The Bliss Healthcare Engagement Team are keen to **keep you more informed of our activity and the activity of the units in your network** throughout the year. Therefore we will be sending you this email with **updates about Bliss every three months.**

You can also keep up to date by signing up to our bi-monthly newsletter for healthcare professionals - [The Bliss Journal](#).

We hope you will find these updates useful and provide you with all the information you need. Please do feedback to let us know if you would like us to include anything else in future or if you have any further questions.

Bliss Healthcare Engagement Annual report

For the first time, we want to share with you our annual report for Healthcare Engagement activity over the year. This is very top level information to keep it concise but we hope you will enjoy reading about the fantastic work that is taking place in units across the UK.

[Read report](#)

Bliss Baby Charter update - Yorkshire and Humber

Number of units engaged: 19

Number of units undergoing audit 1: 2

Number of units undergoing audit 2: 16

Number of units working towards pre-assessment: 1

The Jessop Wing have had one pre-assessment visit from Bliss. We are waiting on confirmation that the outstanding guidelines have been complete as we would

expect to view these on assessment. Barnsley are also very close to pre-assessment, we are waiting on their psycho-social support evidence to be reviewed.

Bliss Baby Charter Conference and Awards 2019



[The Bliss Baby Charter Conference](#) will be taking place for a second year on **26 September** in **Leicester (registration information to be released soon)**.

As a part of the event, Bliss will be recognising excellent care through the Bliss Neonatal Excellence Awards for outstanding achievements in family-centred care. The awards will recognise and celebrate outstanding individuals, teams and projects that make a difference to babies born premature or sick.

The award categories are:

- Parents' choice
- Project of the year
- Team of the year

[Find out more about the categories](#) and nominate a team or project - the deadline for nominations is Friday 19 July. Awards winners will receive two FREE tickets to the conference and awards event!

[Submit a nomination](#)

Give us your feedback

After hearing back from different healthcare professionals, **Bliss is scoping how we support healthcare professionals and the digital services which we offer.** This is the first of many engagement exercises which we hope will better support your work.

How will the findings be used?

We will use the survey results to for **a new e-platform for healthcare professionals to be able to share best practice.**

Please share with your colleagues and add your email address to the end of the survey if you would like to be included in a prize draw to win a place at the Bliss Baby Charter conference in September!

[Take the survey](#)

Supporting research

We are excited to announce our support for a large-scale clinical trial, managed by Nottingham Clinical Trials Unit. FEED1 will investigate whether introducing milk feeds from day 1 could reduce infection, improve growth, and allow closer bonding between parents and their babies during feeding.

[Read more about the trial](#)

How well supported is your mental health and well-being at work?

We know that the neonatal environment is challenging for the people who work within it. **We are currently investigating the provision of psychological support across UK neonatal services,** and we want to make sure the needs and experiences of everyone who works within neonatal services, including non-clinical staff, are reflected in our policy work.

We have just closed a national anonymous survey, which aimed to capture the effects and support for mental health and well-being on the neonatal unit for both

staff and families. **We will use the findings from this survey to inform a new report we will be releasing later this year.**

We will also shortly be sending out a dedicated survey to neonatal network managers, which will aim to get a better understanding of how psychological support is prioritised at network level, and what support is available to parents and families across your units in your network area.

Kind regards,

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