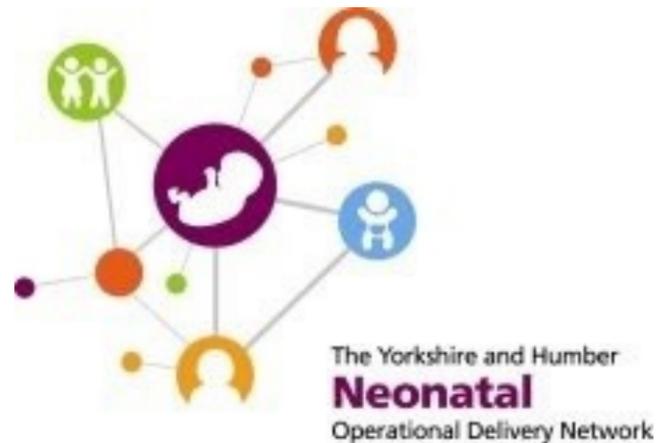


Visit the website for more parent information:
<https://www.networks.nhs.uk/nhs-networks/yorkshire-humber-neonatal-families>



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Two Year Follow Up

For babies born at 30 weeks gestation
and below

DRAFT

Why have I been given this leaflet?

If your baby was born at less than 30 weeks gestational age you will need an appointment to see a paediatrician or neonatologist when they are around two years old. This appointment may take place any time between your child being 18 months and two and a half years old.

It is important that you attend this appointment so a doctor can check how your baby is developing since he/she left the neonatal unit .

Why does my child need a follow up appointment?

Babies born very prematurely are more likely to have delays in development, problems with movement or other health problems, than babies which are born at full term.

By going to the appointment you can get reassurance about how your child is developing. There will be the opportunity to discuss any concerns you may have. You will also get any support your child might need for their development.

It is also useful for medical professionals involved in the care of premature babies to know how the babies are developing as they get older.

What will happen at the appointment?

The doctor will assess your child's developmental milestones. They will look at things such as movement, speech and any other health problems.

If your child needs any further support the doctor will explain this to you and refer your child to the appropriate local team.

What can I do to help?

Please keep in touch with the neonatal unit your baby is discharged from and find out when and where follow-up appointments will take place.

If you change address or contact details let the neonatal unit know so they can reach you when your child is nearing two years old.

If I have further questions, who can I talk to?

If you have any questions contact the neonatal unit for more information. Alternatively, ask your health visitor for further details.

<p>NICE National Institute for Health and Care Excellence</p> <p>https://www.nice.org.uk/guidance/ng72/chapter/Recommendations</p>	<p>NICE provide a guideline for the developmental follow-up of babies, children and young people under 18 years who were born prematurely. It specifies what extra assessments and support children born preterm might need during their growth and development.</p>
<p>RCPCH Royal College of Paediatrics and Child Health <i>Leading the way in Children's Health</i></p> <p>https://www.rcpch.ac.uk/resources/your-babys-care-measuring-standards-improving-neonatal-care-2019</p>	<p>The RCPCH produce the National Neonatal Audit Programme (NNAP) which is a clinical audit which aims to improve care to babies in the UK that need specialist care when they are born. NNAP provide a parent and carer guide with further information, including on two year follow up.</p>