

Pinderfields Hospital - Neonatal Unit	Aberford road Wakefield WF1 4DG
Switchboard	Unit Telephone Number
0844 8118110	01924 541952

<h2>Maps & Directions</h2>
How to access the unit
The neonatal unit is on Level C, Gate 19. You will need to press the buzzer to gain access. Please bear with us, as at times the staff are caring for a baby and cannot answer immediately answer. All staff are here to help you with any queries you may have or problems you may encounter so please ask if you need assistance.
Nearest Car Park
In the hospital grounds there are a number of car parks (clearly signposted) for patients to use.
Car Parking Charges
1 hour - £2.00 1 – 2 hours - £2.80 2 – 4 hours - £5.00 4 – 24 hours - £6.90
There is a reduced rate for parents of babies on the unit - £6.90 per week or £2.00 per day (this may be subject to change). To obtain the reduced parking rate please ask your allocated nurse for the relevant form.
Nearest Bus Stop
The nearest bus stop is in front of the hospital – go out through the main atrium revolving doors and turn left. Bus Number 111 goes to the station and there is a free shuttle bus running between Pinderfields and Dewsbury Hospitals.
Nearest Railway Station
There are 2 stations near Wakefield Town Centre, Wakefield Westgate and Wakefield Kirkgate, it is recommended that you then travel to the hospital by bus or by taxi.

<h2>Visiting Information</h2>
Parents
Parents can visit at any time.
Number of Visitors
Visiting is restricted to 4 people per cot side and visitors must be accompanied by a parent.
Siblings
Siblings can visit between 8.00 am and 7.00 pm but must be accompanied by a parent.
Grandparents
Grandparents can visit between 8.00 am and 7.00 pm.

Family & Friends
Family and friends can visit between 2.00 pm and 7.00 pm provided a parent is present.
Restrictions
Children must be accompanied by a parent – other visitors 2.00 pm to 7.00 pm. Children under the age of 14 (excluding siblings) are not allowed to visit the unit.
Hygiene & Infection Prevention
Please make sure you are ‘bare below the elbow’ (coats and jumpers must be removed) and you must adhere to general hygiene regulations i.e. using sanitising hand rub.

<h2>Ward Information</h2>
Mobile Phone Use
Please make sure your phone is either switched off or on silent airplane mode whilst on the Unit. They can still be used in camera mode and free Wi-Fi is available.
Parent Facilities
There is a small kitchen area available for parents to use which includes a fridge and a microwave. Tea and coffee are also available but please do not bring in hot drinks/food into the nurseries. A cold water dispenser is at the entrance of the neonatal unit.
Parent Accommodation
There are 2 bedrooms for parents to provide overnight accommodation when their baby is critically ill or getting ready for discharge.
Breastfeeding Facilities & Support
There are breastfeeding rooms on the neonatal unit and screens are available if you would like to express by the cot side. We have an Infant Feeding Co-Ordinator and support staff to help with any feeding issues.
Facilities for Siblings
There is a room which contains toys, books and games that can be used during the visit.
Parent Support Group
Please enquire regarding local support available to you within the Neonatal Unit. Please enquire regarding local support available to you within the Neonatal Unit. Additional Parent Support can be accessed via the following link http://www.bliss.org.uk/helpline
Religious & Spiritual Support
Chaplaincy can be contacted by the Neonatal staff.
Play Specialists
There are no Play Specialists on the Neonatal Unit at Pinderfields Hospital but if required we can access these from the Paediatric Unit.
Telephone & Computer Access
There are no telephones for parents to use on the Neonatal Unit but we do have Wi-Fi – please refer to the Nurse in Charge for user name and password details.
Bereavement Support
Bereavement support is offered by a Specialist Midwife. Please speak to the nurse in charge of your baby. We also have close links with the Forget-Me-Not Hospice and Martin House.
Counselling

You will be directed to your midwife for counselling support and she will give help with this.
Other Important Staff
The Neonatal Outreach Sisters have experience in neonatal care and provide a specialist service to you once your baby is discharged. They are available 7 days per week. You will be introduced to the Neonatal Outreach Sister caring for you and your baby during your stay on the unit. If you have any other questions please feel free to ask your allocated nurse.

<h2>Who is who?</h2>
Clinical Lead
Dr David Gibson Lead Neonatologist Telephone Number: 01924 541956
Nurse Manager
Louise Smith Ward Manager Telephone Number: 01924 541956
Breastfeeding Advisor
All our staff on the ward are trained in breastfeeding.
Family Centred Care/Developmental Care Lead
Julie Thomas Neonatal Sister Telephone Number: 01924 541952

<h2>What to expect</h2>
Ward round
Ward rounds take place each morning at around 9.00 am.
Baby Rest Time
We do not have a fixed time for babies as this will be decided on an individual basis.
Who to talk to about your baby's care
Please speak to the nurse allocated to your baby.
Talking to the Medical Team
There are ward rounds every day at around 9.00 am. Please feel free to ask to see the medical team if you have any issues or questions.
Who to talk to if you have any concerns
Please speak to the nurse allocated to your baby, Sister in Charge or the Unit Manager.
Patient Advocacy Liaison Services (PALS)
The PALS office is on Level C of Pinderfields Hospital and can be contacted on telephone number 01924 524972.

Hospital Services

Catering/Refreshment Facilities
There is an onsite restaurant on the ground floor of Pinderfields Hospital and vending machines are throughout the hospital which sell drinks and snacks.
Other shops on site and nearby
There is a WH Smith and a coffee shop on the ground floor in the hospital atrium near the lifts.
Cashpoint Machine
There is a cashpoint machine in the main hospital atrium near the external revolving doors.
Access to a Midwife
Access to a midwife is via the Delivery Suite or the Postnatal Ward – please refer to your baby’s allocated nurse for more information.
Interpreting Services
Face to face and telephone interpreting services are available. Please refer to Nurse in Charge.
Laundry Facilities
Laundry facilities on the ward are for babies only but this does not include their own clothes, which should be taken home to be washed.