

Calderdale Royal Infirmary – Neonatal Unit	Salterhebble Halifax HX3 0PW
Switchboard	Unit Telephone Number
01422 357171	01422 224421

Maps & Directions

How to access the unit

Access to the unit is through the Women and Children's Department and take either lift 5 or the stairs to floor 2 then follow the directions for the Neonatal Unit.

Nearest Car Park

Car Parking Charges

- First 30 minutes – FREE
- £2.80 – 2 hours
- £5.00 – 4 hours
- £6.00 – 6 hours
- £7.00 – up to 24 hours

If your baby is a patient on the Neonatal Unit please speak to the nurse in charge for a parking permit which will entitle you to free parking. The parking permit will need to be revalidated every 4 days.

Nearest Bus Stop

The nearest bus stop is on the main Huddersfield Road, outside the hospital and is served by buses from Halifax and Huddersfield (and vice versa). There is also a shuttle service between both hospital sites, please ask for information on the ward for pick up points. This service is free, however small children are not allowed to travel on this service.

Nearest Railway Station

Halifax station is approximately 3 miles away and we suggest you take a taxi from the station to the hospital – the fare is approximately £5.00.

Visiting Information

Parents

Parents have 24 hour access to the Unit.

Number of Visitors

Strictly 2 visitors per cot.

Siblings

Siblings are permitted for short periods between 10:00 am and 2:00 pm and 4.00 pm to 7.00 pm but must be supervised at all times.

Grandparents

Grandparents can visit between 10:00 am and 2:00 pm and 4.00 pm to 7.00 pm.

Family & Friends
Family and friends can visit between 10:00 am to 2.00 pm and 4.00 pm to 7.00 pm, however visiting is restricted to no more than 2 people and this includes a parent.
Restrictions
No children under the age of 16 years (except siblings) may visit the unit. In addition, any visitor who is unwell or has been in contact with any infectious diseases should speak to the nurse in charge before entering the unit. Please note between 2.00 pm and 4.00 pm the unit has quiet time and the lights are dimmed, visiting is strictly parents only during this time.
Hygiene & Infection Prevention
The unit operates a strict policy of hand washing and the use of alcohol gel. We also ask that before handling our baby, all watches, bracelets and dress rings should be removed. In addition, all outdoor clothing should be removed prior to entering the nursery.

<h2>Ward Information</h2>
Mobile Phone Use
Mobile phones are not to be used in the clinical area for conversations and must be place on silent mode.
Parent Facilities
We have a parent sitting room where tea and coffee is available free of charge and a separate quiet room (at the bottom end of the unit) which mothers can use to express breast milk.
Parent Accommodation
There are 3 parent rooms on the unit. These are used to provide overnight accommodation for parents of babies who are very sick or by parents who are preparing for discharge home.
Breastfeeding Facilities & Support
Breast pumps are available to lend, if required, for all mums on the neonatal unit to help them to continue to express at home (bottles are provided free of charge). On site at Calderdale we have a breast milk bank which provides donor breast milk for sick pre-term babies. There is also a breast feeding café and experienced nurses on the unit to support mums with establishing feeding.
Facilities for Siblings
We have limited facilities for siblings.
Parent Support Group
The unit has two Bliss support workers who can be contacted at any time to arrange support. There are information leaflets and contact numbers available on the ward. There is also a Baby Café which is a support group for breast feeding mums - further information is available on the ward or from Marilyn Rogers, Infant Feeding Advisor on 01422 224417. Please enquire regarding local support available to you within the Neonatal Unit. Additional Parent Support can be accessed via the following link http://www.bliss.org.uk/helpline
Religious & Spiritual Support
The hospital has a chapel and male/female prayer rooms located on the 1st floor (use lift 1, go through the double doors and the rooms are on your right). Spiritual Advisors, Buddhists, Sikh, Muslim, Church of England and Roman Catholic Chaplains are also available. Please speak to your nurse.

Play Specialists
Unfortunately there are no Play Specialists at Calderdale Hospital.
Telephone & Computer Access
Direct Ward Telephone Number:- 01422 224421
Bereavement Support
Forget-me-Not Hospice provides pre and post bereavement support for parents, siblings, grandparents and their extended family. The hospice has facilities to help parents make memories with their child within the hospice or at home (Snowflake Care).
Counselling
Bereavement Counselling is provided by Forget-Me-Not Hospice.
Other Important Stuff
Calderdale has a breast milk donor bank. If your baby should require donor breast milk this will be discussed with you.

<h2>Who is who?</h2>
Clinical Lead
Dr Eileen Crosbie Consultant Paediatrician Telephone Number: 01422 224344
Nurse Manager
Wendy Kilner Neonatal Unit Manager Telephone Number: 01422 224421/01422 224344
Breastfeeding Advisor
Our Breastfeeding Advisors are Marilyn Rodgers and Claire Fox Telephone Number: 01422 224951
Family Centred Care/Developmental Care Lead
Ann Blaine, Lead Nurse for Developmental Cali Hooton, Lead Nurse for Family Centred Care Telephone Number:- 01422 224421 Jackie Holberry and Cali Hooton, Safeguarding Leads, are available to discuss any concerns you may have.

<h2>What to expect</h2>
Ward round
There is a ward round everyday between 9.00 am and 11.00 am and you are welcome to attend while your baby is being discussed. You will be asked to leave the room or wear ear plugs/head phones while other babies are being discussed.
Baby Rest Time
The Unit has a quiet time from 2.00 pm to 4.00 pm to allow babies the opportunity to rest and we ask that you respect this time. Parents will be allowed to be present for feeding and quiet skin to skin in this period.
Who to talk to about your baby's care

If you have any questions about your baby's care, please speak to the nurse caring for your baby or the nurse in charge (who will be wearing a red badge).
Talking to the Medical Team
The ward round is between 9.00 am and 11.00 am. If you cannot attend during these times a consultant is available on the unit during the day to answer any questions. Please ask the nurse in charge.
Who to talk to if you have any concerns
If you have any concerns, please speak to the nurse in charge or the Neonatal Unit Manager. Both these members of staff will be happy to discuss any concerns you may have and answer any questions.
Patient Advocacy Liaison Services (PALS)
The PALS service can be contacted on telephone number 0800 0130018.

<h2>Hospital Services</h2>
Catering/Refreshment Facilities
The main restaurant (Ingleton Falls) is located on the ground floor and is open Monday-Friday 08.00-17:00 and 10:00-14:00 on Saturday-Sunday. They also have a delivery service to the unit with a fresh daily menu. There is also a Costa Coffee shop near to the main entrance which is open Monday-Friday 07:30-20:00 (08:00-20:00 on Saturday-Sunday) and a League of Friends refreshment bar in the outpatient's area which is open Monday- Friday 09:45-12:15 and 13:45-16:15 (closed at the weekend).
Other shops on site and nearby
WH Smith (which stocks papers, magazines and snacks) is located on the ground floor. There is also a sandwich shop across the road from the hospital main entrance car park, who will deliver if needed.
Cashpoint Machine
There is a cash machine located on the ground floor on the same side as WH Smith.
Access to a Midwife
A midwife service is available for postnatal ladies from the ward and those who have been discharged home. If you need to access this service, please speak to the nurse in charge.
Interpreting Services
Pearl Linguistics provides face to face and telephone translations. Written translations and Braille British sign language is provided by Big Word Services.
Laundry Facilities
Each baby has a laundry bag for their own clothes. Parents can either take their baby's clothes home to be washed or leave them to be washed on the ward. However, the unit does not accept responsibility for clothes washed on the ward.

