

Bradford Royal Infirmary – Neonatal Unit	Duckworth Lane Bradford BD9 6RJ
Switchboard	Unit Telephone Number
01274 542200	01274 364523

<h2>Maps & Directions</h2>
How to access the unit
The Neonatal Unit is best accessed via Gate 5 off Smith Lane (use postcode BD9 6DG). Once in the reception of the Women’s & Newborn building, turn left and the unit is easily found.
Nearest Car Park
The nearest visitor’s car park is located next to the Women’s & Newborn building – Gate 5 off Smith Lane (for Gate 5 Smith Lane use postcode BD9 6DG).
Car Parking Charges
Free parking is available to parents of all babies who are inpatients on the neonatal unit. You will be supported to complete an application to obtain a permit from the PALS department in the main Bradford Royal Infirmary building.
Nearest Bus Stop
There are 2 bus stops close by the Neonatal Unit, they can be found on Smith Lane (outside the Maternity Unit) for Bus Number 620 and Duckworth Lane outside of the main hospital entrance for Bus Numbers 617 and 618. All buses travel into the City Centre.
Nearest Railway Station
Bradford City Centre has 2 stations, Bradford Interchange and Bradford Forster Square, these are a short bus or taxi ride from the hospital.

<h2>Visiting Information</h2>
Parents
Parents are welcome on the unit at any time of the day or night.
Number of Visitors
Due to limited space and commitment to maintain a quiet restful environment, we allow 2 visitors per cot at any one time (including parents). There is a family sitting area where friends and family may wait.
Siblings
Your other children are welcome on the Neonatal Unit until 9.00 pm each day.
Grandparents
Parents are encouraged to have 4 named visitors as a support network, who can visit until 9.00 pm, these can be grandparents or other important people in your life. With your consent the named visitors may visit unaccompanied.
Family & Friends
Other visitors are welcome between 4.00 pm and 7.00pm, provided a parent is also present.

Restrictions
Baby's brothers and sisters are welcome but to protect against infection, no other children under the age of 16 are permitted to visit.
Hygiene & Infection Prevention
On entering the unit please remove outdoor coats (place in the lockers provided) and wash your hands at the sink in the entrance area. As a further precaution, use the alcohol gel available at the cot side before touching your baby. We are keen to minimise the risk of babies catching infections from visitors, especially children, please speak to a member of the team if you or a visitor is unwell.

<h2>Ward Information</h2>
Mobile Phone Use
We ask that you respect other visitors, noise levels, privacy and Trust Policy by not taking calls in clinical areas. Mobile phones can be used in the waiting room area but should not be used anywhere else on the unit (including the corridor or the unit reception area). Mobile phones can be used for taking photographs providing they are in flight mode.
Parent Facilities
There is a parent's kitchen on the unit with free tea and coffee in addition to a fridge and microwave facilities. There is a small seating area located within the kitchen to use as required. Opposite the kitchen there is a sitting room with a soft play area for siblings. Leaflets and information are freely available in the reception area.
Parent Accommodation
There are 2 en-suite bedrooms on the unit, these are used to allow parents to 'room in' prior to babies being discharged. We have a further 2 rooms close to the unit, these rooms are generally used for parents who are a long way from home and need to be near their baby.
Breastfeeding Facilities & Support
The neonatal unit is UNICEF Baby Friendly Neonatal Standards accredited. All staff are trained and committed to support mothers who are expressing or establishing breast feeding. We have a dedicated support worker whose role is to help mothers achieve a good milk supply for their baby. Breast pumps are loaned to mothers whilst their baby is on the neonatal unit. A breast pump is available in every nursery so that mums may express by the cot side (with privacy screens) or a dedicated and private expressing room is available. Each nursery has a fridge to store expressed breast milk and a freezer is available for longer term storage. Group support sessions take place regularly and are run by our specialist breastfeeding neonatal support worker.
Facilities for Siblings
We have a family sitting room with a television, DVD player and soft play area. Individual toy boxes are available in addition to a selection of toys and books. We politely insist that children are supervised at all times.
Parent Support Group
We have an active BLISS support group. A BLISS champion visits the ward at least once per week. Coffee and cake sessions take place regularly, run by volunteers and supported by staff. We actively welcome all families to join these sessions. Please enquire regarding local support available to you within the Neonatal Unit. Additional Parent Support can be accessed via the following link

http://www.bliss.org.uk/helpline
Religious & Spiritual Support
There is a team of Chaplains trained in religious, spiritual and pastoral care who visit the unit on a regular basis. They can be contacted on 01274 365819 during office hours or alternatively speak to the nurse caring for your baby. Families are very welcome to use their own faith leader for support and payers. There is a Chapel located in Field House and a Prayer Room in the main hospital at Bradford Royal Infirmary.
Play Specialists
We have access to Play Specialists via the Paediatric Wards if required.
Telephone & Computer Access
There is a payphone available for use in the main entrance of the Maternity building. The unit is fitted with free Wi-Fi in the parent areas.
Bereavement Support
There is an active Bereavement Support Group within the Unit who can help to support parents during and after a loss. We help parents in creating memories and work closely with the hospices and chaplaincy to provide faith specific support to families. For further details please contact Susan Minchella, Senior Sister on 01274 364522 susan.minchella@bthft.nhs.uk
Counselling
We have 2 counselling suites on the unit available for private and personal discussions with the team caring for your baby. Please speak to a member of the team if you need to sue these areas at other times.
Other Important Stuff
We have a team of 7 consultants, your baby will be admitted under the care of a named consultant but daily care will be managed by the consultant of the week. Your baby will have a nurse allocated to care for them. The aim of the neonatal team is to work in partnership with you to care for your baby. Journey folders/diaries are available and we will help you to celebrate many neonatal milestones and help you to capture your baby's journey in pictures.

<h2>Who is who?</h2>
Clinical Lead
Dr Sunita Seal, Lead Clinician Telephone Number: 01274 382668 sunita.seal@bthft.nhs.uk
Nurse Manager
Kelly Young Matron Telephone Number: 01274 364522 Kelly.young2@bthft.nhs.uk
Breastfeeding Advisor
Anne Seekins Neonatal Outreach Team
Family Centred Care/Developmental Care Lead
Clare Bewick

<p>Sister Telephone Number:01274 364523 Clare.bewick@bthft.nhs.uk</p>
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What to expect

Ward round
Daily ward rounds start at 9am for intensive care and high dependency babies. Babies in the low dependency nurseries have routine senior medical reviews at least twice weekly. Parents are encouraged to join the discussion about their baby. To maintain confidentiality you will be asked to put on some head phones when other babies are being discussed.
Baby Rest Time
We have a baby quiet time on the unit between 1.00 pm and 3.00 pm in the afternoon, to allow the babies to rest, during this time the lights are dimmed and the noise is reduced.
Who to talk to about your baby's care
Please feel free to ask the nurse caring for your baby questions at any time. If you would like to speak to someone more senior ask to speak with the co-ordinator.
Talking to the Medical Team
We aim to speak to parents soon after their baby is admitted and are available on ward rounds and at other times to discuss your baby's care with you. There is a senior doctor available on the unit at all times of the day or night – if they appear busy or if you would like to speak to the consultant, please ask the nurse caring for your baby.
Who to talk to if you have any concerns
Please ask to speak to the Nurse Co-Ordinator on duty or arrange to meet with Matron, Kelly Young
Patient Advocacy Liaison Services (PALS)
PALS offers free and confidential advice to parents, relatives and carers, the office is located on Level 1 in the main hospital at main reception. Telephone Number: 01274 364021 Email: pals@bthft.nhs.uk

Hospital Services

Catering/Refreshment Facilities
There is a parent's kitchen on the unit with free tea and coffee available. The kitchen also has a fridge and microwave, you are welcome to bring in and store your own food and drinks. Within the maternity unit there is a small café selling sandwiches and drinks Monday to Friday 9.00 am to 4.00 pm. In the main hospital the Hub Café is located in the main reception and opens 7.30 am to 7.30 pm (Monday to Friday) and 7.30 am to 7.00 pm (Saturday and Sunday).
Other shops on site and nearby
In the main Bradford Royal Infirmary building there is a Costa Coffee with seating, a newsagent and a Marks and Spencer food facility for families to use.
Cashpoint Machine
The cashpoint machine is located near the café and the public toilets on the ground floor of the Women's & Newborn building.

Access to a Midwife
The Neonatal Outreach Team has 2 Midwives who support newly delivered mums on the Neonatal Unit where appropriate. When they are not on duty, the Neonatal Team can access Midwifery support when needed.
Interpreting Services
A telephone interpreting service is available for most languages and a face-to-face interpreter may be arranged via ward staff.
Laundry Facilities
For parents resident in the hotel rooms on M2, there are laundry facilities available in the adjacent kitchen.