

Barnsley Hospital - Neonatal Unit	Gawber Road Pogmoor Barnsley S75 2EP
Switchboard	Unit Telephone Number
01226 730000	01226 432269

Maps & Directions

How to access the unit

The Neonatal Unit is located on level 3 in the Purple Zone. Access is gained by pressing the buzzer and a member of staff will let you in.

Nearest Car Park

We have 632 public parking spaces in total, 343 within the immediate grounds of the hospital, and 289 spaces in a car park on Pogmoor Road (Postcode for SatNav is S75 2EP).

Car Parking Charges

- 0-15 mins FREE (except in the Helensburgh Close car park where there is no “free” period.
- 0-1 Hour - £1.30
- 1-2 Hours - £2.80
- 2-4 Hours - £4.10
- 4-24 Hours - £6.90
- Weekly Charge £10.00

Parents of babies on the neonatal unit are entitled to a free parking pass – please ask a member of staff for a form.

Nearest Bus Stop

Barnsley Hospital is extremely well served by buses in and around the borough. Buses run almost every 5 minutes from the Town Centre, Monday to Sunday. Public transport services are provided by a number of companies throughout the Barnsley District. To plan your journey use the **Travel South Yorkshire Planner**.

Nearest Railway Station

The nearest railway station is Barnsley which has a regular service from Huddersfield, Leeds and Sheffield. From Barnsley Transport interchange, you will probably find it easier to catch a bus or taxi to the hospital – to plan your journey use the **Travel South Yorkshire Journey Planner**.

Visiting Information

Parents

Parents are allowed to visit 24 hours a day.

Number of Visitors

The maximum number of visitors is 3 to a cot including parents. Any other visitors are asked

to wait outside the unit.
Siblings
Siblings may visit but they must be accompanied by a parent.
Grandparents
Grandparents may visit between 8.00 am – 8.00 pm
Family & Friends
Family and friends may visit between 12.00 noon and 2.00 pm or 4.00 pm and 7.00 pm.
Restrictions
Visitors under the age of 16 (except siblings) are not allowed.
Hygiene & Infection Prevention
Please gel your hands before entering the unit and then wash your hands before going to your baby unit.

<h2>Ward Information</h2>
Mobile Phone Use
Mobile phones are not allowed on the unit but can be used in the lobby.
Parent Facilities
There are lockers provided free of charge on entry to the unit. We have a family sitting room where tea and coffee are available free of charge, a fridge is also provided for parent use. Hospital restaurant and shop are on site providing hot and cold meals and snacks. There are vending machines on the entrance to the restaurant
Parent Accommodation
There are two parent resident rooms for parents to use prior to your baby going home.
Breastfeeding Facilities & Support
We have a room which is used for expressing breastmilk. There are breast pumps and breastfeeding support workers available whilst you are on the unit. All of our breast pumps are portable so you can express with your baby.
Facilities for Siblings
We have a playroom with a small selection of toys, books and DVD's for siblings to use. A play leader is also available on request.
Parent Support Group
Information on local parent support groups is available on the unit. Weekly parent support and parent-craft sessions are provided. The unit also has a team of BLISS champions who are currently working towards BLISS accreditation for the unit to improve parent experiences. Please enquire regarding local support available to you within the Neonatal Unit. Additional Parent Support can be accessed via the following link http://www.bliss.org.uk/helpline
Religious & Spiritual Support
There is a chapel onsite and parents can have access to a chaplain (CofE, Roman Catholic, SM and Free Church) or Imam. The contact number is 01226 432725, or ask a member of the nursing team for assistance. The hospital conducts a Sunday service (CofE) at 10.45am. Volunteers are available to bring patients to the service and then return them to the wards. For more information contact Father Peter Needham on 01226 432725.

Play Specialists
We have a dedicated play team available. Please ask a member of the nursing staff to access the play team.
Telephone & Computer Access
There is a payphone and a Freephone taxi service available at the hospital main entrance. The hospital also provides a free public Wi-Fi service.
Bereavement Support
We have a Bereavement Link Nurse on the unit who can direct you to further services and support. Please see Natalie Broadhead for further information. The unit has close links with Bluebell Wood Children's Hospice.
Counselling
Unfortunately there is not a dedicated counselling service for families provided by the hospital. The unit does provide information for families for local and national support groups and services. A specialist Mental Health Midwife is also available, staff will refer if required.
Other Important Stuff
Please note that information regarding your baby's condition will only be given to parents. The hospital has nursing and medical students completing placements on the unit who may be caring for your baby under the direct supervision of qualified nursing and medical staff. There is an opportunity for parents to provide feedback anonymously and friends and family questionnaires are available on the unit. Please feel free to ask members of staff if you have any questions and we will be happy to answer them for you.

<h2>Who is who?</h2>
Clinical Lead
We have a Consultant Neonatologist – Dr Aucharaz, who is supported by a team of Consultant Paediatricians who look after all of the babies on the unit. These Drs are:
<ul style="list-style-type: none"> • Dr Gouta • Dr Kerrin • Dr Tumi • Dr Sharma • Dr Bhimsaria • Dr Gupta • Dr Sampath
Telephone Number: 01226 434362
Nurse Manager
Angela Whelton – Lead Nurse Telephone Number: 01226 432865
Breastfeeding Advisor
There are breastfeeding support workers who can be accessed by asking a member of the

nursing team. All members of the nursing team are trained in giving breastfeeding advice. The unit is Baby Friendly Initiative (BFI) accredited and regularly updates staff on breastfeeding training.

Family Centred Care/Developmental Care Lead

The unit is working towards the BLISS Family Friendly Accreditation Scheme to ensure we provide a fully holistic approach to your baby's care. Each baby will be provided with individualised care that takes into account every their specific needs. We will endeavour to include parents at all times in every aspect of their baby's care and development whilst on the Neonatal Unit. Nursing staff will work in partnership with parents to plan feed and care times that co-ordinate with both the baby and the family's needs. Parent's passports are available on the unit to provide parents with information on your baby's development and milestones. Please speak to the BLISS champions for further information :

- Natalie Broadhead
- Sally Vollans
- Louse Moss
- Melanie Roystone
- Rachel Thrumble
- Heather Murphy
- Karen O'Malley

The unit also has a Developmental Care Link Nurse who is FINE training accredited. Please contact Michelle Pearsall for more information

What to expect

Ward round

A consultant ward round is carried out daily. Parents are encouraged to be present for their baby during ward round.

A multidisciplinary Grand Round is carried out every Wednesday where all members of the healthcare team involved with caring for your baby meet to ensure all aspects of your baby's care is fully reviewed.

Baby Rest Time

We actively encourage quiet time on the unit between 14:00 – 16:00. Further information regarding quiet time can be found on the unit.

We also encourage minimal noise levels at all times to aid your baby's developmental needs.

Who to talk to about your baby's care

Please talk to the nurse allocated to look after your baby.

Talking to the Medical Team

Please ask a member of the nursing team who will arrange for you to meet with your baby's named consultant for an update.

Who to talk to if you have any concerns

Please talk to the nurse looking after your baby or the Lead Nurse.

Patient Advocacy Liaison Services (PALS)

The PALS Service is located within the hospital or you can call them on 01226 432330 or

email barnsleypals@nhs.net
The PALS service operates from 9.00 am to 4.00 pm (Monday, Tuesday and Thursday) and 9.00am 12.30 pm (Wednesday and Friday). This excludes Bank Holidays.

Hospital Services
Catering/Refreshment Facilities
There is a restaurant located on the first floor of the main hospital and a café is situated in the outpatients department.
Other shops on site and nearby
There is a WH Smith Newsagent based near the main entrance of the hospital which stocks newspapers, magazines, snacks, confectionary, drinks and toiletries. The store is open 7 days per week.
Cashpoint Machine
There is a cashpoint situated in the main entrance of the hospital which can be used free of charge.
Access to a Midwife
If this facility is required please ask a member of the Neonatal Team who will arrange for you to be seen.
Interpreting Services
Interpreting services are available by telephone and in person and may be arranged by the nursing team.
Laundry Facilities
Baby clothes and bedding is washed on the Neonatal Unit. Your own baby's clothes should be washed by yourself at home. There are no laundry facilities for parents.