

Regional Training Days

E-learning Resources

Introduction

These e-learning resources have been identified to help guide your learning in the event you are unable to attend a regional training day within the region.

Resources available from www.e-lfh.org.uk.

There are additional resources in the document “additional resources”

Please upload certificates to HORUS using the “course/seminar/other learning attended” form

If you would like to add any resources please contact:
foundation.yh@hee.nhs.uk

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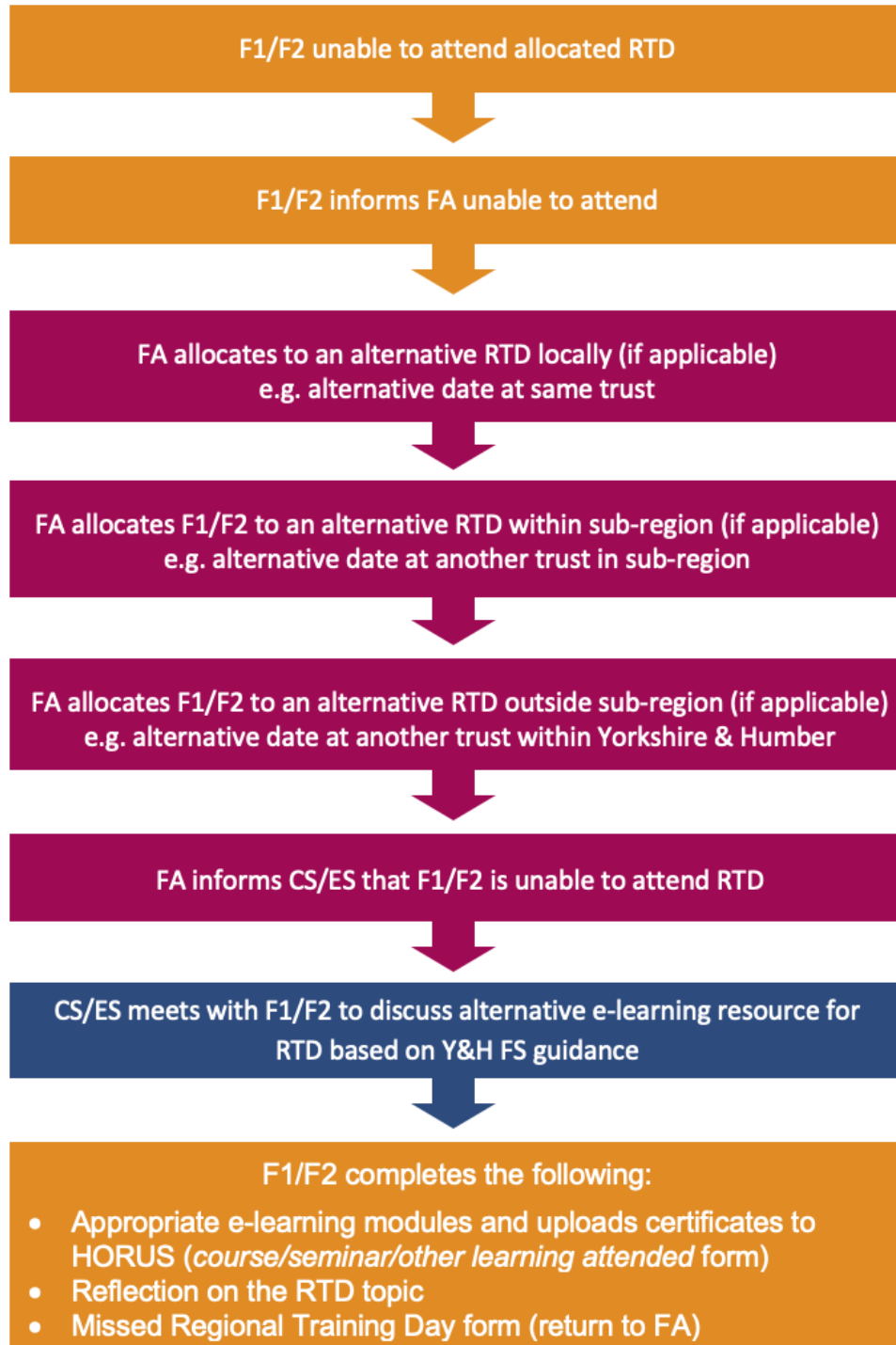
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Missed Regional Training Days Flowchart

KEY:

RTD – Regional Training Day
CS – Clinical Supervisor

FA – Foundation Administrator
ES – Educational Supervisor



Foundation Year One

Training Day 0 – ILS or equivalent

Mandatory requirement for completion of F1

Training Day 1 – Careers

240 minutes

E-LFH module – LaSE – Career Planning for Healthcare Professionals (CPP)

Career Planning – Foundation Trainee Doctors

Introduction	10 minutes
Stage 1: Self Awareness	90 minutes
Stage 2: Career Exploration	40 minutes
Stage 3: Arriving at Your Decision	40 minutes
Stage 4: Next Steps	60 minutes

Training Day 2 – Quality improvement

195 minutes

E-LFH module – Foundation (FND)

Professional capabilities 20: Contributes to quality improvement

Audit	20 minutes
Evidence Based Medicine in Clinical Practice	20 minutes
Common Study Designs in Clinical Research	20 minutes

E-LFH module – Research, Audit and Quality Improvement (R&A)

Module 2 Perioperative Improvement Science and Management

Learning from Industry and Other Improvement Models	25 minutes
Measurement for QI	25 minutes
Reliability and Sustainability	25 minutes
Psychology of Improvement	20 minutes

E-LFH module – Leadership for Clinicians: Clinical Leadership (CLE)

CLE 05 – Improving services

Quality Improvement Methods for Operating Theatre	20 minutes
Quality Improvement for Community and Primary Care	20 minutes

Training Day 3 – Simulation (Human factors)

220 minutes

E-LFH module – Foundation (FND)

Professional capabilities 9: Recognises, assesses and initiates management of the acutely ill patient

Senior Advice: When to Stop for Help	20 minutes
Assessment and Initial Management	20 minutes
Re-evaluation and Monitoring	20 minutes

Professional capabilities 19: Works effectively as a team member

Team Working and Patient Safety	20 minutes
Good Handover Practice	20 minutes
Team Dynamics	20 minutes
Effective Team Working	20 minutes

E-LFH module – NW Simulation Faculty Development

An Introduction to Human Factors

Introduction to Human Factors	20 minutes
An Introduction to Human Factors and patient safety	60 minutes

Training Day 4 – Local training day (if applicable)

Variable content of Local Training Day with e-learning to be decided by FTPDs

Foundation Year Two

Training Day 0 – ALS or equivalent

Mandatory requirement for completion of F1

Training Day 1 – Careers

240 minutes

E-LFH – LaSE – Career Planning for Healthcare Professionals (CPP)

Career Planning – Foundation Trainee Doctors

Introduction	10 minutes
Stage 1: Self Awareness	90 minutes
Stage 2: Career Exploration	40 minutes
Stage 3: Arriving at Your Decision	40 minutes
Stage 4: Next Steps	60 minutes

Training Day 2 – Quality improvement

195 minutes

E-LFH – Foundation (FND)

Professional capabilities 20: Contributes to quality improvement

Audit	20 minutes
Evidence Based Medicine in Clinical Practice	20 minutes
Common Study Designs in Clinical Research	20 minutes

E-LFH module – Research, Audit and Quality Improvement (R&A)

Module 2 Perioperative Improvement Science and Management

Learning from Industry and Other Improvement Models	25 minutes
Measurement for QI	25 minutes
Reliability and Sustainability	25 minutes
Psychology of Improvement	20 minutes

E-LFH module – Leadership for Clinicians: Clinical Leadership (CLE)

CLE 05 – Improving services

Quality Improvement Methods for Operating Theatre	20 minutes
Quality Improvement for Community and Primary Care	20 minutes

Training Day 3 – Simulation (Leadership)

200 minutes

E-LFH module – Foundation (FND)

Professional capabilities 9: Recognises, assesses and initiates management of the acutely ill patient

Senior Advice: When to Stop for Help	20 minutes
Assessment and Initial Management	20 minutes
Re-evaluation and Monitoring	20 minutes

E-LFH module – Management and Leadership Skills (MLS)

1. Management and Leadership

Dealing with Difficult People	30 minutes
Empowering the Manager – Managing Upwards	30 minutes
The Situational Leader	30 minutes

E-LFH module – Leadership for Clinicians: Clinical Leadership (CLE)

CLE 01 – Introductory Module

Introduction to Leadership and LeAD	30 minutes
Introduction to the Medical/Clinical Leadership Competency Framework	20 minutes

Training Day 4 – Local Training Day (if applicable)

Variable content of Local Training Day with e-learning to be decided by FTPDs

Training Day 5 – Teach the teacher

220 minutes

E-LFH module – Foundation (FND)

Professional capabilities 4: Keeps practice up to date through learning and teaching

How do Adults Learn?	20 minutes
Teaching – Delivering a Formal Teaching Session	20 minutes
Teaching – Clinical Practice	20 minutes

E-LFH module – Educator Training Resources (ETR)

Teaching and Facilitating Learning

Facilitating Learning in the Workplace	50 minutes
Small Group Teaching	60 minutes
Teaching Clinical Skills	50 minutes

Training Day 6 – Workplace and Me (WAM)

210 minutes

E-LFH module – Introduction to Mindfulness (MDL)

Introduction to Mindfulness

Introduction to Mindfulness 20 minutes

E-LFH module – Foundation (FND)

Professional capabilities 18: Recognises and works within limits of personal competence

Competency in Practice 10 minutes

Senior Advice Who When and Why? 20 minutes

E-LFH module – Foundation (FND)

Professional capabilities 19: Makes patient safety a priority in clinical practice

Safe practice the Doctors Perspective 20 minutes

Medical Error: When Things Go Wrong 20 minutes

Stress – Mental Health 20 minutes

Quality and safety in the NHS 20 minutes

Raising Concerns About Patient Safety 20 minutes

Team Working and Patient Safety 20 minutes

Errors and Experiences in Healthcare 20 minutes

Minimising Risk in Healthcare Organisations 20 minutes

Training Day 7 – Bridging the Gap

Variable content of Bridging the Gap Day with e-learning to be decided by FTPDs