

# Regional Training Days

## Additional Resources

### Introduction

This document has been produced to provide further resources for foundation trainees under the themes of the Yorkshire and the Humber Regional Training Days. There are many resources available so this list will not be exhaustive. If there are any suggestions for further resources please contact [foundation.yh@hee.nhs.uk](mailto:foundation.yh@hee.nhs.uk).

**F1**

0	ILS etc
1	Careers
2	QI
3	Simulation (title of course in brackets)
4	Local training day (if applicable)
a	
b	
c	
+	

**F2**

0	ALS
1	Careers
2	QI
3	Simulation (title of course in brackets)
4	Local training day (if applicable)
a	
b	
c	
+	
5	Teach the teacher
6	WAM
7	BTG

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## Training Day 1 – Careers

### BMA Careers advice

Career advice and support

<https://www.bma.org.uk/advice/career>

- Detailed resources on applying for training, medical CVs, going abroad etc

Employment advice and support

<https://www.bma.org.uk/advice/employment>

- Advice on contracts, pay, pensions etc

An insider's guide to medical specialities

<http://www.bma.org.uk/advice/career/studying-medicine/insiders-guide-to-medical-specialties>

- Range of resources including top tips for choosing and an "inside look" at the different NHS specialities

### Coaching

[https://www.yorksandhumberdeanery.nhs.uk/learner\\_support/coaching](https://www.yorksandhumberdeanery.nhs.uk/learner_support/coaching)

- Health Education England Yorkshire and the Humber offers free coaching to all trainees which could be used to discuss career plans as well as other topics

### E-learning for Healthcare

Career Planning for Healthcare Professionals (CPP)

<https://www.e-lfh.org.uk/>

- Requires free registration
- E-learning programme designed to support you making an informed career choice and effective applications

### Health Careers

Career opportunities for doctors

<https://www.healthcareers.nhs.uk/explore-roles/doctors/career-opportunities-doctors>

- Information about different career opportunities post-F2 and sources of support

Health Careers videos

<https://www.youtube.com/playlist?list=PLnppXZprOJfGN30DND-SUiZWejGXTecr>

<https://www.youtube.com/user/NHSMedicalCareers/videos>

- Short videos about different specialities and grades within the NHS

### Health Education England: Specialty Training

Application guide

<https://specialtytraining.hee.nhs.uk/Recruitment/Application-guidance>

- Large range of resources covering all aspects of applying for specialities

Oriel application guidance

<https://specialtytraining.hee.nhs.uk/Recruitment/Oriel-Making-your-application>

- Specific guidance on using the Oriel system

Person specifications

<https://specialtytraining.hee.nhs.uk/Recruitment/Person-specifications>

- Criteria and qualities expected of those taking posts in these specialities
- Useful when preparing for interviews

### NHS jobs

<https://www.jobs.nhs.uk/>

- Search function to find jobs post-foundation training e.g. clinical fellowships, teaching fellowships etc

## Other Career Paths for Doctors

Please contact your educational supervisor if you are considering an alternative career path

Medical Success

<http://medicalsucces.net/>

- Advice on non-traditional careers for doctors inside and outside of medicine
- Free careers advice

Other Options for Doctors

<http://www.otheroptionsfordoctors.com/>

- Range of resources and stories for doctors exploring alternative careers

Health Careers

<https://www.healthcareers.nhs.uk/explore-roles/doctors/career-opportunities-doctors/alternative-roles-doctors>

- List of jobs where a medical degree or clinical experience would be valued

## Post-graduate qualifications in Medicine

<https://www.postgrad.com/search/postgraduate-programs/?q=medicine>

- Summary of different post-graduate qualifications in the UK (PG cert to Masters)

## SupportTT

[https://www.yorksandhumberdeanery.nhs.uk/learner\\_support/supported\\_return\\_to\\_training](https://www.yorksandhumberdeanery.nhs.uk/learner_support/supported_return_to_training)

- Information and support for those who have taken time out of training for any reason

## **Training Day 2 – Quality Improvement (QI)**

### BMJ Quality – Making the difference podcast

<http://feeds.bmj.com/quality/podcasts>

- Series of podcasts on quality improvement
- Available from many podcast apps as well as the below streaming website

### E-learning for Healthcare

Foundation (FND) – Professional capabilities 20: Contributes to quality improvement

<https://www.e-lfh.org.uk/>

- Sessions include audit, evidence-based practice and quality improvement

Research, Audit and Quality Improvement (R&A)

<https://www.e-lfh.org.uk/>

- Based on the Royal College of Anaesthetics course “Perioperative Improvement Science and Management” (PRISM-ed)
- Covers key knowledge and training for QI with a focus on peri-operative care

Leadership for Clinicians: Clinical Leadership (CLE)

<https://www.e-lfh.org.uk/>

- LeAD sessions developed to increase junior doctors’ understanding of their role in contributing to management and leadership
- Includes session on managing and improving services

### Future Learn

Quality Improvement in Healthcare: The Case for Change

<https://www.futurelearn.com/courses/quality-improvement#section-dates>

- Online module on different theories and models for improvement
- Free registration but certificate requires upgrade (screenshot completion page as evidence if required)

Managing Change in a Healthcare Environment

<https://www.futurelearn.com/courses/managing-change-healthcare>

- Online module on reasons, drivers and techniques to empower change
- Free registration but certificate requires upgrade (screenshot completion page as evidence if required)

## Healthcare Quality Improvement

<https://www.hqip.org.uk/resource/guide-to-quality-improvement-methods/#.XL31XetKjyJ>

- Guidance on different QI models and statistics

## Improvement Academy

Bronze Quality Improvement Training

<https://www.improvementacademy.org/our-training/bronze-quality-improvement-training.html>

- Online module to provide entry-level training on quality improvement
- Potentially extend to Silver QI training which has face-to-face learning

## Institute for Healthcare Improvement

Quality Improvement Essentials Toolkit

<http://www.ihl.org/resources/Pages/Tools/Quality-Improvement-Essentials-Toolkit.aspx>

- Tools and templates to launch a successful QI project

## Life QI

<https://www.lifeqisystem.com/>

- Platform of purpose-built tools including driver diagrams, run charts and PDSA cycles
- Requires registration with many trusts in Yorkshire and the Humber providing access

## Royal College of Emergency Medicine

Quality Improvement Guide

[https://www.rcem.ac.uk/docs/QI%20Resources/RCEM%20Quality%20Improvement%20Guide%20\(Nov%202016\).pdf](https://www.rcem.ac.uk/docs/QI%20Resources/RCEM%20Quality%20Improvement%20Guide%20(Nov%202016).pdf)

- Guidance on quality improvement projects with focus on emergency departments

## Royal College of Physicians

Learning to Make a Difference (LTMD)

<https://www.rcplondon.ac.uk/guidelines-policy/ltmd-toolkits>

- Toolkit including descriptions and tools to facilitate quality improvement projects

## The Health Foundation

Quality Improvement made simple

<https://www.improvementacademy.org/our-training/bronze-quality-improvement-training.html>

- Quick guide to health care quality improvement

## Trainees Improving Patient Safety through Quality Improvement (TIPSQI)

<https://tipsqi.co.uk/>

- Information and resources to undertake quality improvement projects
- Step by step guidance and advice specific to junior doctors

# **Training Day 3 – Simulation (Human Factors/Leadership)**

## **Human factors**

### E-learning for Healthcare

Foundation (FND) – Professional capabilities 9 & 19

<https://www.e-lfh.org.uk/>

- Sessions include management of acutely unwell patients and patient safety

NW Simulation Faculty Development

<https://www.e-lfh.org.uk/>

- Resources designed for simulation faculty but covers the educational theory and practices relating to simulation-based education

## Future Learn

Human Factors in a Healthcare Environment

<https://www.futurelearn.com/courses/human-factors-healthcare>

- Online module exploring how understanding human factors can improve patient safety
- Free registration but certificate requires upgrade (screenshot completion page as evidence if required)

## Improvement Academy

Bronze Human Factors Training

[www.improvementacademy.org/training-and.../bronze-human-factors-training.html](http://www.improvementacademy.org/training-and.../bronze-human-factors-training.html)

- Online module to provide entry-level training on human factors
- Potentially extend to Silver human factors training which has face-to-face learning

## TED talks

Why Medical Error?

<https://www.youtube.com/watch?v=u6VuaxC0m5I>

- TEDx talk on human factors in healthcare
- Ken Catchpole is a research psychologist and human factors practitioner

## West of England – Academic Health Science Network

Human Factors training videos

<https://www.weahsn.net/our-work/improving-patient-safety/collaborating-in-the-community/human-factors-2/step-by-step-guide-human-factors/human-factors-training-videos/>

- Selection of videos on Human Factors; used in presentations across Yorkshire

## **Leadership**

### E-learning for Healthcare

Foundation (FND) – Professional capabilities 6 & 7

<https://www.e-lfh.org.uk/>

- Sessions include communication, team-work and leadership

Leadership for Clinicians: Clinical Leadership (CLE)

<https://www.e-lfh.org.uk/>

- LeAD sessions developed to increase junior doctors' understanding of their role in contributing to management and leadership

Management and Leadership Skills (MLS)

<https://www.e-lfh.org.uk/>

- Range of management and leadership topics with real-life examples

### Faculty of Medical Leadership and Management (FMLM)

Leadership toolkit for junior doctors

<https://www.fmlm.ac.uk/members/resources/leading-as-a-junior-doctor>

- Advice and case studies for junior doctors to develop leadership skills

## Future Learn

Leadership Theory: The Basics

<https://www.futurelearn.com/courses/fundamentals-of-leadership-theory>

- Online module including leadership theories and styles
- Free registration but certificate requires upgrade (screenshot completion page as evidence if required)

Leadership for Healthcare Improvement and Innovation

<https://www.futurelearn.com/courses/healthcare>

- Online module on how leadership can influence strategic outcomes in healthcare
- Free registration but certificate requires upgrade (screenshot completion page as evidence if required)

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## Leadership Academy (Thames Valley and Wessex)

Learning to Lead

<http://www.oxforddeanery.nhs.uk/pdf/Learning%20to%20Lead%20Toolkit%2004012019.pdf>

- Toolkit for junior doctors early in the careers to develop their leadership skills

## NHS Leadership Academy

Edward Jenner programme

<https://www.leadershipacademy.nhs.uk/programmes/the-edward-jenner-programme/>

- Free access e-learning resource over 6 weeks (complete at your own pace)
- Further face-to-face learning in the Mary Seacole programme

## TED talks

How to be a great leader

[https://www.ted.com/playlists/140/how\\_leaders\\_inspire](https://www.ted.com/playlists/140/how_leaders_inspire)

- Collection of TED talks on leadership with speakers from a wide range of backgrounds

What's Love Got to Do with it? Leadership in New Era of Healthcare

<https://www.youtube.com/watch?v=Ut0vvgg3zbiY>

- TEDx talk on the importance of leadership in healthcare to improve patient outcomes and lead to a happy workplace
- Susan Carter is the Administrative Director at Osher Center for Integrative Medicine at Vanderbilt (U.S.)

## The King's Fund

Leadership in today's NHS: Delivering the impossible

[https://www.kingsfund.org.uk/sites/default/files/2018-07/Leadership\\_in\\_todays\\_NHS.pdf](https://www.kingsfund.org.uk/sites/default/files/2018-07/Leadership_in_todays_NHS.pdf)

- Report about the importance of leadership in healthcare

## **Training Day 4 – Local Training Day**

Variable topics depending on location ranging from communications to psychiatry simulation. Please contact local foundation administrator for further resources.

## **Training Day 5 – Teach the Teacher (F2 only)**

### BMJ Learning

Small group teaching

<http://learning.bmj.com/learning/search-result.html?moduleId=6055963>

- Module on practicalities of teaching small groups

### E-learning for Healthcare

Foundation (FND) – Professional capabilities 4

<https://www.e-lfh.org.uk/>

- Module on practicalities of teaching small groups

Educator Training Resources (ETR)

<https://www.e-lfh.org.uk/>

- Sessions developed for educators in healthcare covering varied topics

### London Deanery

Teachers' Toolkit

<https://faculty.londondeanery.ac.uk/e-learning/teachers-toolkit-index>

- E-learning materials covering wide range of topics from curriculum development to feedback

#### Teaching and Learning Practical Skills

[https://faculty.londondeanery.ac.uk/e-learning/teaching-clinical-skills/teaching-and-learning-practical-skills/view?portal\\_status\\_message=Error%20creating%20PDF%20file](https://faculty.londondeanery.ac.uk/e-learning/teaching-clinical-skills/teaching-and-learning-practical-skills/view?portal_status_message=Error%20creating%20PDF%20file)

- E-learning materials on teaching clinical skills
- Focus on 4 stage approach advocated by Peyton

#### The Role of the Clinical Teacher

<https://faculty.londondeanery.ac.uk/e-learning/assessing-educational-needs/the-role-of-the-clinical-teacher>

- E-learning materials covering the roles of clinical teachers and assessment of educational needs

#### Multi-professional Podcasts for Clinical Educators

<https://faculty.londondeanery.ac.uk/other-resources/multiprofessional-podcasts-for-clinical-educators>

- List of podcasts developed primarily for students undertaking a Postgraduate Certificate for teachers in primary care
- Applies to many different healthcare professionals including junior doctors

#### Medical Education podcasts

<https://medicaleducation.podbean.com/>

- Podcasts from the journal *Medical Education* covering a wide range of topics

#### Royal College of Physicians

Acute care toolkit 5

<https://www.ucl.ac.uk/medical-school/sites/medical-school/files/rcp-amu-toolkit.pdf>

- Guidance on teaching on the acute medical unit

#### Royal College of Psychiatrists

Teaching clinical skills

<http://www.psychiatrycpd.co.uk/learningmodules/teachingclinicalskills.aspx>

- Online module designed to support clinical teachers to use more interactive and engaging teaching styles

#### TED talks

How to avoid death by PowerPoint

<https://www.youtube.com/watch?v=lwpi1Lm6dFo>

- TEDx talk on how to build great PowerPoints; very useful when delivering case-based teaching sessions

#### The Clinical Teacher podcasts

<https://podcasts.apple.com/gb/podcast/podcasts-from-the-clinical-teacher/id430333609?mt=2>

- Podcasts from the journal *The Clinical Teacher* covering a wide range of topics

#### University of Michigan

<https://www.coursera.org/learn/clinical-skills?action=enroll&authMode=signup>

- Free online teaching module; screenshot completion pages if evidence required

## **Training Day 6 – Workplace and Me (WAM) (F2 only)**

#### Health Education England – Well-being resources

[https://www.yorksandhumberdeanery.nhs.uk/sites/default/files/well-being\\_resources\\_2.pdf](https://www.yorksandhumberdeanery.nhs.uk/sites/default/files/well-being_resources_2.pdf)

- Extensive support documents for foundation doctors in Yorkshire and Humber
- Updated regularly with further resources added

## **Training Day 7 – Bridging the Gap (BTG) (F2 only)**

Variable topics depending on Bridging the Gap day selected. Please contact your course provider for further resources.