

Collaborative working with matron for delivery suite ensures there is good communication between teams.

Dr. Palmer and Rose Ciavucco Dr. Palmer and I offer meetings once a week to parents of special care babies we use the counselling room away from the ward. We discuss the babies and families journey where we were where we are and what the next step is. This often initiates them opening up about their feelings and asking questions that they may have felt awkward about asking in the room.

The "wish list" of items that are required by the unit that can be shared with parents wishing to fundraise is kept up to date with the charitable trust at UHNM.

The Royal Stoke NICU has just ordered complete sets of attractive bedding and curtains for the family rooms. This money came from charitable funds.

We received £8000 from BLISS when we were accredited Amber Evans is leading on this but is on maternity leave at the moment.

We have a BLISS champion who visits the unit 4 hours a week this has been a valuable tool for the parents as she is able to signpost them to further services. She also helps them with D.L.A forms, how to access portage etc.

We launched our Wall of Hope phase 2 for world prematurity day. This is several boards with pictures of premature babies as they are older ranging from a few months to a 16 year old. Parents absolutely love it.

Helping Hands continues to thrive both at the monthly meetings and on line.

We are having a Christmas party on the unit for the Helping Hands group and we are already up to 30 children. One of the dads is dressing up as Santa.

The Helping Hands group have made stockings for all the babies and have had donations of presents for the baby siblings and parents.

We have had 2 more complete study days held at Stone and Stafford to reach Health Visitors from the Stafford area we covered all areas of prematurity including thermoregulation nutrition, home oxygen and emotional support.