

STORK programme.

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PORTER, kerry (THE ROYAL WOLVERHAMPTON NHS TRU) [Mark as unread](#)

Wed 22/03/2017 11:32

To: CARNWELL, Sarah (UNIVERSITY HOSPITALS OF NORTH MIDLANDS NHS TRUST);
clairepowers@hotmail.co.uk;

Hi Sarah and Claire,

My name is Kerry Porter and I am part of the STORK team based at New Cross Hospital. I am emailing to let you know about the work that we are involved in on the Neo natal unit.

The STORK programme (Supportive Training Offering Reassurance and Knowledge) was set up to help reduce infant mortality. Our programme focuses on reducing the risk of SIDS and also gives parents the knowledge needed to act in the case of an emergency. The programme includes activities around safe sleep, recognising the poorly baby, correct temperatures, healthy lifestyles referrals, smoking cessation referrals and also covers basic first aid (CPR for babies and choking).

We offer the programme to parents before they are discharged from hospital and it is offered on a 1:1 basis as we found parents were more likely to interact and ask questions.

As well as offering the programme we also support parents with expressing their milk and breast feeding. We have supported parents emotionally and have also held coffee and chat sessions on the unit. At these sessions parents have been able to support each other and this we found to be very popular.

At present we are in the process of making an informative DVD for the unit. This will include information ranging from the care and medical procedures their baby may receive whilst on the unit through to transport to the hospital and catering facilities within the hospital.

If you require any further information please feel free to contact me.

Kind regards

Kerry