

# Noah's Star: Providing Volunteer Sibling Support to Facilitate Family Integrated Care

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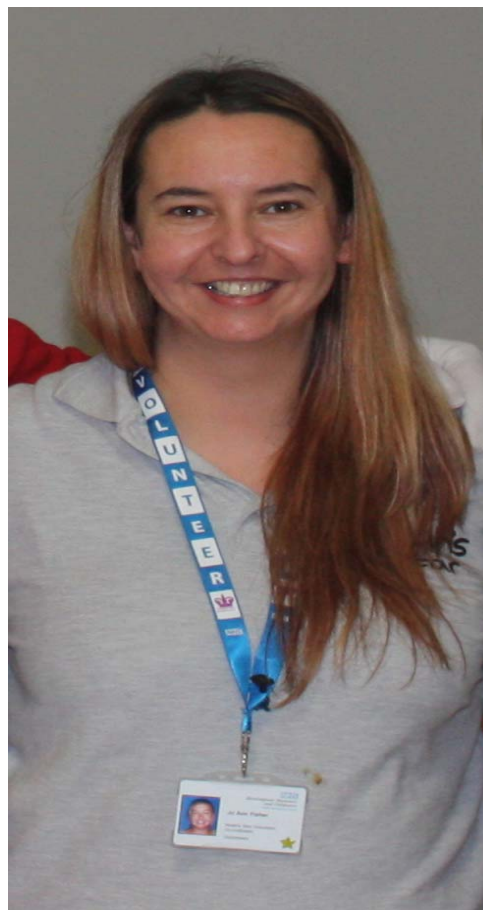


By your side





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# Volunteer Sibling Support



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- Useful
- Affordable
- Sustainable



# Volunteer Process



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## Recruitment

- Advertise
- Interview
- References
- DBS
- Probationary Period

## Training

- Your Role
- Understand the NICU (including tour of hospital)
- Disability Awareness
- Safeguarding Children
- Looking After Yourself
- Child Development

## Ongoing Support

- Monthly Reviews (group and 1:1)
- FB group
- Policies and procedures
- Quarterly social meet ups
- Annual Training Review
- Volunteer of the month award
- Opportunities for qualifications (QCFs)



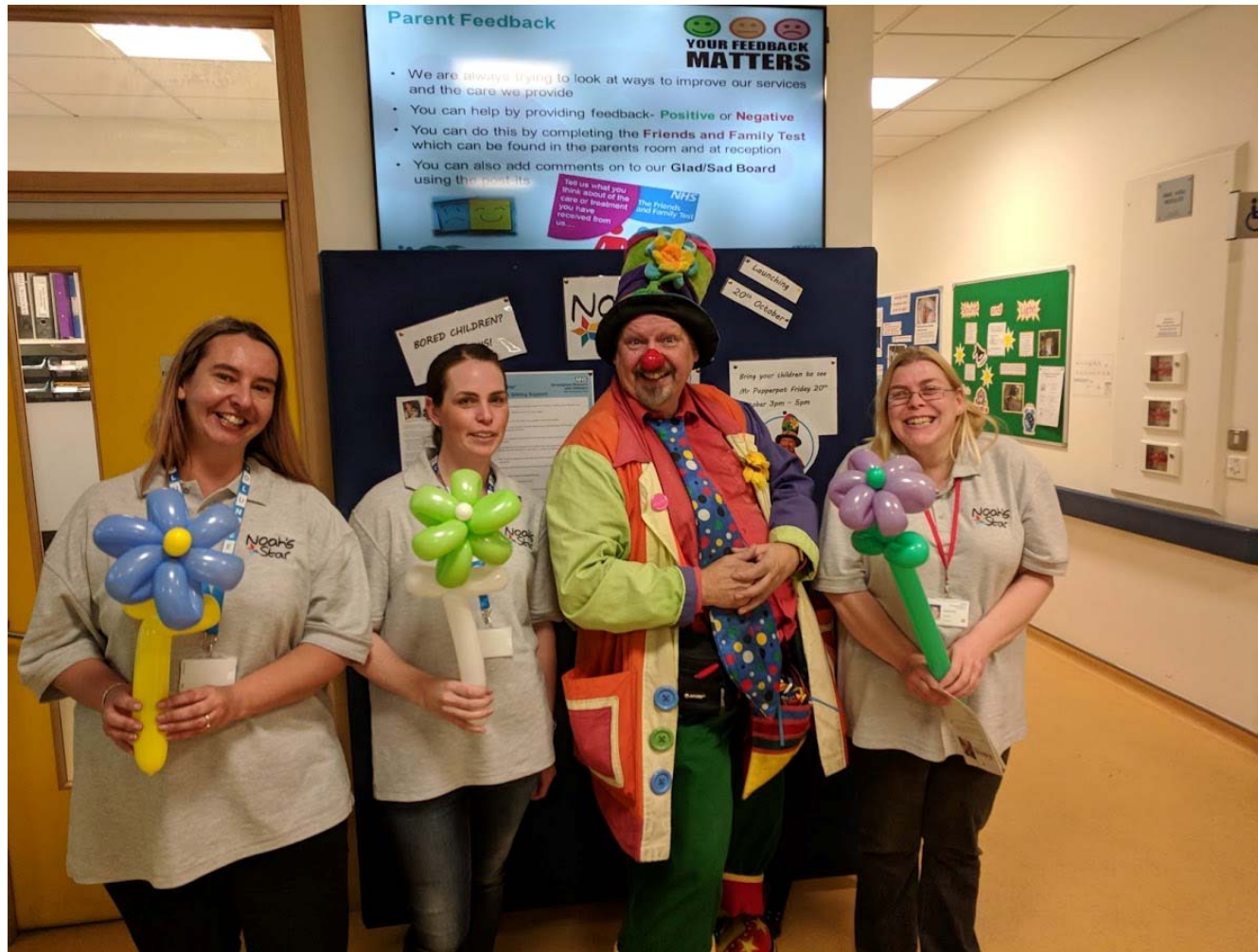




# Launch Day



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# First Sibling!

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# Impact



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- Currently 9 'active' volunteers, 20 in training and 150 applied to recent advert.....
- 20<sup>th</sup> Oct – 31<sup>st</sup> Dec:
  - 298 volunteer hours
  - 182 hours on NICU
  - 118 hours accessed by siblings
  - 41 siblings used service



# Parent Quotes

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- *“Our daughter had a fab time this morning with Nicky. She came back to the ward crying because she didn't want to leave at twelve o'clock!!!! Always a good sign, positive crying!!”*
- *“Thank you SO MUCH for organising this invaluable service - we've much appreciated it in our own stay at BWH over the last month and clearly the proof is in the pudding – our daughters enjoyment! ”*
- *“Having other child care commitments creates a big challenge when you have a little one admitted to hospital and no or very little support to look after siblings. This is a great step and has gave us huge relief and peace of mind. We have had a great time with our little one on NICU which is made possible by Noah's Star Sibling Support”*
- *“I can't thank the volunteers enough for making our journey a little easier”*
- *“Noah's Star is such a brilliant service, we can't thank you enough”*



# Moving Forward



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and Children's  
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- Provide 1:1 support for families
- Offer service to other Trusts
- Shape service to needs of unit
- Ongoing fundraising and grant application
- Email: [gemma.holder@bwnft.nhs.uk](mailto:gemma.holder@bwnft.nhs.uk)

