

Alia's suggestions

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Tue 21/03/2017 11:02

To: CARNWELL, Sarah (UNIVERSITY HOSPITALS OF NORTH MIDLANDS NHS TRUST);

Hi Sarah,

I forgot to mention the FINE course has now been accredited by the RCN. Participants now attain 14 hours participatory CPD.

- 1) I have ordered the FIC posters and should be delivered within the next week.
- 2) A link to our Best Practice Bank is here:

<https://www.bliss.org.uk/pages/category/best-practice-bank>

- 3) Below are the suggestions I made during the call.

- **Suggesting three ways to improve emotional and practical support to parents on a unit**

Active signposting to the Bliss helpline

Bliss Champion on the unit

Referral pathways for parents and family (trained counsellor)

Support groups

Information included on notice boards and in admission packs – including info on things such as Kangaroo Care

Using the parent App

Free parking and meals

Parent craft sessions to prepare for discharge

Doing the Bliss baby charter!

Staff going on FINE training

Parent passports

Getting parent feedback and then 'closing the feedback loop' with a you said

we did board

Sibling facilities

Baby diaries

- **Suggest areas of practice that could be standardised across all units, for e.g., visiting times.**

If units have network guidelines then practice becomes standardised

Visiting times and access on wards rounds should be consistent throughout a network

Network parent passport to help with consistency for parents moving between

units

Feeding guidelines – i.e. some units advocate parents being involved much

more than others in NG feeding

Regards,