

Parent Passport

Insert photo of your baby here

Is there agreed
usage i.e. all
babies
admitted <35
weeks and >35
if stay is going
to be longer
than 7 days?

My name is:

I was born on:

Birth Weight:

Gestation:

Introduction

Congratulations on the birth of your baby.

While your baby is receiving care on the Neonatal Unit you will be able to do many of the day to day cares your baby needs. In order to ensure your baby's comfort and safety you will be given all the help you need. It may seem daunting at first but with the right support your confidence will soon grow.

This passport will make sure that both the neonatal unit staff and yourself know what you are able to do for your baby. This will be particularly helpful if your baby is transferred to another hospital.

It may not be necessary for you to be able to do everything mentioned in the parent learning sections, the nurse looking after your baby will discuss this with you. If you are unsure about anything please ask the nurse looking after your baby.

Please fill in information about yourself and your family that you are happy to share with the nurses on the Neonatal Unit.

The importance of your presence in the Neonatal Unit cannot be over-estimated and you will soon know your baby better than anyone else.

This parent passport is for you to keep, a photocopy will be taken on discharge and kept in your baby's hospital record at each hospital where your baby has received care.

My family

My parents names are		
Their Birthdays are on		
They can be contacted on	①	②
My address at home is		
Travelling time from home to Unit is		
My Local Hospital is		
My siblings names are		
Their Birthdays are on		
My family's language is		
Interpreter Required/Arranged?		
My family's religion is		
Other family information		

Can we think of
another term for
visiting?

Visiting

Are parents staying
on site?

Are my parents resident?		Yes	<input type="checkbox"/>	No	<input type="checkbox"/>
My Parent(s) indicative visiting times are:					
Mon		Tues			
Weds		Thurs			
Fri					
Sat		Sun			
Other authorised visitors are:					
Name		Relationship			
Name		Relationship			
Sibling childcare arrangements during visiting are:					

My healthcare professionals

Neonatal Consultant on Admission	
Neonatal Nurse on Admission	
Midwife	
GP	<input type="radio"/>
Health Visitor	<input type="radio"/>
Others (E.g. Physio, Dietician, Surgeon)	
I use my care plan to communicate with the nursing staff and update this weekly or as necessary	
I am comfortable participating on medical rounds and have an active role in discussing a plan of care for my baby	

Parental learning

Topic	Teaching date	Proficient Date	Parent Signature	Nurse Signature
On Admission				
I understand the importance of appropriate hand washing using soap and water and/or alcohol rub, including removing jewellery				
Security (more narrative required) Baby Parents belongings				
I have been orientated to the resources for parents in the unit (expressing room, parent lounge, patient information and education programme)				
Baby's Equipment (more narrative required) (Please list all covered)				

Parental learning

Topic	Teaching date	Proficient Date	Parent Signature	Nurse Signature
I understand the principles of Developmental Care				
I can provide skin-to-skin care for my baby (Kangaroo care)				
I can position my baby properly and make his/her bed				
I understand the signs of invitational cues: alert, awake, rooting				
I understand signs of stress as well as signs of discomfort or pain				
Noise and Light				
Sucrose / Pain relief				
Feeding cues				

Parental learning

Topic	Teaching date	Proficient Date	Parent Signature	Nurse Signature
Infant Cares				
Mouth care				
I can change my baby's nappy, provide skin care, mouth and eye care				
I can take my baby's temperature and record it. I understand temperature instability				
I can bathe (swaddle bathe) my baby with special attention to water temperature, positioning and safety				
I can weigh my baby and record it (I can recalibrate scale if necessary)	Does this happen? This can be removed?			
I feel comfortable taking my baby in & out of the incubator/cot and can reposition baby safely				

Parental learning

Topic	Teaching date	Proficient Date	Parent Signature	Nurse Signature
Infant cares				
I can change O2 sat probes and leads				
I know what apnoea's are and know when I can use stimulation and/or call for help				
Screening	Dates Due / Undertaken	Discussed with Parents	Due	Done
Blood Spot				
Eye Test (Ophthalmology)				
Hearing Test (Audiology)				
Immunisations (Please list)				

Are these dates for screening or leaflets handed out?

Parental learning

Topic	Teaching date	Proficient Date	Parent Signature	Nurse Signature
Feeding				
I have met with Lactation Consultant				
I can wash expressing equipment properly				
I can label, store and transport my breast milk from home properly				
I can double check my breast milk/formula with the nurse and warm it to room temperature				
I know how to position/reposition my baby for tube feeding, check the position of the tube, administer the feed and watch for signs of stress and feeding intolerance				
Using a dummy (pacifier)				

Parental learning

Topic	Teaching date	Proficient Date	Parent Signature	Nurse Signature
Feeding Continued....				
I have worked with my nurse to develop a feeding plan for sucking feeds				
I know how to position my baby at the breast for non nutritive sucking or breastfeeding and watch for signs of stress				
I know how to latch my baby on the breast and assess when my baby is sucking, swallowing and breathing				
I know how to position/reposition my baby for bottle feeding, pacing of feed and monitor my baby for signs of stress				
Level 1 Competencies met				
Level 2 Competencies met				

Parental learning

Topic	Teaching date	Proficient Date	Parent Signature	Nurse Signature
Giving Medicines				
Why your baby needs vitamins				
How to give vitamins				
Why your baby needs medicines				
<p>I can give routine oral medications when my baby is fully oral feeding (excluding narcotics)</p> <ul style="list-style-type: none"> • Double checking with nurse • Using correct technique <p>(Please list medicines taught to parent(s) below)</p>				

Preparing for home...

Topic	Teaching date	Proficient Date	Parent Signature	Nurse Signature
Anticipated date of discharge				
Safe Sleep				
Resuscitation training				
Preparation of feeds				
Breastfeeding at home				
Tube feeding at home				
Parent support				
Rooming in Prior to discharge offered & Date arranged (if applicable)				
BLISS Health Visitor booklet given to parents, to give to Health Visitor				

BLISS Publications & Information

<http://www.bliss.org.uk/help-for-families/you-and-your-baby/>

Please record here all BLISS information given to you

Title	Healthcare Date & Initial	Parent(s) Date & Initial
Is this used		

**Need to talk to someone? Call the Bliss Family Support Helpline on
0808 8010322 to speak to one of their qualified advisors**

Frequent Flyer

Sometimes we will need to transfer some babies to another unit in the Network to try to make sure that babies receive the care they need with the appropriate staff and equipment. If your baby requires very specialist care we may even need to transfer to a specialist unit which is outside of the Network. All transfers will be planned and discussed with you. Here you can keep a record of your baby's travels.

Date	From	To	Notes
	Can this be renamed		
	1. Transfers		
	2. Other hosp stays		
	3. My baby's travels		

Notes

Please use the space below to remind you of any questions you have about your baby's stay on the neonatal unit

My Diary (Optional)

Please use the space below to keep a record of yours and your baby's important milestones on the neonatal unit

Date:	

My Photos (Optional)

Please use the space below to add photos of your baby's stay on the neonatal unit

*Is this used or can we
have more diary space?*

My Photos (Optional)

Please use the space below to add photos of your baby's stay on the neonatal unit

Is this used or can we have more diary space

How was your experience of care in our neonatal unit ?

We would be very grateful if you would complete this questionnaire when your baby is discharged from our neonatal unit. Your nurse will show you where to put your completed questionnaire. Your opinion is important to us, by finding out how you feel about your experiences on the unit we can make things better for parents & babies in the future. Your responses are anonymous & confidential. Your participation is entirely voluntary. Please use the other side for any other comments you would like to make. **Thank You**

(Please tick the box that applies)	Strongly Agree	Agree	Disagree	Strongly Disagree
I was encouraged to touch, hold & care for my baby				
When all staff spoke to me about my baby's care it was easy to understand				
The nurses & doctors involved me in decisions about my baby's care		Need to add APP info		
All staff cleaned their hands (either with soap and water or gel) before touching my baby				
I would recommend this neonatal unit to a friend or family member if the need arose				
I felt well prepared to take my baby home				

Any other Comments?

Please use the space below to give us any other feedback/comments about your experiences of your baby's stay on our neonatal unit.