

INTRODUCTION

Congratulations on the birth of your baby. While your baby is receiving care on the Neonatal Unit you will be able to do many of the day to day cares your baby needs. In order to ensure your baby's comfort and safety you will be given all the help you need. It may seem daunting at first but with the right support your confidence will soon grow.

This passport will make sure that both the neonatal unit staff and yourself know what you are able to do for your baby. This will be particularly helpful if your baby is transferred to another hospital.

The importance of your presence in the Neonatal Unit cannot be over-estimated and you will soon know your baby better than anyone else.

This parent passport is for you to keep a photocopy will be taken and kept in your baby's hospital record at each hospital where your baby has received care.

PARENTAL TEACHING

Topic	Healthcare Date & Initial	Parent(s) Date & Initial(s)
On Admission		
Hand Washing		
Security		
Tour of Unit & Parent Facilities		
Baby's Equipment		
Developmentally Supportive Care		
Containment holding/recognising stress cues		
Kangaroo care/skin-to-skin holding		
Noise and light		
Sucrose/pain relief		
Feeding cues		

Topic	Healthcare Date & Initial	Parent(s) Date & Initial(s)
Infant Cares		
Mouth care		
Nappy change		
Top and tail		
Taking temperature		
Bathing		
Feeding		
Hand Expressing Breast Milk		
Safe use of Breast Pump		
Cleaning & Sterilising equipment		
Safe storage of breast milk		
Breast feeding		
Defrosting/warming of breast milk		
Tube feeding		
Testing for correct tube position		
Cup feeding		
Using a dummy (pacifier)		
Bottle feeding (including side lying)		
Cleaning & Sterilising of bottles/teats & dummies		
Giving Medicines		
Why your baby needs medicine		
How to give medicines		
How to give vitamins		
Preparing for home		
"Back to sleep" guidelines		
Resuscitation		
Safe use of car seat		
Preparation of bottle feeds		
Breastfeeding at home		
Follow up arrangements		
Parent Support		
Other (please State)		