

| Feeding & Nutrition Group Meeting | |
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| Wednesday 09th February 2011 at 10.30am | |
| Room G, Telford Education Centre, Princess Royal Hospital, Telford | |
| Minutes | |
| 1. | Apologies: Amanda Costello, Specialist Midwife - Infant Feeding - New Cross Hospital, Wolverhampton Anne McNaney, Staff Nurse - Russell's Hall Hospital, Dudley |
| 1A. | Present: Carol Payton, Sister - Royal Shrewsbury Hospital Dawn Homer, Neonatal Unit Manager - Royal Wolverhampton Hospitals Gina Hartwell (Chair), Senior Nurse Manager SCBU - Mid-Staffordshire General Hospital Gina Powell, Sister - Royal Shrewsbury Hospital Liz Jones, Preterm Feeding and Research Specialist - University Hospital of North Staffordshire Patricia Bloor, Sister - University Hospital of North Staffordshire Ruth Moore, Network Manager - Staffordshire, Shropshire & Black Country Newborn Network |
| 2. | Minutes from the 21st July 2010 Meeting; Agreed. |
| 3. | Matters Arising; None. |
| 4. | Enteral Feeding Policy Update <u>Progression From Enteral Feeds Guideline</u> <ul style="list-style-type: none"> • <i>GH to send this guideline to Marian Kerr, Bedside Clinical Guidelines Co-ordinator for possible inclusion in the 2011 edition of the Neonatal Guidelines.</i> • This guideline is to go through the network guidelines process and the final draft version is to go through Baby Friendly approval prior to publication. |
| 5. | Future of Education And On Line Learning Programme <ul style="list-style-type: none"> • AC has developed an on line breastfeeding tool. <i>DH will ask Amanda to look into how this could be shared with the other units.</i> |
| 6. | Benchmarking Document - The Way Forward <ul style="list-style-type: none"> • <i>Previous Benchmarking document to be revisited and each unit should rescore themselves.</i> The results of this can be used as a starting point to see how far we have developed since the original one and how we develop an observational tool from this (to look at individual practices). |
| 7. | Preterm Teats <ul style="list-style-type: none"> • All units have discontinued the use of these now. |
| 8. | Funnel Sizes <ul style="list-style-type: none"> • All units offer two sizes. • UHNS now use three sizes and also soft fit appropriate for smaller breast. |
| 9. | Chair Position <ul style="list-style-type: none"> • GH is resigning as Chair of the group. LJ and PB agreed to Chair in the interim period until a new Chair is appointed. • It was felt that all members of the group should take a turn to take and type up the minutes of the meeting and that this should be rotated at every meeting. |
| 10. | Any Other Business <u>Possible Change of Temperature of EBM and Storage of Colostrum Progress Update</u> |

- UHNS are doing an audit regarding warming EBM to body temperature, this may enable fat content to be improved as it haemoglobinises the fat.
- LJ discussed the need to feed the breast milk by date of expression and the importance of colostrum that can be used as first aid following periods of nil by mouth.

Side Lying Feeding

- **Members of the group to look at the 'The Effect of Positioning on the Transition from Tube to Oral Feeding in Preterm Infants: A Pilot Study' article on the BMJ website. CG to circulate the link to this with the minutes.**

Single Patient Use Expression Kits

- Shrewsbury will be moving onto these in April. All units will then be compliant.
- Shrewsbury will have a dedicated breastfeeding room soon.

Paula Meier Article (not published yet)

- Discusses mixing colostrum with sterile water to give orally as protects the entire oral cavity.
- **RM to scan this article and e-mail it to LJ and CG. CG to circulate this with the minutes.**

Non-Nutritive Sucking (NNS) Devices

- Evidence to suggest that too early use can cause a high arched palate. There is possibly a gestationally related age to commence. **Members of the group to look at the 'Review of Dummy Use and Potential Impact on Breastfeeding' page on the Baby Friendly website. CG to circulate the link to this with the minutes.**

Parent Information

- There is a bottle feeding guideline from the DoH available on the Baby Friendly website.

Breastfeeding CD-ROM

- **RM will purchase copies of LJ's CD-Rom on Breastfeeding from OCB Media**, one for each unit (except UHNS who already have one), to be held by each unit representative and loaned to individual staff as required.

Breastfeeding Study Day 09th November 2010 Feedback

- Evaluated very well. There were requests for videos to be shown, possibly the 'From Bump to Breastfeeding' video. Katy Thompson at MSGH has some short videos that could possibly be shown.

Next Breastfeeding Study Day

- The suggested date to hold this on is the 16th November 2011. **CG to contact the Telford Education Centre as a possible venue.**
- **CG to e-mail the group the programme from the last study day to see if any changes need to be made.**
- It was agreed that presentations for the day are to be e-mailed to CG to be put on the network laptop to be used on the day.

11. Date and Time of Next Meeting

- The next meeting will be held on Wednesday 14th September 2011 at 10.30am in the Seminar Room on the Neonatal Unit, 2nd Floor, Maternity Centre, University Hospital of North Staffordshire, City General Site.

ACTION LOG - For the Feeding & Nutrition Group Meeting held on Wednesday 09th February 2011

| Decision / Action | Owner | Timescale |
|---|----------------------|-------------------------|
| GH to send the Progression from Enteral Feeds Guideline to Marian Kerr for possible inclusion in the 2011 edition of the Neonatal Guidelines. | GH | Mar 2011 (completed) |
| DH to ask AC to look into how the on line breastfeeding tool could be shared with the other units. | DH | Mar 2011 |
| Each unit to revisit the previous Benchmarking document and rescore themselves. | Each Unit | Aug 2011 |
| Members of the group to look at the 'The Effect of Positioning on the Transition from Tube to Oral Feeding in Preterm Infants: A Pilot Study' article on the BMJ website. | Members of the group | Sep 2011 |
| CG to circulate the link to this with the minutes. | CG | Mar 2011 |
| RM to scan the Paula Meier article and e-mail it to LJ and CG. | RM | Feb 2011 |
| CG to circulate this article with the minutes. | CG | Mar 2011 |
| Members of the group to look at the 'Review of Dummy Use and Potential Impact on Breastfeeding' page on the Baby Friendly website. | Members of the group | Sep 2011 |
| CG to circulate the link to this with the minutes. | CG | Mar 2011 |
| RM to purchase copies of LJ's CD-Rom on Breastfeeding from OCB Media. | RM | Feb 2011 |
| CG to contact the Telford Education Centre as a possible venue to hold the Next Breastfeeding Study Day at. | CG | April 2011 |
| CG to e-mail the group the programme from the last Breastfeeding Study Day to see if any changes need to be made. | CG | June 2011 |