



Time = Brain

3 hours to achieve target temperature (33-34°C) in babies eligible for Therapeutic Hypothermia

SEC Regional Active Cooling
Care Pathway

At risk of encephalopathy (one of these)

- Apgar score ≤ 5 **or** ongoing resuscitation / ventilation ≥ 10 minutes after birth
- Severe acidosis (pH < 7.1 **or** BE ≥ -12 mmol/l) ≤ 60 min of birth (cord or postnatal blood)
- Postnatal collapse / asphyxial event

All information

www.tinyurl.com/nhsttimebrain