

“Shaping our Stroke Workforce for the Future in Shropshire and Staffordshire”



Stroke School and Stroke Rehabilitation Modules

Shropshire and Staffordshire Heart and Stroke Network has been supporting the costs of running a Stroke School Module and Stroke Rehabilitation Module with Staffordshire University for 3 years and is currently working with acute trusts to provide further modules in 2012/13. The training is aimed at the multi-disciplinary team (MDT) and enables candidates to achieve a level 1, 2 or 3 qualification depending on their requirements.

There are two types of accredited training available for nursing and the MDT in Shropshire and Staffordshire:

- Stroke School Module 30 credits
- Stroke Rehabilitation Module 30 credits



Each module is a six day course which covers all aspects of stroke management and rehabilitation.

If the candidate completes both modules their 60 credits will provide them with a Diploma in Stroke. This is part of a Flexible Learning Award Programme now offered by Staffordshire University.

Each candidate has to complete a series of competencies, shadow team members in both primary and secondary care settings, keep a reflective diary and demonstrate how the course has positively impacted on the service.

Patient Story

A 51 year old male stroke patient detailed his experience of his first stroke when he was aged 49 and how he was moved into different locations and how the care had been fragmented. Two years later after his second stroke brought him into A&E again he was amazed at the improved service, reporting that staff were confident and knowledgeable about the care he required. He was quickly thrombolysed and his speech returned straight away after treatment.

On the Acute Stroke Unit his therapy commenced straight away and he was aware that staff were following an agreed protocol.

Day Stroke Rehabilitation Module at Staffordshire University
Shropshire and Staffordshire Heart and Stroke Network are funding 3 Stroke Rehabilitation Modules in 2011.

The module is aimed at the multidisciplinary team to improve the knowledge and clinical skills of all staff caring for stroke patients.

Stroke Rehabilitation Course - 6 day course
commencing 3rd March 2011

Day	Topic	Speaker
Monday 07/03/2011	Introduction to the stroke Rehabilitation Course & Competence	Emma Hall & Sue Chambers
Tuesday 08/03/2011	What is a stroke? / What is a stroke? / What is a stroke? / What is a stroke?	Emma Hall
Wednesday 09/03/2011	Stroke Rehabilitation: Concepts / understanding / experiences of stroke	Emma Hall
Thursday 10/03/2011	Explore the students understanding / concepts & experiences	Emma Hall
Friday 11/03/2011	What does rehabilitation mean to the Practitioner? / What does rehabilitation mean? / What does rehabilitation mean?	Emma Hall
Saturday 12/03/2011	What does rehabilitation mean? / What does rehabilitation mean? / What does rehabilitation mean?	Emma Hall

Stroke Rehabilitation Module - 6 day course
commencing 13th March 2011

Day	Topic	Speaker
Monday 13/03/2011	Introduction to the stroke Rehabilitation Course & Competence	Emma Hall & Sue Chambers
Tuesday 14/03/2011	What is a stroke? / What is a stroke? / What is a stroke? / What is a stroke?	Emma Hall
Wednesday 15/03/2011	Stroke Rehabilitation: Concepts / understanding / experiences of stroke	Emma Hall
Thursday 16/03/2011	Explore the students understanding / concepts & experiences	Emma Hall
Friday 17/03/2011	What does rehabilitation mean to the Practitioner? / What does rehabilitation mean? / What does rehabilitation mean?	Emma Hall
Saturday 18/03/2011	What does rehabilitation mean? / What does rehabilitation mean? / What does rehabilitation mean?	Emma Hall

Stroke Rehabilitation Module - 6 day course
commencing 20th March 2011

Day	Topic	Speaker
Monday 20/03/2011	Introduction to the stroke Rehabilitation Course & Competence	Emma Hall & Sue Chambers
Tuesday 21/03/2011	What is a stroke? / What is a stroke? / What is a stroke? / What is a stroke?	Emma Hall
Wednesday 22/03/2011	Stroke Rehabilitation: Concepts / understanding / experiences of stroke	Emma Hall
Thursday 23/03/2011	Explore the students understanding / concepts & experiences	Emma Hall
Friday 24/03/2011	What does rehabilitation mean to the Practitioner? / What does rehabilitation mean? / What does rehabilitation mean?	Emma Hall
Saturday 25/03/2011	What does rehabilitation mean? / What does rehabilitation mean? / What does rehabilitation mean?	Emma Hall

Psychological Care in Stroke

Two day workshop

Friday 30 September & Friday 14 October 2011

Held at Stafford University, Blackheath Lane, Stafford

This 2 day workshop is aimed at all Healthcare Professionals working within Stroke Care

For further information / course registration please contact either:-

Margaret Williams 01785 353677
m.j.williams@staffs.ac.uk
or
Nicola Edwards 07545 422828
nicola.edwards@uhns.nhs.uk

NHS Improvement - Stroke
Psychological care after stroke
Improving stroke services for people with cognitive and mood disorders

Psychological Care in Stroke

The course aims to provide basic introductory training in evidence based psychological interventions to be used with stroke patients. The training is developed from the Department of Health National Stroke Strategy (2007) and more specifically the Accelerating Stroke Improvement programme (2010) which has set targets of 40% of all stroke patients by April 2011 to receive "psychological support for mood, behaviour or cognitive disturbance by six months after stroke."

Learning outcomes and objectives

Delegates will be able to demonstrate how to tackle the necessary changes in services required to implement psychological support after stroke

Delegates will practice and learn to use basic techniques outlined above for working with post stroke patients.

Delegates will learn about different models used for psychological support for stroke and understand the key components of successful models for psychological support.



Detection and Treatment of Atrial Fibrillation

The aim of the training events is to provide health care professionals with the knowledge and skills to detect, diagnose and manage patients with Atrial Fibrillation.

- QM2. Managing risk
- o Risk factors, including hypertension, obesity, high cholesterol, atrial fibrillation (irregular heartbeats) and diabetes, are managed according to clinical guidelines, and appropriate action is taken to reduce overall vascular risk.

- Accelerating Stroke Initiative 1:
- o Proportion of patients with AF presenting with stroke anti-coagulated on discharge (60% by April 2012).
 - o Aspiration and rationale: 60% of patients will be on anti-coagulation or have a plan for anti-coagulation in the medical notes or discharge letter.

The Royal College of Physicians National Sentinel Audit 2008 demonstrated that only 24% of patients with atrial fibrillation (AF) were discharged on warfarin and only a further 9% of people were planned to receive it in the future.



'I found all the presentations extremely interesting and useful. I will be able to take the information and apply to my role as a practice nurse who also runs an anti-coagulation clinic in my surgery'

'An excellent day all round. Will recommend any further days to colleagues and other health care professionals'

'Informative and interesting topic. I believe AF and Stroke has significant relationship when it comes to treatment, causes. CHADS2, CHADSVASC, HASBLED is very informative stuff. Overall excellent topic/presentation.'

'Very informative day, especially CHADS2 and CHADSVASC presentation and HASBLED checklist. As I am hospital based will be very useful in practice.'

STAFFORDSHIRE UNIVERSITY

Shropshire and Staffordshire Heart & Stroke Network

Project Lead: Eunice Foster, Assistant Director