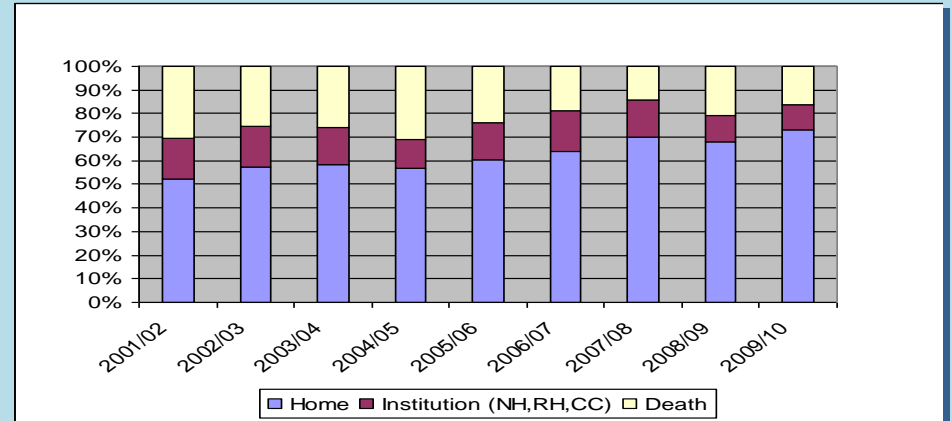
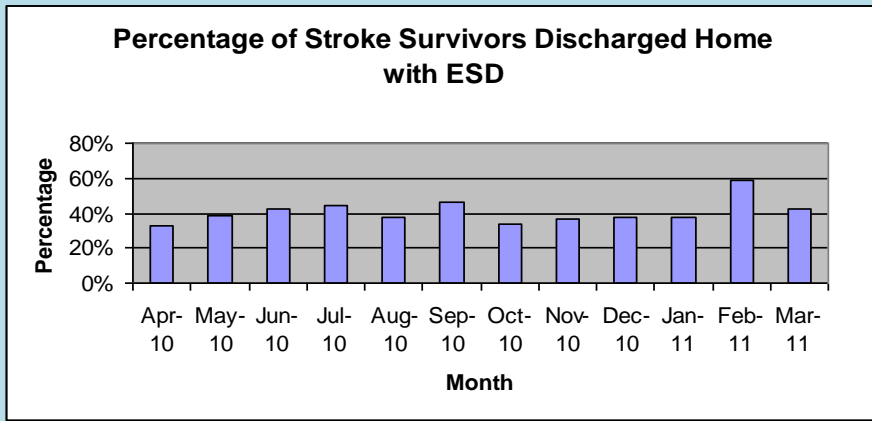


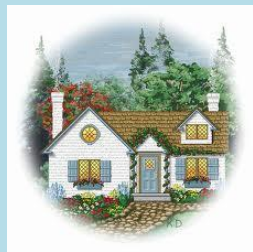
Working with Early Supported Discharge (ESD) - Current Practice

Members of the ESD Team visit the Acute Stroke Unit (Monday to Friday) to discuss potential referrals and meet / assess patients referred to the service. This has resulted in a reduction in Length of Stay on the Acute Stroke Unit



ESD have demonstrated effectiveness in:

- Providing patients with specialised and co-ordinated rehabilitation services at home (including residential and nursing homes)
- Improving patients independence/functional ability and their quality of life following stroke
- Shorter hospital stay in both acute and rehabilitation settings, average Length of Stay in acute is six days
- Reducing readmission rates
- Providing a single point of contact for stroke patients and carers



Early Supported Discharge



Patient Feedback

Cannot express in words and many thanks for everything you did. Will remember with affection each and every one of the team

This was great at a time of distress; you bridged the gap between hospital and home

Extremely caring

I cannot praise the team enough – they gave me my confidence back

Very supportive and helpful

Future Developments

- Six month follow ups for all stroke patients to commence December 2011
- Evaluation of six month follow ups to be carried out
- Set up clinical groups for stroke patients to attend
- Closer working links with The Stroke Association following commencement of Life After Stroke model
- Expand education in nursing homes

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