Patient passport for North West COPD patients

Walk the 7 steps to the best COPD care

I have COPD

1. I have had my diagnosis confirmed by lung function test performed by a qualified person.

2. I feel supported to manage my COPD. I am actively involved in my care and have the opportunity to discuss how I wish to be treated.

3. I have been offered help and support to stop smoking.

4. I know the importance of keeping active and offered the opportunity to improve my activity through exercise and pulmonary rehabilitation if appropriate.

5. I know how and when to take my medicines, and feel able to use my inhalers and other medicines properly.

6. I have a written action plan, rescue medication and know when and how to use them.

7. I see my doctor or nurse routinely at least once a year for review of my lung function, medicines and inhaler technique, breathlessness, activity and oxygen levels, flu vaccination and my action plan.

Working together to improve respiratory care in the North West

For more information write to Preeti.sud@northwest.nhs.uk