Pulmonary Rehabilitation Assistants Course in Exercise Training for Chronic Respiratory Disease

Is This Course For Me?
A distance learning course (with one contact day) for healthcare workers at assistant practitioner level (e.g. physiotherapy and occupational therapy assistants) to provide them with the knowledge and skills required to assist with the exercise component of pulmonary rehabilitation

What Are The Entry Requirements?
- A level 3 NVQ or equivalent level qualification
- Individuals must be currently working as part of a pulmonary rehabilitation team
- Individuals must have endorsement from a member of their pulmonary rehabilitation team

Course Content:
This course has been written and reviewed by a range of clinicians working in the field and provides an up to date insight into the many areas covered including:
- The physiology and pathology of common respiratory conditions
- Management of chronic respiratory disease
- Conducting an ISWT and ESWT
- Responses to exercise in individuals with chronic respiratory disease
- Delivering a safe and effective pulmonary rehabilitation exercise programme for individuals with chronic respiratory disease
- Managing breathlessness
- Considerations for other conditions common in this population

Assessment Methods:
Written case study assignment based on a suitable patient

Individuals must instruct patients in the performance of shuttle walk tests and carry out a number of tests in patients with a range of disease severity.

Course Cost:
£295 per person

Course Dates
The next course will begin in September 2011, applications are now open.

Further Information:
Contact Emma Kingzett
Tel: 01509 515407  E-mail: emma.kingzett@loucoll.ac.uk