

**HSJ Rheumatology and MSK
Disorders Network -
North West
Thursday 17 January 2019
Holiday Inn Haydock**

The HSJ Regional Network meetings are initiated and organised by Wilmington Healthcare. This event is supported by Sanofi through the provision of sponsorship. Amgen and Ampersand have also paid to attend. These companies have had no input into the design or content of the agenda but will be present on the day.

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Facilitator

Paul Midgley

Director of NHS Insight and
HSJ Regional Networks
Wilmington Healthcare





- Newly rebranded to align with Health Service Journal (HSJ)
- New and improved website regionalnetworks.hsj.co.uk
- Wider invitee list to build a stronger network
- Greater emphasis on progressive meetings





Switch mobile phone off or to silent



CPDSO accreditation has been applied for
If you require a certificate please indicate on
the event feedback or let the network events
team know

The CPD Standards Office

CPD PROVIDER: 60075
2017 - 2019

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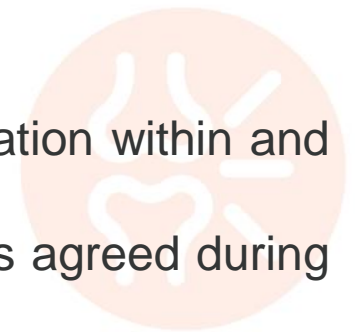
Aims

Improve communication at local and regional level by bringing decision makers together to:

- Have a clearer appreciation of the key issues
- Be better informed
- Develop solutions through collaborative working
- Create new relationships and expanded networks
- Share ideas and experiences
- Share patient experiences, innovation, data, clinical and technological advances

Desired outcomes:

- Each of us leaves today better informed
- A sustainable and relevant platform for effective communication within and outside our STP and wider North West region
- Access to materials from the meeting including local actions agreed during table-based, topic-based discussions



Objectives

- Know what the data says about your outcomes and costs vs comparators, then aim high in your plans to improve
- Learn from each other, network tirelessly, make new friends
- Steal then adapt the best ideas
- Focus on and aim for recovery – what does that look like for patients?
- Provide parity of esteem in every part of the patient's journey
- Really make sure we get value throughout - sweat community assets as part of your strategy, engage all available resources not just NHS
- No 'them and us' – we will all rely on one STP programme budget for treatment of Rheumatic and MSK Disorders



Table Facilitators

If your table has a “facilitator required” sign, please do appoint this role amongst yourselves to assist the smooth running of the discussions and maximise the effectiveness of your time



Facilitator's Crib Sheet

On every table

- Questions posed
- Action points template



AGENDA

12.15pm Registration, lunch and networking

1pm Aims and Objectives: **Paul Midgley**

1.10pm Chair introduction: **Dr Dipak Roy**

Session One: Focus on Inflammatory Arthritis

1.20pm Two talks, table discussion, panel Q+A

2.45pm Break and networking

Session Two: Innovative ways to provide musculoskeletal services

3pm One talk, table discussion, panel Q+A

4.10pm Chair's summary and key actions: **Dr Dipak Roy**

4.15pm Meeting close



SESSION ONE AGENDA

Session One: Focus on Inflammatory Arthritis

- 1.20pm Emotional health and wellbeing matters to the RA Community:
Iain McNicol
- 1.35pm Early Arthritis Service – case study: **Dr Cristina Estrach**
- 1.50pm Table discussion
- 2.20pm Feedback and panel Q&A: **Speakers**
- 2.45pm Break and networking



Welcome and Introduction

“Chair introduction”

Dr Dipak Roy

Consultant Rheumatologist, Tameside
and Glossop Integrated Care NHS
Foundation Trust and BSR Regional
Chair



Session One: Focus on Inflammatory Arthritis

**“Emotional health and wellbeing matters
to the RA Community”**

Iain McNicol

Head of Services, National Rheumatoid
Arthritis Society



Session One: Focus on Inflammatory Arthritis

“Early Arthritis Service – case study ”

Dr Cristina Estrach

Consultant, Aintree University Hospital NHS
Foundation Trust



Table Discussion

- What are your current MSK plan priority themes?
- How well are your MSK services performing and where are improvements needed?
- To what extent have patients been involved in developing service specifications and providing insight into service performance?
- What improvements could you consider in future plans from the above?

Feedback from Tables & Panel Response



Table feedback, discussion and panel Q&A

Tweet your questions #NWRMDN

- Dr Dipak Roy
- Iain McNicol
- Dr Cristina Estrach



Break and networking
- back at 3pm please



SESSION TWO AGENDA

Session Two: Innovative ways to provide musculoskeletal services

- 3pm How musculoskeletal pathways link into the NHS long term plan priorities – example of service: **Dr Louise Warburton**
- 3.20pm Table discussion
- 3.55pm Feedback and panel Q&A: **Speakers**
- 4.10pm Chair's summary and key actions: **Dr Dipak Roy**
- 4.15pm Meeting close



Session Two:

Innovative ways to provide musculoskeletal services

“How musculoskeletal pathways link into the NHS long term plan priorities – example of service ”

Dr Louise Warburton

Clinical Lead for Telford MSK Service (TEMS); Associate Medical Director Shropshire Community NHS Trust; Senior Lecturer Keele University; Past President of the Primary Care Rheumatology Society

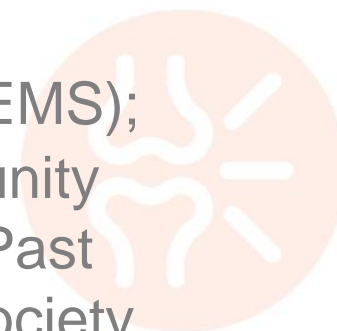


Table Discussion

- What can we learn from the examples we have heard about?
- What innovative and/or high performing services exist in your area that you'd like to share with your table colleagues?
- Are there any practices that are ineffective that can be stopped?
- What aspects of MSK transformation would you now like to prioritise in future plans?

Feedback from Tables & Panel Response



Table feedback, discussion and panel Q&A

Tweet your questions #NWRMDN

- Dr Dipak Roy
- Dr Louise Warburton



Evaluation, Reflections and Key Points

- What are the main points learnt from the meeting?
- What will you share with your local clinical and commissioning colleagues?
- What would you like to change locally as a result?



Thank you for attending the HSJ Rheumatology and MSK Disorders Network – North West meeting

Please complete your feedback via online survey or paper copy
Slides, handouts & group work will be published on the website:

<https://www.networks.nhs.uk/nhs-networks/regional-rheumatology-commissioning-networks>

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