

**HSJ Rheumatology and MSK  
Disorders Network -  
East of England  
Friday 22 March 2019  
Holiday Inn Cambridge**

The HSJ Regional Network meetings are initiated and organised by Wilmington Healthcare. This event is supported by Sanofi through the provision of sponsorship. Other companies may have also paid to attend. These companies have had no input into the design or content of the agenda but will be present on the day.

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# Facilitator

**Paul Midgley**

Director of NHS Insight and  
HSJ Regional Networks  
Wilmington Healthcare





**Switch mobile phone off or to silent**



# Table Facilitators

If your table has a “facilitator required” sign, please do appoint this role amongst yourselves to assist the smooth running of the discussions and maximise the effectiveness of your time



# Facilitator's Guide On every table

- Questions posed
- Action points template

Responses will be uploaded onto the NHS networks website for wider sharing  
Block capitals please for the action points



# Your delegate pack

- Agenda
- Speaker biographies
- Delegate list
- Evaluation form



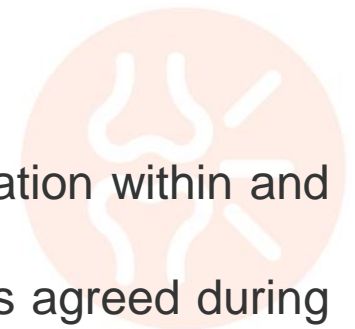
# Aims

Improve communication at local and regional level by bringing decision makers together to:

- Have a clearer appreciation of the key issues
- Be better informed
- Develop solutions through collaborative working
- Create new relationships and expanded networks
- Share ideas and experiences
- Share patient experiences, innovation, data, clinical and technological advances

## Desired outcomes:

- Each of us leaves today better informed
- A sustainable and relevant platform for effective communication within and outside our STP and wider East of England region
- Access to materials from the meeting including local actions agreed during table-based, topic-based discussions



# Objectives

- Know what the data says about your outcomes and costs vs comparators, then aim high in your plans to improve
- Learn from each other, network tirelessly, make new friends
- Steal then adapt the best ideas
- Focus on and aim for full functioning – what does that look like for patients?
- Provide parity of esteem in every part of the patient’s journey think about mental health impact
- Really make sure we get value throughout - sweat community assets as part of your strategy, engage all available resources not just NHS
- No ‘them and us’ – we will all rely on one STP/ICS programme budget for treatment of Rheumatic and MSK Disorders





# SESSION ONE AGENDA

- 1.05pm Chair introduction and implications of the Long Term plan:  
**Dr Gavin Clunie**
- 1.15pm What patients want: **Sue Brown**

## **Session One: Inflammatory arthritis and back pain – Identifying and triaging the right people for/to the right pathway/service**

- 1.35pm **Dr Andra Negoescu**
- 1.50pm **Dr Gavin Clunie**
- 2.05pm Table discussion
- 2.35pm Feedback and panel Q&A: **Speakers**
- 2.50pm Break and networking



# Welcome and Introduction

**“Chair's introduction”**

**Dr Gavin Clunie**

Consultant Rheumatologist and  
Metabolic Bone Physician,  
Cambridge University Hospitals NHS  
Foundation Trust



**“What patients want”**  
**Sue Brown**  
CEO, ARMA



# Session One:

Inflammatory arthritis and back pain –  
Identifying and triaging the right people for/to  
the right pathway/service

**Dr Andra Negoescu**

Consultant Rheumatologist and EIA Lead,  
Cambridge University NHS Foundation Trust

and

**Dr Gavin Clunie**



# Table discussions time

Facilitator's Guide on every table

- Questions posed
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# Table Discussion

Introductions around the table

- How well is MSK triage working in our area for people with IA and IBP?
- What are the main causes of delay in receiving treatment?
- What could we try to improve speed of access to services and ensure capacity in our Rheumatology clinics?

**Feedback from Tables & Panel Response**



# Table feedback, discussion and panel Q&A

## Tweet your questions #EERMDN

- Dr Gavin Clunie
- Sue Brown
- Dr Andra Negoescu



Break and networking  
- back at 3.05pm please





# SESSION TWO AGENDA

## **Session Two: Integrating bone and IA pathways**

- 3.05pm Identifying people at risk of fracture (1e/2e Care Liaison) The Ipswich Fracture liaison service: **Dr Suzanne Lane**
- 3.25pm Royal Osteoporosis Society update: **Jo Sayer**
- 3.35pm Table discussion
- 4.05pm Feedback and panel Q&A: **Speakers**
- 4.25pm Chair's summary and key actions: **Dr Gavin Clunie**
- 4.30pm Meeting close

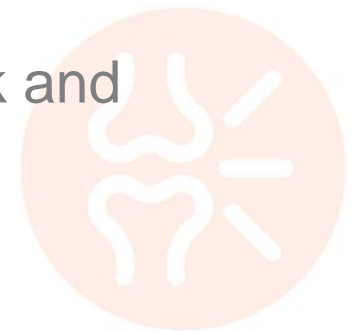


# Session Two: Integrating bone and IA pathways

**“Identifying people at risk of fracture  
(1e/2e Care Liaison) The Ipswich  
Fracture liaison service”**

**Dr Suzanne Lane**

Consultant Rheumatologist, East Suffolk and  
North Essex NHS Foundation Trust



# Session Two: Integrating bone and IA pathways

**“Royal Osteoporosis Society update”**

**Jo Sayer**

Service Delivery Lead and Specialist  
Nurse, Royal Osteoporosis Society



# Table Discussion

- How well is Fracture Prevention working in our area for people at risk? Are there specific examples of outstanding practice?
- What are the main causes of delay in receiving assessment and treatment, in which care settings? Does this affect any particular patient types?
- What could we try that would improve speed of access to assessment and treatment services for the patient cohorts, in which care settings?

## Feedback from Tables & Panel Response



# Table feedback, discussion and panel Q&A

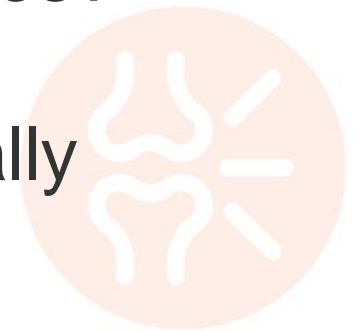
## Tweet your questions #EERMDN

- Dr Gavin Clunie
- Dr Suzanne Lane
- Jo Sayer



# Evaluation, Reflections and Key Points

- What are the main points learnt from the meeting?
- What will you share with your local clinical and commissioning colleagues?
- What would you like to change locally as a result?



## Thank you for attending the HSJ Rheumatology and MSK Disorders Network – East of England meeting

Please complete your feedback via online survey or paper copy  
Slides, handouts & group work will be published on the website:  
<https://www.networks.nhs.uk/nhs-networks/regional-rheumatology-commissioning-networks>

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