

# South West Mental Health Transformation and Sustainability Network

Tuesday 6<sup>th</sup> February 2018  
Holiday Inn Taunton

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# Facilitator

## **Mr Paul Midgley**

Director of NHS Insight, Wilmington Healthcare  
Chair Patient Cabinet & Vice Chair Rushcliffe Active,  
Rushcliffe CCG

Patient and Public Senate Member, East Midlands  
Academic Health Science Network



Switch mobile phone off or to silent



# Aims

Improve communication at local and regional level by bringing decision makers together to:

- Have a clearer appreciation of the key issues
- Be better informed
- Develop solutions through collaborative working
- Create new relationships and expanded networks
- Share ideas and experiences
- Share patient experiences, innovation, data, clinical and technological advances

Desired outcomes:

- Each of us leaves today better informed
- A sustainable and relevant platform for effective communication within and outside our STP and wider South West Region
- Access to materials from the meeting including local actions agreed during table-based, topic-based discussions

# Objectives

- Know what the data says about your outcomes and costs vs comparators, then aim high in your plans to improve
- Learn from each other, network tirelessly, make new friends
- Steal then adapt the best ideas
- Focus on and aim for recovery – what does that look like for patients?
- Provide parity of esteem in every part of the patient's journey
- Really make sure we get value throughout - sweat community assets as part of your strategy, engage all available resources not just NHS
- No 'them and us' – we will all rely on one STP programme budget for treatment of mental health

# Table Facilitators

If your table has a “facilitator required” sign, please do appoint this role amongst yourselves to assist the smooth running of the discussions and maximise the effectiveness of your time

# AGENDA

- 12.15 Registration, lunch and networking
- 13.00 Aims and Objectives: **Mr Paul Midgley**
- 13.10 Chair introduction: **Dr Alison Battersby**
- 13.20 Update on the Devon STP: **Dr Peter Aitken**

## **Session One: Psychosis and SMI LTCs – changing the system to optimise prevention of relapse and long term physical health problems**

- 13.35 One talk, table discussion, panel Q+A
- 14.40 Break and networking
- 14.55 NICE Guidelines Overview: **Mr Chris Connell**

## **Session Two: Adult ADHD – how diagnosing and treating reduces demand in other parts of the system and delivers ROI**

- 15.15 One talk, table discussion, panel Q+A
- 16.25 Chair's summary and key actions: **Dr Alison Battersby**
- 16.30 Meeting close

# SESSION ONE AGENDA

- 12.15 Registration, lunch and networking
- 13.00 Aims and Objectives: **Mr Paul Midgley**
- 13.10 Chair introduction: **Dr Alison Battersby**
- 13.20 Update on the Devon STP: **Dr Peter Aitken**

## **Session One: Psychosis and SMI LTCs – changing the system to optimise prevention of relapse and long term physical health problems**

- 13.35 Early Intervention – Improving Outcomes for People with Psychosis and Serious Mental Illness:  
**Ms Annie Hodgkins**
- 13.55 Table discussion
- 14.25 Feedback and panel Q&A: Speakers
- 14.40 Break and networking

# Welcome and Introduction

**“Chair’s introduction”**

**Dr Alison Battersby**

**Consultant Psychiatrist and Addiction  
Specialist,**

**Livewell Southwest**

“Making accountable care work for Mental Health - update on the Devon STP”

**Dr Peter Aitken**

Director of Medical Education, Director of Research and Clinical Director - Individual Patient Placement Programme, Devon Partnership NHS Trust

# Session One:

Psychosis and SMI LTCs – changing the system to optimise prevention of relapse and long term physical health problems

“Early Intervention – Improving Outcomes for People with Psychosis and Serious Mental Illness”

**Ms Annie Hodgkins**

STEP Team Manager, Somerset Team for Early Psychosis, Somerset Partnership NHS Foundation Trust

# Table Discussion

What are we doing to reduce incidence of psychotic crises beyond involving patients in EIP?

What steps are we taking to increase chances of patients with Psychosis/SMI being routinely screened and treated for any physical health conditions?

What ideas could we consider/take forward to help us improve patient outcomes in both these two aspects of psychosis care within our service, and how can working across the STP help us improve locally?



## Feedback from Tables & Panel Response

Table feedback, discussion  
and panel Q&A  
Tweet your questions #SWMHTSN

- Dr Alison Battersby
- Dr Peter Aitken
- Ms Annie Hodgkins

Break and networking  
- back at 2.55pm please



# SESSION TWO AGENDA

14.55 NICE Guidelines Overview: **Mr Chris Connell**

**Session Two: Adult ADHD – how diagnosing and treating reduces demand in other parts of the system and delivers ROI**

15.15 How can we use patient perspectives to improve services:

**Ms Michelle Beckett**

16.05 Table discussion

16.25 Feedback and panel Q&A: Speakers

16.25 Chair's summary and key actions:

**Dr Alison Battersby**

16.30 Meeting close

# “NICE Guidelines Overview”

Mr Chris Connell

Associate Director, Field Team (South)

NICE

## Session Two:

Adult ADHD – how diagnosing and treating reduces demand in other parts of the system and delivers ROI

**“How can we use patient perspectives to improve services”**

**Ms Michelle Beckett**

CEO, ADHD Action and Adult ADHD  
Patient

# Table Discussion

To what extent do we already have a fully commissioned Adult ADHD service?

How do we develop a robust, sustainable service for adults with ADHD in our STP area?

How can we use local patients' perspectives to improve our services? Who else do we need involved to drive forward a focused response to this problem?

Would we be prepared to be involved in a SW focus group on adult ADHD service development?



## Feedback from Tables & Panel Response

# Table feedback, discussion and panel Q&A

Tweet your questions #SWMHTSN

- Dr Alison Battersby
- Mr Chris Connell
- Ms Michelle Beckett
- Ms Dorothy Mukasa - Interim Head of Mental Health and Learning Disabilities Commissioning, Somerset CCG)

# Evaluation, Reflections and Key Points

- What are the main points you have learnt today?
- What do you intend to feed back to your local clinical team, commissioning team or MDT?
- What do you want to change locally as a result of what you've hear today?

# Thank you for attending the South West Mental Health Transformation and Sustainability Network

Please complete your online feedback survey  
Slides, handouts & group work will be published on  
the website:

<http://www.networks.nhs.uk/nhs-networks/regional-mental-health-commissioning-networks-portal>

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