

South East Mental Health Transformation and Sustainability Network

Tuesday 15th May 2018

20 / 44 delegate responses

Summary of feedback

1. How would you rate this Network Meeting overall?

Excellent	55%
Good	40%
Average	0%
Poor	5%

Comments:

It was good to have the short bite size presentations. Clear, interesting and useful.

Though there were a couple of interesting presentations, particularly re ADHD, the overall afternoon seemed disjointed and rushed, with a lack of table-based discussions with colleagues from differing organisations regarding the presented issues. It was not clear what the outcomes were intended to be, and if felt as if the majority of the content could have been circulated in slides. ADHD being the only exception, as that seemed more of an interactive discussion from a number of diverse sources.

Very informative.

First time at this meeting. Good - enjoyed the content, discussions and interaction with other delegates.

Two very different and interesting sessions, good range of speakers including non professionals.

The team is great. They obviously worked hard to achieve the level of excellence displayed.

Very engaging speakers.

2. How would you rate the content, benefit and delivery of the presentations from Session 1 (Psychosis)?

Excellent	35%
Good	55%
Average	10%
Poor	0%
Did not attend	0%

Comments:

Excellent. Dr P de Silva was particularly interesting - I would have liked to hear more about his work.

Too many stats, and within that, many slides were over complicated, too small to see, and had unlabelled axis making it difficult to work out exactly what was being measured.

Interesting to understand that some of the biggest issues to the sector is keeping up with the monitoring and creating space for more early intervention work. Also that 'silo' thinking here to solutions does not help - some of the issues are possible to unlock through increasing collaboration with other HCPs (example community pharmacy solution used in New Forest with regard to regular monitoring of stable patients via community pharmacy network to free up time and reduce volume of workload on specialists to focus on key more key individuals aspects of their workload.

Good to see nursing initiatives highlighted.

Each topic is very relevant and much needed.

Some idiosyncratic comments and material. Also, quite "medical" at times without good reason.

3. How would you rate the content, benefit and delivery of the presentations from Session 2 (Adult ADHD)?

Excellent	65%
Good	25%
Average	0%
Poor	0%
Did not attend	10%
Did not answer	0%

Comments:

Michelle's narrative was compelling and inspiring those who hear into action. The scale of the problems has not been fully comprehended by authorities. Dr Rene Robertson honest discussion about the issue of capacity in the specialist services and developing sustainable models of care with local clinicians, pharmacists was a challenge to rethink our models of care we commission.

Good to have a patient perspective. The psychiatrist needed slightly more time, would have been interesting to hear about medication used.

Informative; there was a number of differing sources sharing experiences, and audience participation brought some interesting discussion.

Powerful presentation.

Enlightening. Great to hear two views from that of person with condition and consultant. Background and implications of non-action valuable.

Two very good presentations from a service provider and service user perspectives.

This is an area that needs to be flagged up. I admire Michelle Beckett's courage in sharing her life story and her zeal in advocating for others.

Engaging and passionate expert speakers.

4. Did the table discussions meet your expectations in terms of format, relevance and quality?

Excellent	13%
Good	50%
Average	31%
Poor	6%

Comments:

Too little time.*

There was no table discussion.*

Broad experience on Table Agreement re: greater shared and collaborative ways of working required. Recognition that better digital integration for visibility of patient information to prevent duplication of workload and more seamless referral from one HCP to another is essential to create a greater efficient and effective patient pathway.

For various reasons there was little time for table discussions, however the Q&A sessions were valuable.*

This did not happen as we ran short of time. But there was a question and answer session that was useful.*

No doubt, the topics were all relevant and their delivery stimulating.

5. What is the main message you will take back to your colleagues today?

Collecting relevant data to plan for planning & delivering health service is valuable. Dedicated work from all people & organisations involved in this work really make the difference to find the resources that are needed to achieve these aims.

The use of pharmacists to address the capacity demands of specialist clinicians.

Physical Health assessment in SMI - one size does not fit all. arrangements need to be flexible - important for commissioners.

Useful networking and updates.

ADHD is often misdiagnosed and starting to enter parliamentary thinking.

Although my main interest was physical health/mental health. I found the presentation regarding ADHD a key learning point which I will take back to the team.

Stay closer to HCP colleagues and be open to offer / suggest / accept co-working practices in solutions

That we are not doing too badly in our CCG area with regards to ADHD in comparison to other areas around the country.

Better collaborative working and comprehensive health checks on all SMI patients.

Treating ADHD makes a difference to people's lives and saves money.

Very informative and productive in terms of information sharing.

1. Awareness 2. Prevention. Prevention. Prevention 3. The important place of physical health and lifestyle change 4. Need for education and practicing what we preach.

Physical health for people with SMI & diagnosis and treatment for ADHD still require our attention and action in order to improve patients' care.

Quality improvements for physical health can engage non medical clinicians as well as peers.

Screen for adult ADHD.

Don't pick on youngsters taking drugs; it is sugar what kills you early (between 60 - 75).

6. Would you be prepared to speak at future events? If 'Yes' please leave your name and special interest/topic for contribution

Yes - Value of flexible use of Peer Support Workers - Dr Prasanna de Silva

Yes - Substance misuse - Ken Checinski

7. How would you rate the choice of venue and competency and professionalism of the event organisation?

Excellent	70%
Good	30%
Average	0%
Poor	0%

Comments:

All excellent.

Room - good acoustics - good delegate team of organisers - very good food - very nice, impressive selection content, agenda, notifications, directions, timings - excellent.

8. What improvements would you suggest for future Network Meetings?

Social services & commissioners information for health services.

Did not know about car parking arrangements so had to park outside of the venue for three hours maximum. **

More though re intended outcomes, and more interaction on tables to help with networking.

Only two people were left at my table ...unfortunately the others left early. This limited discussion.

Perhaps, a mix of people from different areas to improve networking or having people from two areas sharing/sitting together.

More time for discussion.

Thank you for your comments

**We apologise that the second table discussion did not take place on the day as delegates had started to leave. Please do utilise the online network discussion forum available for this group on <https://www.networks.nhs.uk/nhs-networks/regional-mental-health-commissioning-networks-portal/messageboard>.*

*** Hotel parking arrangements were advised on the final confirmation emails, however please do let us know if you encountered difficulties so we can look into additional parking options.*