

**South East
Mental Health Network
Tuesday 6 November
Holiday Inn Guildford**

The HSJ Regional Network meetings are initiated and organised by Wilmington Healthcare. This event is supported by Janssen through the provision of sponsorship. Myriad has also paid to attend. These companies have had no input into the design or content of the agenda but will be present on the day.

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Facilitator

Paul Midgley

Director of NHS Insight and
HSJ Regional Networks
Wilmington Healthcare





- Newly rebranded to align with Health Service Journal (HSJ)
- New and improved website regionalnetworks.hsj.co.uk
- Wider invitee list to build a stronger network
- Greater emphasis on progressive meetings





Switch mobile phone off or to silent



This meeting is CPDSO accredited
If you require a certificate please indicate on
the event feedback or let the network events
team know

The CPD Standards Office

CPD PROVIDER: 60075
2017 - 2019

www.cpdstandards.com



Aims

Improve communication at local and regional level by bringing decision makers together to:

- Have a clearer appreciation of the key issues
- Be better informed
- Develop solutions through collaborative working
- Create new relationships and expanded networks
- Share ideas and experiences
- Share patient experiences, innovation, data, clinical and technological advances

Desired outcomes:

- Each of us leaves today better informed
- A sustainable and relevant platform for effective communication within and outside our STP and wider South East region
- Access to materials from the meeting including local actions agreed during table-based, topic-based discussions



Objectives

- Know what the data says about your outcomes and costs vs comparators, then aim high in your plans to improve
- Learn from each other, network tirelessly, make new friends
- Steal then adapt the best ideas
- Focus on and aim for recovery – what does that look like for patients?
- Provide parity of esteem in every part of the patient's journey
- Really make sure we get value throughout - sweat community assets as part of your strategy, engage all available resources not just NHS
- No 'them and us' – we will all rely on one STP programme budget for treatment of mental health



STP aide memoire: Aims for Mental Health and Dementia

Improve access to and availability of mental health services

- Significantly more children and young people accessing high quality mental health care
- Specialist perinatal mental health services available locally for all women who need them
- Access to psychological therapies to meet 25% of need

Develop community services, taking pressure off inpatient settings

- All-age mental health liaison services in acute hospitals
- New rehabilitation and services for complex needs

Providing people with holistic care, recognising their mental and physical health needs

- Supporting physical and mental health needs in every interaction
- Including wider needs such as better employment support
- Reduce the health gap between people with mental health problems and the population as a whole



Table Facilitators

If your table has a “facilitator required” sign, please do appoint this role amongst yourselves to assist the smooth running of the discussions and maximise the effectiveness of your time



Facilitator's Crib Sheet

On every table

- Questions posed
- Action points template



AGENDA

- 12 noon Registration, lunch and networking
- 12.45pm Aims and Objectives: **Paul Midgley**
- 12.50pm Chair introduction: **Claire Murdoch**
- 1pm NHS England: **Léa Renoux-Wood**
- 1.30pm GIRFT overview: **Dr Sridevi Kalidindi**
- Session One: Physical Healthcare in Severe Mental Illness**
- 1.45pm Two talks, table discussion, panel Q+A
- 3pm Break and networking
- Session Two: Tackling Enduring Depression**
- 3.35pm Two talks, table discussion, panel Q+A
- 4.45pm Chair's summary and key actions: **Claire Murdoch**
- 5pm Meeting close



SESSION ONE AGENDA

12.45pm Aims and Objectives: **Paul Midgley**

12.50pm Chair introduction: **Claire Murdoch**

1pm NHS England: **Léa Renoux-Wood**

1.30pm GIRFT overview: **Sridevi Kalidindi**

Session One: Physical Healthcare in Severe Mental Illness

1.45pm Update on the Bradford physical healthcare model: **Kate Dale**

2.05pm London Mental Health Transformation programme – improving the physical health of people with SMI: **Ofra Koffman**

2.20pm Directed table discussions

2.40pm Panel Q&A and table feedback

3pm Break and networking



Welcome and Introduction

“Chair introduction” Claire Murdoch

National Mental Health Director for NHS
England; Chief Executive of Central and
North West London NHS Foundation
Trust



“GIRFT overview”

Sridevi Kalidindi

Consultant Psychiatrist in
Rehabilitation & Recover, SLAM
NHS Foundation Trust; National
Clinical Lead, GIRFT Mental
Health Rehabilitation, NHSI



“NHS England – Programme Update”

Léa Renoux-Wood

Programme Manager Older
People's Mental Health and
Dementia, NHS England Mental
Health Team



Session One: Physical Healthcare in Severe Mental Illness

**“Update on the Bradford physical
healthcare model”**

Kate Dale

Physical Health Project Lead, Yorkshire and
Humber AHSN and Bradford District Care
NHS Foundation Trust



Session One: Physical Healthcare in Severe Mental Illness

**“London Mental Health Transformation
programme – improving the physical
health of people with SMI”**

Ofra Koffman

Programme lead, SMI Mortality Gap, Mental
Health Clinical Network



Table Discussion

- What steps are we taking to increase the chances of patients with Psychosis/SMI being routinely screened and treated for any physical health conditions?
- What are we doing to reduce the risks of inducing physical health problems from our prescribing for SMI conditions?
- Who needs to be involved in ensuring physical health checks and management is systematically offered across all parts of the patient's journey, and how are we recording/auditing this?
- What progress have we made in the last 6 months and how can working across the STP/ICS help us continue to improve locally?

Feedback from Tables & Panel Response



Table feedback, discussion and panel Q&A

Tweet your questions #SEMHN

- Claire Murdoch
- Léa Renoux-Wood
- Sridevi Kalidindi
- Kate Dale
- Ofra Koffman



Break and networking
- back at 3.15pm please



SESSION TWO AGENDA

3.15pm NICE – Improving care and support for people with dementia: **Chris Connell**

Session Two: Transforming outcomes for people with T2D

3.35pm Outcomes, pathways and costing developments to improve outcomes for people with severe and persistent depression: **David Kingdon**

3.5pm Treatment pathways for cases of enduring depression: **Catherine Kinane and Anthony Hale**

4.05pm Table discussion

4.25pm Feedback and panel Q&A: **Speakers**

4.45pm Chair's summary and key actions: **Claire Murdoch**

5pm Meeting close



Session Two: Tackling Enduring Depression

**“Outcomes, pathways and costing
developments to improve outcomes for
people with severe and persistent
depression”**

David Kingdon

Professor of Mental Health Care
Delivery, University of Southampton;
Clinical Director (AMH), Southern Health
NHS Trust



Session Two:

Tackling Enduring Depression

“Treatment pathways for cases of enduring depression”

Catherine Kinane

Consultant Psychiatrist and Executive Medical Director, Kent and Medway NHS and Social Care Partnership Trust; Visiting Professor of Health and Social Care, Canterbury Christchurch University

Anthony Hale

Emeritus Professor of Psychiatry
University of Kent



Table Discussion

- Do we have a register of patients with enduring/resistant depression? What are we doing to treat such patients currently, do we commission a specific service and if so where from? Do we know the outcomes this delivers, if so what are they?
- Who needs to be involved in developing a service spec to ensure an optimal recovery-focused service is offered to such patients and what are the success measures/KPIs?
- What progress have we made in the last 6 months and how can working across the STP/ICS help us continue to improve locally?

Feedback from Tables & Panel Response



Table feedback, discussion and panel Q&A

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- David Kingdon
- Catherine Kinane
- Anthony Hale



Evaluation, Reflections and Key Points

- What are the main points learnt from the meeting?
- What will you share with your local clinical and commissioning colleagues?
- What would you like to change locally as a result?



Thank you for attending the South East Mental Health Network meeting

Please complete your feedback via online survey or paper copy
Slides, handouts & group work will be published on the website:

<https://www.networks.nhs.uk/nhs-networks/regional-mental-health-commissioning-networks-portal>

Follow your group **@HSJEvents #SEMHN**

The next meeting will be held on **Wednesday 1 May 2019** –
please share with your colleagues!

