

South East Mental Health Network



The HSJ Regional Network meetings are initiated and organised by Wilmington Healthcare. This event is supported by Janssen through the provision of sponsorship, Myriad have also paid to attend. These companies have had no input into the design or content of the agenda but will be present on the day.

Date: Tuesday 6 November 2018

Venue: Holiday Inn Guildford GU2 7XZ

Chair: Claire Murdoch - National Mental Health Director for NHS England; Chief Executive of Central and North West London NHS Foundation Trust

<p>12 noon Registration, lunch and networking</p> <p>12.45pm Aims and objectives: Paul Midgley – Director of NHS Insight and HSJ Regional Networks, Wilmington Healthcare</p> <p>12.50pm Chair introduction: Claire Murdoch</p> <p>1pm NHS England – Programme update: Older people’s Mental Health and Dementia: Léa Renoux-Wood - Programme Manager Older People’s Mental Health and Dementia, NHS England Adult Mental Health Team</p> <p>1.30pm GIRFT overview: Sridevi Kalidindi - Consultant Psychiatrist in Rehabilitation & Recover, SLAM NHS Foundation Trust; National Clinical Lead, GIRFT Mental Health Rehabilitation, NHSI</p>	<p>2.40pm Panel Q+A/table feedback: Speakers</p> <p>3pm Break and networking</p> <p>3.15pm NICE - Improving care and support for people with dementia: Chris Connell - Associate Director, NICE Field Team (South)</p>
<p>Session One: Physical Healthcare in Severe Mental Illness</p>	
<p>1.45pm Update on the Bradford physical healthcare model: Kate Dale – Physical Health Project Lead, Yorkshire and Humber AHSN and Bradford District Care NHS Foundation Trust</p> <p>2.05pm London Mental Health Transformation programme – improving the physical health of people with SMI: Ofra Koffman – Programme lead, SMI Mortality Gap, Mental Health Clinical Network</p> <p>2.20pm Directed table discussions:</p> <ul style="list-style-type: none"> • <i>What steps are we taking to increase the chances of patients with Psychosis/SMI being routinely screened and treated for any physical health conditions?</i> • <i>What are we doing to reduce the risks of inducing physical health problems from our prescribing for SMI conditions?</i> • <i>Who needs to be involved in ensuring physical health checks and management is systematically offered across all parts of the patient’s journey, and how are we recording/auditing this?</i> • <i>What progress have we made in the last 6 months and how can working across the STP/ICS help us continue to improve locally?</i> 	<p>Session Two: Tackling Enduring Depression</p> <p>3.35pm Outcomes, pathways and costing developments to improve outcomes for people with severe and persistent depression: David Kingdon – Professor of Mental Health Care Delivery, University of Southampton; Clinical Director (AMH), Southern Health NHS Trust</p> <p>3.50pm Treatment pathways for cases of enduring depression: Catherine Kinane – Consultant Psychiatrist and Executive Medical Director, Kent and Medway NHS and Social Care Partnership Trust; Visiting Professor of Health and Social Care, Canterbury Christchurch University and Anthony Hale – Emeritus Professor of Psychiatry, Kent and Medway NHS and Social Care Partnership Trust</p> <p>4.05pm Directed table discussions:</p> <ul style="list-style-type: none"> • <i>Do we have a register of patients with enduring/resistant depression? What are we doing to treat such patients currently, do we commission a specific service and if so where from? Do we know the outcomes this delivers, if so what are they?</i> • <i>Who needs to be involved in developing a service spec to ensure an optimal recovery-focused service is offered to such patients and what are the success measures/KPIs?</i> • <i>What progress have we made in the last 6 months and how can working across the STP/ICS help us continue to improve locally?</i> <p>4.25pm Panel Q+A/table feedback: Speakers</p> <p>4.45pm Chair’s summary and key actions: Claire Murdoch</p> <p>5pm Meeting Close</p>

Wilmington Healthcare Limited reserves the right to change timings, content and speakers at any time

South East Mental Health Network



The HSJ Regional Network meetings are initiated and organised by Wilmington Healthcare. These Events are supported by Janssen through the provision of sponsorship. Myriad have also paid to attend. These companies have had no input into the design or content of the agenda but will be present on the day.

Presentation Overviews

GIRFT Overview

Rehabilitation psychiatry services are essential to help people recover from longer-term mental health problems. These services have evolved in many different ways and look different around the country. Although there is not a one size fits all approach, good rehabilitation services do take a whole system approach and have person-centred care, hope and empowerment at their heart, for those people with the most complex needs in mental health services.

Dr Kalidindi will outline how the process of 'Getting It Right First Time' for Rehabilitation, through NHS Improvement, will support the reduction of unwanted variation, share learning from best practice and improve outcomes for those using Rehabilitation services, as well as the wider mental healthcare systems.

London Mental Health Transformation programme – improving the physical health of people with SMI

A presentation about the work of the pan-London programme which will include examples of good practice in the region and details of an available supporting online resource.