

9th North West Mental Health Commissioning Network

Thursday 9th February 2017

Holiday Inn Haydock

This meeting has been sponsored and supported financially by:
Lundbeck Otsuka Alliance & Shire Ltd

#NWMHCN

Aims and Objectives, Housekeeping

Mr Paul Midgley

Director of NHS Insight, Wilmington Healthcare
Chair Patient Cabinet & Vice Chair Rushcliffe Active,
Rushcliffe CCG

Patient and Public Senate Member, East Midlands
Academic Health Science Network

Network Objectives

- Know what the data says about your outcomes and costs vs comparators, then aim high in your plans to improve
- Learn from each other, network tirelessly, make new friends
- Steal then adapt the best ideas
- Focus on and aim for recovery – what does that look like for patients?
- Provide parity of esteem in every part of the patient's journey
- Really make sure we get value throughout - sweat community assets as part of your strategy, engage all available resources not just NHS
- No 'them and us' – we will all rely on one STP budget

FULL DAY AGENDA

- 10.30 Welcome: **Paul Midgley**
- 10.35 Introduction and Context: **Dr James Kingsland**
- 10.45 Prevention: **Cllr Edward Davie**

Session One: Adult ADHD – service capacity planning to address the real system-wide cost beyond the NHS

- 11.15 Two talks, table discussion, panel Q+A
- 12.30 Lunch
- 13.15 Innovations in Mental Health from around the region and beyond: **Ms Lisa Butland**

Session Two: Recovery focused management of Depression is sustainable and will improve outcomes

- 13.35 Two talks, table discussion, panel Q+A
- 14.40 Tea break

Session Three: Transforming outcomes for people living with Schizophrenia within a sustainable system

- 14.55 One talk, table discussion, panel Q+A
- 16.00 Summary and close

MORNING AGENDA

10.30 Welcome: **Paul Midgley**

10.35 Introduction and Context: **Dr James Kingsland**

10.45 Prevention: **Cllr Edward Davie**

Session One: Adult ADHD – service capacity planning to address the real system-wide cost beyond the NHS

11.15 ADHD and Neurodevelopmental Disorders in Young People in contact with the CJS; implications for children and adult services: **Dr Prathiba Chitsabesan**

11.40 Lancashire Care: an adult ADHD nurse led service: **Ms Jen Lewis-Neill**

12.05 Table discussion

12.20 Feedback and panel Q&A: Speakers

Welcome and Introduction

“Introduction and Context”

Dr James Kingsland OBE

President, National Association of Primary
Care; Chair, National Primary Care
Network

“Prevention”

Councillor Edward Davie

Chair, Lambeth Council Overview and Scrutiny Committee;
Communications, Public Affairs and Health Policy Adviser;
Guardian contributor and Public Health Strategic Consultant,
Mental Health Foundation

Session One:

Adult ADHD – service capacity planning to address the real system-wide cost beyond the NHS

“ADHD and Neurodevelopmental Disorders in Young People in contact with the CJS; implications for children and adult services”

Dr Prathiba Chitsabesan

Consultant Child and Adolescent Psychiatrist,
Pennine Care NHS Foundation Trust

Session One:
Adult ADHD – service capacity planning to
address the real system-wide cost beyond
the NHS

**“Lancashire Care: an adult ADHD nurse
led service”**

Ms Jen Lewis-Neill

Clinical Lead Nurse, Lancashire Care NHS
Foundation Trust

Table Discussion



Feedback from Tables & Panel Response



Table feedback, discussion and panel Q&A

- Dr James Kingsland
- Dr Prathiba Chitsabesan
- Ms Jen Lewis-Neill

Lunch and networking
- back at 1.15pm please



AFTERNOON AGENDA

13.15 Innovations in Mental Health from around the region and beyond: **Ms Lisa Butland**

Session Two: Recovery focused management of Depression is sustainable and will improve outcomes

13.25 Our STP mental health work programme and how this supports recovery from depression as a goal in Cheshire and Wirral Partnership

13.50 The Mersey Care perspective on supporting Recovery from Depression as part of the STP programme

14.15 Table discussion

14.30 Feedback and panel Q&A: Speakers

Session Three: Transforming outcomes for people living with Schizophrenia within sustainable system

14.55 Transforming outcomes for people living with Schizophrenia within a sustainable system: **Professor Paul French**

15.25 Table discussion

15.40 Feedback

15.50 Summary and key learning points: **Dr James Kingsland**

16.00 Meeting close

**“Innovations in Mental Health from
around the region and beyond”**

Ms Lisa Butland

Director of Innovation and Research,
North West Coast AHSN

Session Two:

Recovery focused management of Depression is sustainable and will improve outcomes

“Our STP mental health work programme and how this supports recovery from depression as a goal in Cheshire and Wirral Partnership”

Tim Welch and Helen Bennett

“The Mersey Care perspective on supporting Recovery from Depression as part of the STP programme”

Table Discussion



Feedback from Tables & Panel Response



Table feedback, discussion and panel Q&A

- Dr James Kingsland
- Tim Welch
- Helen Bennett

New local data tools to review at the tea break

Impact of Schizophrenia
Tool



Impact of Depression Tool



Tea break and networking
- back at 2.50pm please



Session Three:

Transforming outcomes for people living with Schizophrenia within a sustainable system

“Transforming outcomes for people living with Schizophrenia within a sustainable system”

Professor Paul French

Mental Health Lead, Greater Manchester, Lancashire and South Cumbria SCN

Table Discussion



Feedback from Tables & Panel Response



Table feedback, discussion and panel Q&A

- Dr James Kingsland
- Prof Paul French

Evaluation, Reflections and Key Points

- What are the main points you have learnt today?
- What do you intend to feed back to your local clinical or CCG team?
- What do you want to change locally as a result?

Thank you for attending the NWMHCN

Please fill in a feedback form

Slides, handouts & group work will be published on the website:

<http://www.networks.nhs.uk/nhs-networks/regional-mental-health-commissioning-networks-portal>

The date of the next meeting is **Wednesday 6th September**, Holiday Inn Haydock

Wilmington
Healthcare

