

Wilmington  
Healthcare

FOR HEALTHCARE LEADERS  
**HSJ**

North East, Yorkshire and  
Humber  
Mental Health  
Transformation and  
Sustainability Network  
Tuesday 5<sup>th</sup> June 2018  
Radisson Blu Durham

The regional Transformation and Sustainability Network meetings are initiated and organised by Wilmington Healthcare. These Events are supported by Shire and Sunovion through the provision of sponsorship. Other companies may have also paid to attend. These companies have had no input into the design or content of the agenda, but will be present on the day.

This is a CPD Standards Office accredited meeting

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#NEYHMHTSN

Tweet your questions and thoughts throughout the day



# Facilitator

## Mr Paul Midgley

Director of NHS Insight, Wilmington Healthcare  
Chair Patient Cabinet & Vice Chair Rushcliffe  
Active, Rushcliffe CCG

Patient and Public Senate Member, East Midlands  
Academic Health Science Network

Greater Nottingham Transformation Partnership  
(ICS) citizen's advisory panel member



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events team know

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**2017 - 2019**

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# Aims

Improve communication at local and regional level by bringing decision makers together to:

- Have a clearer appreciation of the key issues
- Be better informed
- Develop solutions through collaborative working
- Create new relationships and expanded networks
- Share ideas and experiences
- Share patient experiences, innovation, data, clinical and technological advances

Desired outcomes:

- Each of us leaves today better informed
- A sustainable and relevant platform for effective communication within and outside our STP and wider West Midlands Region
- Access to materials from the meeting including local actions agreed during table-based, topic-based discussions

# Objectives

- Know what the data says about your outcomes and costs vs comparators, then aim high in your plans to improve
- Learn from each other, network tirelessly, make new friends
- Steal then adapt the best ideas
- Focus on and aim for recovery – what does that look like for patients?
- Provide parity of esteem in every part of the patient's journey
- Really make sure we get value throughout - sweat community assets as part of your strategy, engage all available resources not just NHS
- No 'them and us' – we will all rely on one STP programme budget for treatment of mental health

# Table Facilitators

If your table has a “facilitator required” sign, please do appoint this role amongst yourselves to assist the smooth running of the discussions and maximise the effectiveness of your time

# AGENDA

- 12.15 Registration, lunch and networking
- 13.00 Aims and Objectives: **Mr Paul Midgley**
- 13.10 Chair introduction: **Ms Michele Moran**
- 13.20 NHS England update: **Ms Ruth Davies**

## **Session One: Psychosis – Making the case for integrating mental health and physical health**

- 13.45 One talk, table discussion, panel Q+A
- 14.55 Break and networking
- 15.10 Two talks

## **Session Two: Adult ADHD – How diagnosing and treating reduces demand in other parts of the system and delivers ROI**

- 15.40 Two talks, table discussion, panel Q+A
- 16.55 Chair's summary and key actions: **Ms Michele Moran**
- 17.00 Meeting close



# SESSION ONE AGENDA

13.00 Aims and Objectives: **Mr Paul Midgley**

13.10 Chair's introduction: **Ms Michele Moran**

13.20 NHS England Update: **Ms Ruth Davies**

## **Session One: Psychosis – Making the case for integrating mental health and physical health**

13.45 Update on the Bradford physical healthcare model: **Ms Kate Dale**

14.05 Table discussion

14.35 Feedback and panel Q&A: Speakers

14.55 Break and networking

# Welcome and Introduction

**“Chair introduction”  
Ms Michele Moran**

Chief Executive, Humber NHS Foundation  
Trust

# **“NHS England Update”**

**Ms Ruth Davies**

Programme Manager (Adult Acute Care),  
Mental Health Team NHS England

# Session One:

## Psychosis – Making the case for integrating mental health and physical health

### **“Update on the Bradford physical healthcare model”**

**Ms Kate Dale**

Physical Health Project Lead, Yorkshire and Humber AHSN and Bradford District Care NHS Foundation Trust

# Table Discussion

What are we doing to reduce incidence of psychotic crises beyond involving patients in EIP?

What steps are we taking to increase chances of patients with Psychosis/SMI being routinely screened and treated for any physical health conditions?

What ideas could we consider/take forward to help us improve patient outcomes in both areas for our STP area and how can working across the STP help us improve locally?



## Feedback from Tables & Panel Response

# Table feedback, discussion and panel Q&A

Tweet your questions #NEYHMHTSN

- Ms Michele Moran
- Ms Ruth Davies
- Ms Kate Dale
- Ms Rachel Reid
- Dr Prasanna de Silva

Break and networking  
- back at 15.10 please



# **“NICE Guidelines Overview”**

**Ms Rachel Reid**

Implementation Facilitator, NICE



**“Neurodevelopmental presentation”**

**Dr Prasanna de Silva**

Consultant Psychiatrist and Lead for  
Physical Health Care, South of Tyne,  
Northumberland Tyne and Wear NHS  
Foundation Trust

# SESSION TWO AGENDA

**Session Two: Adult ADHD – how diagnosing and treating reduces demand in other parts of the system and delivers ROI**

15.40 The benefits of a specialised adult service: **Mr Andrew Jay**

16.00 Benefits of increased diagnosis and treatment of ADHD in adults: **Dr Thomas Elanjithara**

16.20 Table discussion

16.40 Feedback and panel Q&A: Speakers

16.55 Chair's summary and key actions: **Ms Michele Moran**

17.00 Meeting close

## Session Two:

Adult ADHD – how diagnosing and treating reduces demand in other parts of the system and delivers ROI

**“The benefits of a specialised adult service”**

**Mr Andrew Jay**

Non Medical Prescribing Lead,  
Northumberland, Tyne and Wear NHS  
Foundation Trust

## Session Two:

Adult ADHD – how diagnosing and treating reduces demand in other parts of the system and delivers ROI

**“Benefits of increased diagnosis and treatment of ADHD in adults”**

**Dr Thomas Elanjithara**

Consultant Psychiatrist, The Tuke Centre

# Table Discussion

To what extent do we already have a fully commissioned Adult ADHD service?

How do we develop a robust, sustainable service for adults with ADHD in our STP area?

How can we use local patients' perspectives to improve our services? Who else do we need involved to drive forward a focused response to this problem?

Would we be prepared to be involved in an NEYH focus group on adult ADHD service development?



## Feedback from Tables & Panel Response

Table feedback, discussion  
and panel Q&A

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- Dr Thomas Elanjithara
- Ms Rachel Reid
- Dr Prasanna de Silva

# Evaluation, Reflections and Key Points

- What are the main points you have learnt today?
- What do you intend to feed back to your local clinical team, commissioning team or MDT?
- What do you want to change locally as a result of what you've hear today?

# Thank you for attending the North East, Yorkshire & Humber Mental Health Transformation and Sustainability Network

The next meeting is scheduled for **Tuesday 20<sup>th</sup>  
November 2018** at Novotel York.

Please complete your online feedback survey

Remember to request your CPD certificate!

Slides, handouts & group work will be published on  
the website:

<http://www.networks.nhs.uk/nhs-networks/regional-mental-health-commissioning-networks-portal>

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