

# North East, Yorkshire and Humber Mental Health Transformation and Sustainability Network

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**DATE:** Tuesday 5<sup>th</sup> December

**VENUE:** Novotel York Centre

## AGENDA

**Chair:** Dr Deborah Wildgoose - Director of Nursing and Quality, Rotherham Doncaster and South Humber NHS Foundation Trust

**10.00** Registration and refreshments

**10.30** Welcome: **Mr Paul Midgley** - Director of NHS Insight, Wilmington Healthcare

**10.35** Introduction and context: **Dr Deborah Wildgoose**

**10.45** NHS England Adult Mental Health update: **Ms Amy Clark** - Lead for Physical Healthcare for People with SMI and EIP, Mental Health Clinical Policy & Strategy Team, Medical Directorate, NHS England and **Ms Lauren Melleney** – Project Manager, IPS, Mental Health Clinical Policy & Strategy Team, Medical Directorate, NHS England

**Session One: Psychosis – Improving prevention and timely intervention to optimise outcomes**

**11.15** Physical Health Care in Psychosis – how to bridge the Primary-Secondary divide: **Dr Prasanna de Silva** – Consultant Psychiatrist and Lead for Physical Health Care, South of Tyne, Northumberland Tyne and Wear NHS Foundation Trust

**11.35** Update on the EIP Workstream – Yorkshire and Humber: **Dr Stephen Wright** - Co-Chair, Consultant Psychiatrist, Tees Esk and Wear Valley NHS Foundation Trust and Clinical Advisor, Yorkshire and Humber Clinical Network

**11.55** Table Discussion – Managing crisis care more effectively in our area – what are we doing to reduce incidence of crises? What steps are we taking to increase chances of patients in crisis being treated locally? What further steps could we consider to help us improve in both areas?

**12.15** Feedback and Panel Q&A

**12.35** Networking and buffet lunch

**13.10** Better Mental Health for All: **Clr Edward Davie** - Chair, Lambeth Council Overview and Scrutiny Committee; Communications, Public Affairs and Health Policy Adviser; Guardian contributor and Public Health Strategic Consultant, Mental Health Foundation

**Session Two: ADHD – developing a sustainable service for adults with ADHD across the North East, Yorkshire and Humber**

**13.25** How can we use patient perspectives to improve services: **Dr Rob Baskind** – Consultant Psychiatrist and Clinical Lead, Leeds Adult ADHD Service and **Ms Michelle Beckett** - Service User

**13.45** ADHD in Sheffield – an integrated model: **Dr Helen Crimlisk** – Deputy Medical Director and Consultant Psychiatrist, Sheffield Health and Social Care NHS Foundation Trust

**14.05** Table Discussion – How do we develop a robust, sustainable service for adults with ADHD in our STP areas? Who do we need involved to drive forward a focused response to this problem? Would we be prepared to be involved in a NEYH focus group on adult ADHD service development?

**14.25** Feedback and Panel Q&A

**14.45** Break and tea

**Session Three: Depression – building capacity in the community and a recovery-focused service**

**15.00** Depression – building capacity in the community and a recovery-focused service: **Dr Baxi Sinha** – Consultant Psychiatrist and Assistant Clinical Director, Tees, Esk and Wear Valleys NHS Foundation Trust

**15.20** Table Discussion - To what extent are our current depression services set up to promote recovery in each setting? To what extent do our depression pathways follow NICE guidelines? What more could we do to promote recovery from depression in each care setting?

**15.45** Feedback and Panel Q&A

**16.05** Summary and key learning points: **Dr Deborah Wildgoose**

**16.15** Meeting Close