



Wilmington
Healthcare

East Midlands Mental Health Transformation and Sustainability Network

Wednesday 7th March 2018
Yew Lodge Hotel

The regional Transformation and Sustainability Network meetings are initiated and organised by Wilmington Healthcare. These Events are supported by Shire and Sunovion through the provision of sponsorship. Other companies may have also paid to attend. These companies have had no input into the design or content of the agenda, but will be present on the day.

This is a CPD Standards Office accredited meeting

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#EMMHTSN

Tweet your questions and thoughts throughout the day

Facilitator

Mr Paul Midgley

Director of NHS Insight, Wilmington Healthcare

Chair Patient Cabinet & Vice Chair Rushcliffe Active,
Rushcliffe CCG

Patient and Public Senate Member, East Midlands
Academic Health Science Network

Greater Nottingham Transformation Partnership (ICS)
Citizen's Advisory Panel member



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on the event feedback or let the network
events team know

The CPD Standards Office

CPD PROVIDER: 60075

2017 - 2019

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Aims

Improve communication at local and regional level by bringing decision makers together to:

- Have a clearer appreciation of the key issues
- Be better informed
- Develop solutions through collaborative working
- Create new relationships and expanded networks
- Share ideas and experiences
- Share patient experiences, innovation, data, clinical and technological advances

Desired outcomes:

- Each of us leaves today better informed
- A sustainable and relevant platform for effective communication within and outside our STP and wider East Midlands Region
- Access to materials from the meeting including local actions agreed during table-based, topic-based discussions

Objectives

- Know what the data says about your outcomes and costs vs comparators, then aim high in your plans to improve
- Learn from each other, network tirelessly, make new friends
- Steal then adapt the best ideas
- Focus on and aim for recovery – what does that look like for patients?
- Provide parity of esteem in every part of the patient's journey
- Really make sure we get value throughout - sweat community assets as part of your strategy, engage all available resources not just NHS
- No 'them and us' – we will all rely on one STP programme budget for treatment of mental health

Table Facilitators

If your table has a “facilitator required” sign, please do appoint this role amongst yourselves to assist the smooth running of the discussions and maximise the effectiveness of your time

AGENDA

- 12.15 Registration, lunch and networking
- 13.00 Aims and Objectives: **Mr Paul Midgley**
- 13.10 Chair introduction: **Mr Ifti Majid**
- 13.20 Vanguard update: **Ms Adele McCormack**

Session One: Psychosis – Making the case for integrating mental health and physical health

- 13.55 Two talks, table discussion, panel Q+A
- 15.25 Break and networking
- 15.40 NHS England update: **Mr Viral Kantaria and Mr Colbert Ncube**

Session Two: Adult ADHD – How diagnosing and treating reduces demand in other parts of the system and delivers ROI

- 15.50 Two talks, table discussion, panel Q+A
- 16.55 Chair's summary and key actions: **Mr Ifti Majid**
- 17.00 Meeting close

SESSION ONE AGENDA

13.00 Aims and Objectives: **Mr Paul Midgley**

13.10 Chair's introduction: **Mr Ifti Majid**

13.20 Update on the Peterborough & Cambridgeshire Vanguard Primary Care Mental Health service – impact one year on: **Ms Adele McCormack**

Session One: Psychosis – Making the case for integrating mental health and physical health

13.40 Physical Health Care in Psychosis – how to bridge the Primary-Secondary divide: **Dr Prasanna de Silva**

14.00 Derbyshire Physical Health Checks: **Ms April Saunders**

14.20 Table discussion

14.45 Feedback and panel Q&A: Speakers

15.00 Break and networking

Welcome and Introduction

“Chair introduction”

Mr Ifti Majid

Chief Executive,
Derbyshire Healthcare
NHS Foundation Trust

“Update on the Peterborough and Cambridgeshire Vanguard Primary Care Mental Health service – impact one year on”

Ms Adele McCormack

Commissioning and Contract Manager –
Adult Mental Health,
Cambridgeshire and Peterborough CCG

Session One:

Psychosis – Making the case for integrating mental health and physical health

“Physical Health Care in Psychosis – how to bridge the Primary-Secondary divide”

Dr Prasanna de Silva

Consultant Psychiatrist and Lead for Physical Health Care, South of Tyne, Northumberland Tyne and Wear NHS Foundation Trust

Session One:

Psychosis – Making the case for integrating mental health and physical health

“Derbyshire Physical Health Checks”

Ms April Saunders

Physical Health and Wellbeing Lead for
Mental Health, Derbyshire Healthcare
NHS Foundation Trust

Table Discussion

- What are we doing to reduce incidence of psychotic crises beyond involving patients in EIP?
- What steps are we taking to increase chances of patients with Psychosis/SMI being routinely screened and treated for any physical health conditions?
- What is our local data telling us?
- What ideas could we consider/take forward to help us improve patient outcomes in both areas for our STP area and how can working across the STP help us improve locally?



Feedback from Tables & Panel Response

Table feedback, discussion
and panel Q&A

Tweet your questions #EMMHTSN

- Mr Ifti Majid
- Ms Adele McCormack
- Dr Prasanna de Silva
- Ms April Saunders

Break and networking
- back at 3.25pm please



SESSION TWO AGENDA

15.15 **NHS England Update** – Primary Care in Mental Health, Community Mental Health Services and Psychological therapies for people with SMI: **Mr Viral Kantaria** and **Mr Colbert Ncube**

Session Two: Adult ADHD – how diagnosing and treating reduces demand in other parts of the system and delivers ROI

15.30 How can we use patient perspectives to improve services: **Ms Michelle Beckett**

15.50 ADHD diagnosis project (Leicestershire/Lincolnshire and Derbyshire): **Dr Lucy Sitton-Kent**

16.10 Table discussion

16.25 Feedback and panel Q&A: Speakers

16.45 Chair's summary and key actions: **Mr Ifti Majid**

17.00 Meeting close

**“NHS England Update – Primary Care in
Mental Health, Community Mental Health
Services and Psychological therapies for
people with SMI”**

Mr Viral Kantaria

Senior Programme Manager, Adult Mental
Health, NHS England

Mr Colbert Ncube

NHS England

Session Two:

Adult ADHD – how diagnosing and treating reduces demand in other parts of the system and delivers ROI

“How can we use patient perspectives to improve services”

Ms Michelle Beckett

CEO, ADHD Action and Adult ADHD Patient

Session Two:

Adult ADHD – how diagnosing and treating reduces demand in other parts of the system and delivers ROI

**“ADHD diagnosis project
(Leicestershire/Lincolnshire and
Derbyshire)”**

Dr Lucy Sitton-Kent

Implementation and Evaluation Manager,
East Midlands AHSN

Table Discussion

- To what extent do we already have a fully commissioned Adult ADHD service?
- How do we develop a robust, sustainable service for adults with ADHD in our STP area?
- How can we use local patients' perspectives to improve our services? Who else do we need involved to drive forward a focused response to this problem?
- Would we be prepared to be involved in an EM focus group on adult ADHD service development?



Feedback from Tables & Panel Response

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- Mr Ifti Majid
- Mr Viral Kantaria
- Mr Colbert Ncube
- Ms Michelle Beckett
- Dr Lucy Sitton-Kent

Evaluation, Reflections and Key Points

- What are the main points you have learnt today?
- What do you intend to feed back to your local clinical team, commissioning team or MDT?
- What do you want to change locally as a result of what you've hear today?

Thank you for attending the East Midlands Mental Health Transformation and Sustainability Network

The next meeting is scheduled for **Wednesday 19th September 2018** at Yew Lodge Kegworth

Please complete your online feedback survey

Remember to request your CPD certificate!

Slides, handouts & group work will be published on the website:

<http://www.networks.nhs.uk/nhs-networks/regional-mental-health-commissioning-networks-portal>

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