

Wilmington
Healthcare

EMMHTSN 20th September 2017

Table discussion notes

①

GAPS

MONEY

WORKFORCE - KNOWLEDGE
CAPACITY

OUTCOMES BASED COMMISSIONING

OPPORTUNITIES

LESS TRANSITIONING TO
ADULT

ACCESS - DIAGNOSIS

SHARED CARE

TRUE
PARTNERSHIP
PUBLIC HEALTH
PRIMARY CARE / SEC.

GAPS + OPPORTUNITIES.

- CONSISTENT FUNDING
- ACCESS CRITERIA STANDARDISED
- DIAGNOSTIC TOOLS
- SHARED CARE PROTOCOLS
- SOCIAL ASSETS + VOL SECTOR PROVISION
- PATHWAYS + AFTERCARE
- WORKING WITH PROBATION
- EDUCATION ACROSS DIFFERENT ORGS.

OTHER FACTORS

- COST - MISSED MEDS (WASTAGE) + UNUSED MEDS
- TRANSITION BETWEEN CHILDREN + ADULTS
- ONGOING CARE + PHYSICAL HEALTH CHECKS
- INFO SHARING ACROSS ORGS
- BENEFIT SYSTEM - INCENTIVES / SANCTIONS
- GP RELUCTANCE + COMPETENCY FOR SHARED CARE

3 GAPS

Geographical differences
(City & County)
within services

① Not enough beds which means
the ones we have are not used
efficiently/effectively

② POOR STAFF NUMBERS + RETENTION IN ACUTE

③ Lack of money in the system

MOT.

Nottm ②

3 TRANSFORMATION OPPORTUNITIES

① Own version of STP.

② Trying to have a consistent care
pathway model - consistent viewpoint
to maintain services

③ Micaea Support staff to
work across the different
plways to have a seamless
sector to relay to commissioners
& get them on board.

LLR②

(Part of)
esteem) Physical health of people with
mental illness. (LLR)

- (1) Active lifestyle approaches may not be high priority for pts or for some practitioners
- (2) ~~Job~~ Skill mix - mental health facilitators, psychiatric nurses, community liaison nurses - follow up = better maybe for AD pts.
- (3) Early access - probably better in ^{2ndary} care / inpatient settings, but depends on ~~the~~ patients - psychiatric intensive care pts probably not interested.

LLR STP③

↓ INPATIENT PSYCHOSES

- * WEEKLY MEETINGS \pm S.S. RE DELAYED DISCHARGES / HOUSING
- * ONE STOP PSYCHOSIS SERVICE
- * REORGANISE INPATIENT TO LOCALITY / SPECIALIST SERVICES - BETTER PATIENT OUTCOMES - NICE COMPLIANT TREATMENTS
- * IMPROVED DAY SERVICES
- * REVAMPED CRISIS SERVICE - SERVICE EXCLUSION CRITERIA. ? SELF REFERRAL?
 - ↳ CONSENT!
 - ↳ INSIGHT!

WHAT IS NEEDED LCR STB (3)

AUDIT
current state
of service

- PREVALENCE ^{Public health}
- NICE GUIDELINES
- OUTCOMES
- AIMS / OBJECTIVES

HOW - training for all staff
Robust ASS
- REF TO *SPECIALIST TEAM

CLEAR PATHWAY

* STAND ALONE ?? ACROSS
(NOT VIA CMHT'S) CHILD / ADULT

REF - ALL INC: - GP ? who manages.
- Education - CAMHS Other
- ADULT co-morbidities
- SERVICES

FUNDING - ? FROM current budget

(need for them to be in other services.)

SHARED CARE
- MONITORING
- PRESCRIPTION

Nottinghamshire (2)

Various ADHD COURSES Available

Management of co-morbidity can take over the ADHD diagnosis

GP's & CCG's refuse to describe

County refer to City - no follow ups after diagnosis

Inputs from 'areas' across board but nothing cohesive

No comprehensive or consistent offer
- not seen @ a consistent area.

How to
Spread confidence
Spread knowledge

How to get a CONSISTANT service?

PROACTIVE APPROACHES TO UNCOVERING DEPRESSION + TACKLING STIGMA:-

NOTES ST 1+2

① COHORT / GENERATIONAL FACTORS
→ IN STAFF + PATIENTS

⇒ IMPLIES A NEED FOR A RANGE OF OPTIONS

⇒ NEEDS + SKILLS + CONFIDENCE OF STAFF + SERVICE USERS NEED TO BE SURVEYED + PLANNED FOR

② STIGMA:- ARGUABLY

"THERE IS NO SUCH THING AS AN 'UNSTIGMATISING' CONTACT"

⇒ ITS ABOUT DELIVERY THAT

IS VALUED + VALUABLE TO

THE SERVICE USER
⇒ SOLUTIONS NEED TO BE DEVELOPED IN PARTNERSHIP

③ INDIVIDUAL NEEDS + PREFERENCES NEED TO BE INCORPORATED INTO THE SERVICE DELIVERY MODELS ON OFFER

→ F2F MAY BE IMPORTANT FOR SOME

→ DIGITAL METHODS MAY BE CONVENIENT FOR OTHERS

"MIXED ECONOMY"

⇒ DEVELOPING A HOLISTIC MODEL OF SERVICE DELIVERY

LINCOLNSHIRE

02

• Now - Focus on hitting the target - miss the point

* Value the work done by the team NOT on the price

So able to deliver what is needed

* ↑ Community Team Investment

* Dual diagnosis Gap.

LINCOLNSHIRE

- Identify the cost of doing nothing + Risks
- Information sharing between ALL organisations to gain size of ~~issue~~ ^{need}
- Centre on the patient Journey
- Focus on quality + Experience
- Develop 'borrow' best model that works for Lincolnshire that is All AGE. No TRANSITION

TOP 3 GAPS.

1. PSYCHO/SOCIAL INTERVENTIONS - AFTER CARE
2. PARTNERSHIP WORKING ACROSS ORGS.
3. DATA + UNDERSTANDING

TOP 3 OPPORTUNITIES

1. CONSISTENT PATHWAY
2. ASSESSMENT / ACCESS CRITERIA
3. POOLED RESOURCES.

GAPS

1. uncertainty, over rates / prevalence
e.g. undiagnosed in children
2. issues re: prescribing in 1^o/2^o graduates vs new cases transition
3. new cases diagnosis delays / creation of expectancy.
4. ? over-reliance of med. spectrum
5. fragmentation ↗

OPPORTUNITY:

- lots.
- parenting interventions
- better case finding in childhood
- better transition arrangements
- non-medical approaches
e.g. white on white
- shared care