

**East Midlands Mental Health Transformation and Sustainability Network**

Wednesday 20th September 2017

Summary of feedback

**1. Were you satisfied with the chairing and structure for the meeting?**

Yes	90%
No	
No answer	10%

**Comments:**

We did run a bit late but that was due to the interest one of the topics generated before lunch and was in no way a reflection on the chair who negotiated rejigged times.

**2. Did the table discussions meet your expectations in terms of relevance and quality?**

Yes	90%
No	5%
No answer	5%

**Comments:**

I wonder whether we needed reminding that we are probably meant to be thinking of ideas and solutions, and need to progress thinking from what is actually happening. It would be really good to have someone designated at each table to collect ideas and present the relevant information, and possibly guide discussion back to the ideas and solutions?

I had a really good day talking to colleagues from my STP area. All 3 broad topic areas were interesting and relevant.

Table feedback too long.

Too much to cover for the time given.

**3. How would you rate the content, relevance and benefit of the presentations from Session 1 (Adult ADHD and STPs)?**

Excellent	28%
Good	60%
Average	
Poor	
Did not attend	6%
No answer	6%

**Comments:**

Shows the unintended consequences of having a service with only a small team, that becomes flooded by the need.

Like to see less medically dominated.

Something on older people would be good in future.

It was difficult on some to link the presentations to the required following discussions as the themes were not always evident.

Very good to give presentations which are contrasting different type of services. It gives clear idea of the variation in quality of services available and what is possible.

**4. How would you rate the content, relevance and benefit of the presentations from Session 2 (Psychosis)?**

Excellent	28%
Good	50%
Average	5%
Poor	
Did not attend	5%
No answer	12%

**5. How would you rate the content, relevance and benefit of the presentations from Session 3 (Depression)?**

Excellent	34%
Good	45%
Average	5%
Poor	
Did not attend	10%
No answer	6%

**Comments:**

Lincolnshire presentation poor.

**6. What is the main message you will take back to your colleagues today?**

To continue to think of solutions - eg I now would like to compare the Chronic Pain management programme, Turning points's recovery programme, the PIER team's support programme and the leicester recovery college. I would like to set up a similar programme for the complex mental health patients with neurodevelopmental problems. talking to people, for all the talk of integration, it appears that funding streams are very closely guarded.

That I had a really useful meeting with the opportunity to network. Each session held my interest, and I will use some lessons learned in my work.

Solutions come from us, not just more money.

Need to include more about ADHD in nurse training.

Disparity in region in service provision, restructuring focus In Notts - appear at a different place on a different journey and appear to be losing quality for quantity.

General feedback on changes in AMH.

That even without major cash injections by sharing we can make service improvements at no little cost.

Look at the possibilities from a system perspective as step one.

Highlight the different ways of working across the board and the difference in prioritisation of MH services.

That have to do quite a lot of work locally to achieve reasonable standards of services in ADHD and parity of esteem between mental and physical health.

Fragmentation is a rally threat to continuity of care.

Need to consider how to more widely engage with non-health services in delivering effective STPs.

Public involvement Digital Continuity of care Long term condition Skeuomorph.

**7. Would you be prepared to speak at future events? If 'Yes' please leave your name and special interest/topic for contribution**

Dr Pradeep Dhall - ADHD service provision across the lifespan

John Hague - First Episode Psychosis.

Lois Dugmore - Dual Diagnosis

Mark Holmes - (or one of team ) on personality disorder, the use of peer mentors, alcohol related brain damage, patient experiences of mental health, substance misuse, parity of esteem, self care / health trainers

**8. How would you rate the competency and professionalism of the event organisation?**

Excellent	72%
Good	22%
Average	
Poor	
No answer	6%

**Comments:**

Really impressed.

Please continue these sessions as I find them inspiring and useful for networking. Be aware that Milton Keynes CCG has decided to be part of Thames Valley clinical networks including mental health. There is therefore no overlap with their STP footprint.

***Thank you for your comments***