

Wilmington
Healthcare



We're 6
today!

East Midlands Mental Health Transformation and Sustainability Network

Wednesday 20th September 2017
Yew Lodge Hotel, Kegworth

This meeting has been sponsored
and supported financially by
Lundbeck Otsuka Alliance & Shire
Ltd

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#EMMHTSN

Tweet your questions and thoughts throughout the day

Aims and Objectives, Housekeeping

Mr Paul Midgley

Director of NHS Insight, Wilmington Healthcare

Chair Patient Cabinet & Vice Chair Rushcliffe Active,
Rushcliffe CCG

Patient and Public Senate Member, North East Yorkshire
& Humber Academic Health Science Network

Network Objectives

- Know what the data says about your outcomes and costs vs comparators, then aim high in your plans to improve
- Learn from each other, network tirelessly, make new friends
- Steal then adapt the best ideas
- Focus on and aim for recovery – what does that look like for patients?
- Provide parity of esteem in every part of the patient's journey
- Really make sure we get value throughout - sweat community assets as part of your strategy, engage all available resources not just NHS
- No 'them and us' – we will all rely on one STP budget

FULL DAY AGENDA

- 10.30 Welcome: **Mr Paul Midgley**
- 10.35 Introduction and context: **Mr Ifti Majid**
- 10.50 Better Mental Health for All **Cllr Ed Davie**

Session One: How do we move towards commissioned, outcome based, integrated ADHD services?

- 11.20 Two talks, table discussion, panel Q+A
- 12.40 Lunch

Session Two: Psychosis – Transforming patient outcomes and reducing the bed crisis

- 13.20 Two talks, table discussion, panel Q+A
- 14.40 Break and refreshments

Session Three: Uncovering depression – adapting accountable care services to tackle hard to treat service users

- 15.00 Two talks, table discussion, panel Q+A
- 16.15 Summary and close

MORNING AGENDA

- 10.30 Welcome: **Mr Paul Midgley**
- 10.35 Introduction and context: **Mr Ifti Majid**
- 10.50 Better Mental Health for All: **Cllr Edward Davie**

Session One:

How do we move towards commissioned, outcome based integrated ADHD services?

- 11.20 Adult ADHD – special interest clinic experiences: **Dr Mithilesh Jha**
- 11.40 Integrating transition with CAMHS and scaling up to cope with demand – the Northamptonshire approach: **Dr Pradeep Dhall**
- 12.00 Table discussion
- 12.20 Feedback and panel Q&A: Speakers plus **Dr Sohrab Panday**
- 12.40 Networking and buffet lunch

Welcome and Introduction

“Introduction and Context”

Mr Ifti Majid

Acting Chief Executive

Derbyshire Healthcare NHS Foundation
Trust

“Better Mental Health for All”

Councillor Edward Davie

Chair, Lambeth Council Overview and Scrutiny Committee; Communities Lead, Mental Health Foundation

Session One:
How we are moving towards
commissioned, outcome based integrated
ADHD services

**“Adult ADHD – special interest clinic
experiences”**

Dr Mithilesh Jha

Honorary Lecturer and Trust Lead for
ADHD

University of Lincoln and Lincolnshire
Partnership NHS Foundation Trust

Session One:

How we are moving towards
commissioned, outcome based integrated
ADHD services

**“Integrating transition with CAMHS and
scaling up to cope with demand – the
Northamptonshire approach”**

Dr Pradeep Dhall

Speciality Doctor

Northamptonshire Healthcare NHS
Foundation Trust

Table Discussion

How do we move towards a comprehensive, commissioned, outcome based integrated ADHD service for adults in our STP area?

Consider factors such as workforce, demand, capacity, quality, configuration, technology and budget implications.

Identify at least 3 gaps and 3 transformation opportunities (including what would be needed to take them forward).



Feedback from Tables & Panel Response

Table feedback, discussion and panel Q&A

Tweet your questions #EMMHTSN

- Mr Ifti Majid
- Cllr Edward Davie
- Dr Mithilesh Jha
- Dr Pradeep Dhall
- Dr Sohrab Panday

How do we move towards a comprehensive, commissioned, outcome based integrated ADHD service for adults in our STP area?

Consider factors such as workforce, demand, capacity, quality, configuration, technology and budget implications.

Identify at least 3 gaps and 3 transformation opportunities (including what would be needed to take them forward).

Lunch and networking
- back at 1.20pm please



AFTERNOON AGENDA

Session Two:

Psychosis – Transforming patient outcomes and reducing the bed crisis

- 13.20 Implementing EIP in Northamptonshire:
Ms Sue Jugon and Dr Marlene Kelbrick
- 13.40 Management of psychosis in the community:
Dr Fabida Noushad
- 14.00 Table discussion
- 14.20 Feedback and panel Q&A: Speakers plus
Dr Sohrab Panday and Dr Debasis Das
- 14.40 Break and refreshments

AFTERNOON AGENDA

Session Three:

Uncovering depression – adapting accountable care services to tackle hard to treat service users

- 15.00 Using technology to meet NHS needs in mood disorder, self-harm and anxiety in young people and adults: **Professor Richard Morriss**
- 15.20 Designing services with the patient in mind: **Mr Mat Rawsthorne**
- 15.40 Table discussion
- 15.55 Feedback and panel Q&A: Speakers plus **Dr Sohrab Panday**
- 16.15 Summary and close

Session Two:
Psychosis – Transforming patient
outcomes and reducing the bed crisis

“Implementing EIP in Northamptonshire”

Ms Sue Jugon

Operations Manager

Northamptonshire Healthcare NHS Foundation
Trust

Dr Marlene Kelbrick

Consultant Psychiatrist

Northamptonshire Healthcare NHS Foundation
Trust

Session Two:
Psychosis – Transforming patient
outcomes and reducing the bed crisis

**“Management of psychosis in the
community”**

Dr Fabida Noushad

Consultant Psychiatrist, Assertive Outreach
Team

Leicestershire Partnership NHS Trust

Table Discussion

What progress are we making to transform patient outcomes and reducing the acute admissions for patients with psychosis?

Consider factors such as workforce, demand, capacity, quality, configuration, technology and budget implications.

Identify at least 3 gaps and 3 transformation opportunities (including what would be needed to take them forward).



Feedback from Tables & Panel Response

Table feedback, discussion and panel Q&A

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- Mr Ifti Majid
- Ms Sue Jugon
- Dr Marlene Kelbrick
- Dr Fabida Noushad
- Dr Sohrab Panday
- Dr Debasis Das

What progress are we making to transform patient outcomes and reducing the acute admissions for patients with psychosis?

Consider factors such as workforce, demand, capacity, quality, configuration, technology and budget implications.

Identify at least 3 gaps and 3 transformation opportunities (including what would be needed to take them forward).

Tea break and networking
- back at 3.15pm please



Session Three:

Uncovering depression – adapting accountable care services to tackle hard to treat service users

“Using technology to meet NHS needs in mood disorder, self-harm and anxiety in young people and adults”

Professor Richard Morriss

Professor of Psychiatry and Community Mental Health, University of Nottingham and Honorary Consultant, Nottinghamshire Healthcare NHS Foundation Trust

Session Three:
Uncovering depression – adapting
accountable care services to tackle hard to
treat service users

**“Designing services with the patient in
mind”**

Mr Mat Rawsthorne

Service User Consultant (Mood Disorders)
University of Nottingham

Table Discussion

What are we doing locally to proactively uncover depression and tackle stigma?

Consider factors such as workforce, demand, capacity, quality, configuration, technology and budget implications.

Identify at least 3 gaps and 3 transformation opportunities (including what would be needed to take them forward).



Feedback from Tables & Panel Response



Table feedback, discussion and panel Q&A

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- Mr Ifti Majid
- Professor Richard Morriss
- Mr Mat Rawsthorne
- Dr Sohrab Panday

What are we doing locally to proactively uncover depression and tackle stigma?

Consider factors such as workforce, demand, capacity, quality, configuration, technology and budget implications.

Identify at least 3 gaps and 3 transformation opportunities (including what would be needed to take them forward).

Evaluation, Reflections and Key Points

- What are the main points you have learnt today?
- What do you intend to feed back to your local clinical team, commissioning team or MDT?
- What do you want to change locally as a result of what you've hear today?

Thank you for attending the East Midlands Mental Health Transformation and Sustainability Network

The next meeting is provisionally scheduled for **Wednesday 7th March 2018**

Please complete your online feedback survey

Slides, handouts & group work will be published on the website:

<http://www.networks.nhs.uk/nhs-networks/regional-mental-health-commissioning-networks-portal>

Follow your group **@WilmHealthcare**
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