



The regional Transformation and Sustainability Network meetings are initiated and organised by Wilmington Healthcare. The Mental Health events are supported by Lundbeck, Otsuka and Shire through the provision of financial sponsorship only. Delegates may include members of these companies and other companies who have paid to attend. All attendees from the companies above have had no input into the design or content of the agenda.

EAST MIDLANDS MENTAL HEALTH TRANSFORMATION AND SUSTAINABILITY NETWORK

Wednesday 20th September 2017

Yew Lodge Hotel, 33 Packington Hill, Kegworth, Derby, DE74 2DF

AGENDA

Chair: Mr Ifti Majid – Acting Chief Executive, Derbyshire Healthcare NHS Foundation Trust

- 10.00 Registration and refreshments
- 10.30 Welcome: **Mr Paul Midgley** - Director of NHS Insight, Wilmington Healthcare
- 10.35 Introduction and context: **Mr Ifti Majid**
- 10.50 Better Mental Health for All: **Councillor Edward Davie** – Chair, Lambeth Council Overview and Scrutiny Committee; Communities Lead, Mental Health Foundation

Session One: How we are moving towards commissioned, outcome based integrated ADHD services

- 11.20 Adult ADHD – special interest clinic experiences: **Dr Mithilesh Jha** – Honorary Lecturer and Trust Lead for ADHD, University of Lincoln and Lincolnshire Partnership NHS Foundation Trust
- 11.40 Integrating transition with CAMHS and scaling up to cope with demand - the Northamptonshire approach: **Dr Pradeep Dhall** – Speciality Doctor, Northamptonshire Healthcare NHS Foundation Trust
- 12.00 Table Discussion: How do we move towards a comprehensive, commissioned, outcome based integrated ADHD service for adults in our STP area?
- 12.20 Feedback and Panel Q&A: Speakers plus **Dr Sohrab Panday** – Clinical Lead Mental Health Commissioning, Hardwick CCG
- 12.40 Networking and buffet lunch

Session Two: Psychosis – Transforming patient outcomes and reducing the bed crisis

- 13.20 Implementing EIP in Northamptonshire: **Ms Sue Jugon** – Operations Manager, Northamptonshire Healthcare NHS Foundation Trust and **Dr Marlene Kelbrick** – Consultant Psychiatrist, Northamptonshire Healthcare NHS Foundation Trust
- 13.40 Management of psychosis in the community: **Dr Fabida Noushad** – Consultant Psychiatrist, Assertive Outreach Team, Leicestershire Partnership NHS Trust
- 14.00 Table Discussion: What progress are we making to transform patient outcomes and reducing the acute admissions for patients with psychosis?
- 14.20 Feedback and Panel Q&A: Speakers plus **Dr Sohrab Panday**; **Dr Debasis Das** - Consultant Psychiatrist, Leicestershire Partnership NHS Trust; Quality Lead, School of Psychiatry, Health Education England East Midlands and Clinical Lead, Early Intervention Psychosis, East Midlands Clinical Network
- 14.40 Break and tea

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Session Three: Uncovering depression – adapting accountable care services to tackle hard to treat service users

- 15.00 Using technology to meet NHS needs in mood disorder, self-harm and anxiety in young people and adults: **Professor Richard Morriss** - Professor of Psychiatry and Community Mental Health, University of Nottingham, and Honorary Consultant, Nottinghamshire Healthcare NHS Foundation Trust
- 15.20 Designing services with the patient in mind: **Mr Mat Rawsthorne** – Service User Consultant (Mood Disorders), University of Nottingham
- 15.40 Table Discussion: What are we doing locally to proactively uncover depression and tackle stigma?
- 15.55 Feedback and Panel Q&A: Speakers plus **Dr Sohrab Panday**
- 16.10 Summary and key learning points: **Mr Ifti Majid**
- 16.15 Meeting close

About Wilmington Healthcare

Wilmington Healthcare brings together the well-established healthcare insight and networking capabilities of Binley's, NHS, Wellards and HSJ to create an unrivalled healthcare data, education and information resource with outstanding analytics competences.

Its Commissioning Excellence directorate works with the NHS, charities and industry to analyse activity and support service redesign. Regional Commissioning Network events allow the pharmaceutical, NHS and technology sectors to meet and share ideas and best practice across the country.

Wilmington Healthcare is part of Wilmington plc (whose focus is on three key knowledge areas, Healthcare, Risk & Compliance, and Professional).

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