

# West Midlands Diabetes Transformation and Sustainability Network

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**DATE:** Wednesday 13<sup>th</sup> September    **VENUE:** Manor Hotel Meriden

## AGENDA

**Chair:** Professor Ian Macdonald - Professor of Metabolic Physiology, University of Nottingham

**12.30** Registration and buffet lunch

**13.30** Welcome: **Mr Paul Midgley** - Director of NHS Insight, Wilmington Healthcare

**13.35** Chair's Introduction – Transformation in the Prevention of Diabetes: **Professor Ian Macdonald**

**13.45** Update on regional activities: **Mr Peter Shorrick** – Midlands Regional Head, Diabetes UK

### Session One: Transforming Prevention of Diabetes

**14.00** Local Implementation of the Diabetes Prevention Programme – What have we learnt and how do we engage those for whom DPP is not suitable or declined?: **Dr Sri Bellary** - Consultant Physician - Diabetes and Endocrinology, Heart of England NHS Foundation Trust; Senior Lecturer- Metabolic Medicine, Aston University, Birmingham

**14.15** Local service innovation around weight management and preventing T2D: **Ms Michelle Smitten** – Health and Wellbeing - Department Manager, Gateway Family Services CIC and **Ms Caroline Mackie** – Programme Coordinator, Gateway Family Services CIC

**14.30** Table Discussion in STP Footprint Areas: “Scaling up diabetes prevention – DPP and beyond”

**14.50** Feedback and panel Q&A: Speakers plus **Dr Jacquie Lavin** – Head of Nutrition and Research, Slimming World

**15.05** Break and networking

### Session Two: Transforming Outcomes for People with T2D

**15.20** Redesigning diabetes with the patient at the centre/Shared care – what have we learnt: **Dr Winston Crasto** – Consultant in Diabetes and Endocrinology, George Eliot Hospital NHS Trust

**15.35** Working together to transform services for people with diabetes – the Worcestershire approach: **Ms Emma Fisher** – Diabetes Commissioning Lead, South Worcestershire CCG and **Ms Rosanne Dunkley** – Specialist Diabetes Dietician, Worcestershire Acute Hospitals NHS Trust

**15.50** Table Discussion in STP Footprint Areas: “What can we adopt to transform outcomes for people with T2D within existing programme budgets?”

**16.10** Feedback and panel Q&A: Speakers

**16.25** Chair's Summary: **Professor Ian Macdonald**

**16.30** Meeting Close