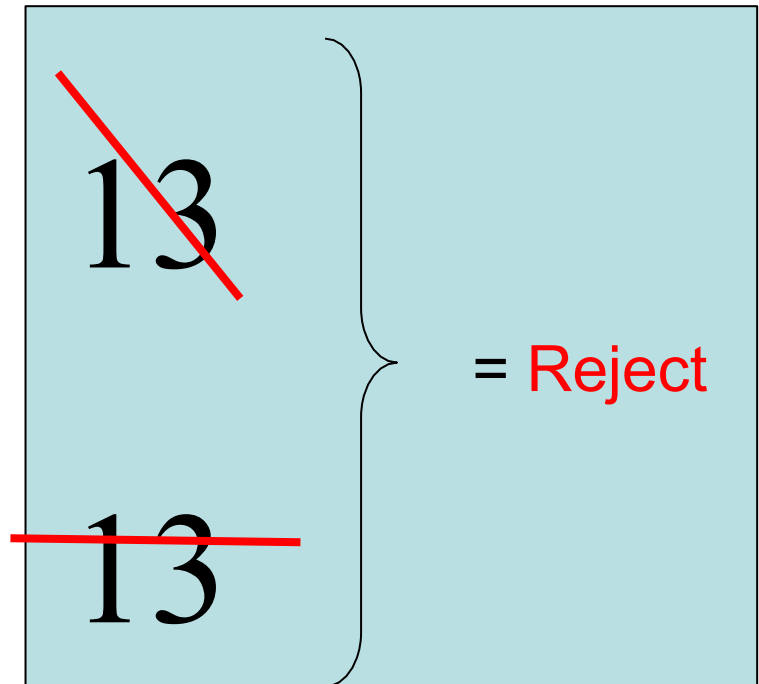
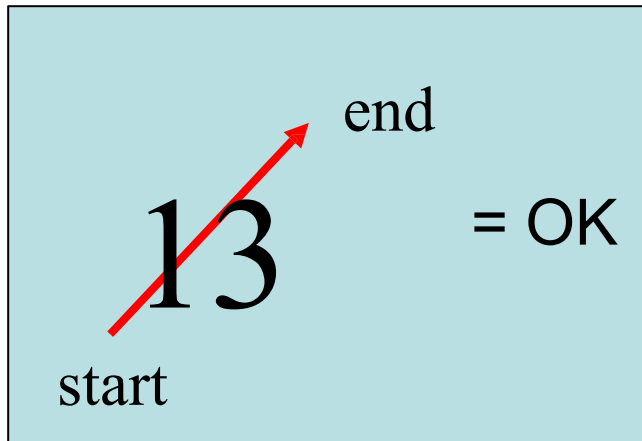


5S Exercise

The “Numbers Game” is an exercise that illustrates the power of 5s.

The game consist of 7 quick rounds. You must not look at the sheets until instructed and must finish when time is up.

Visual Standard



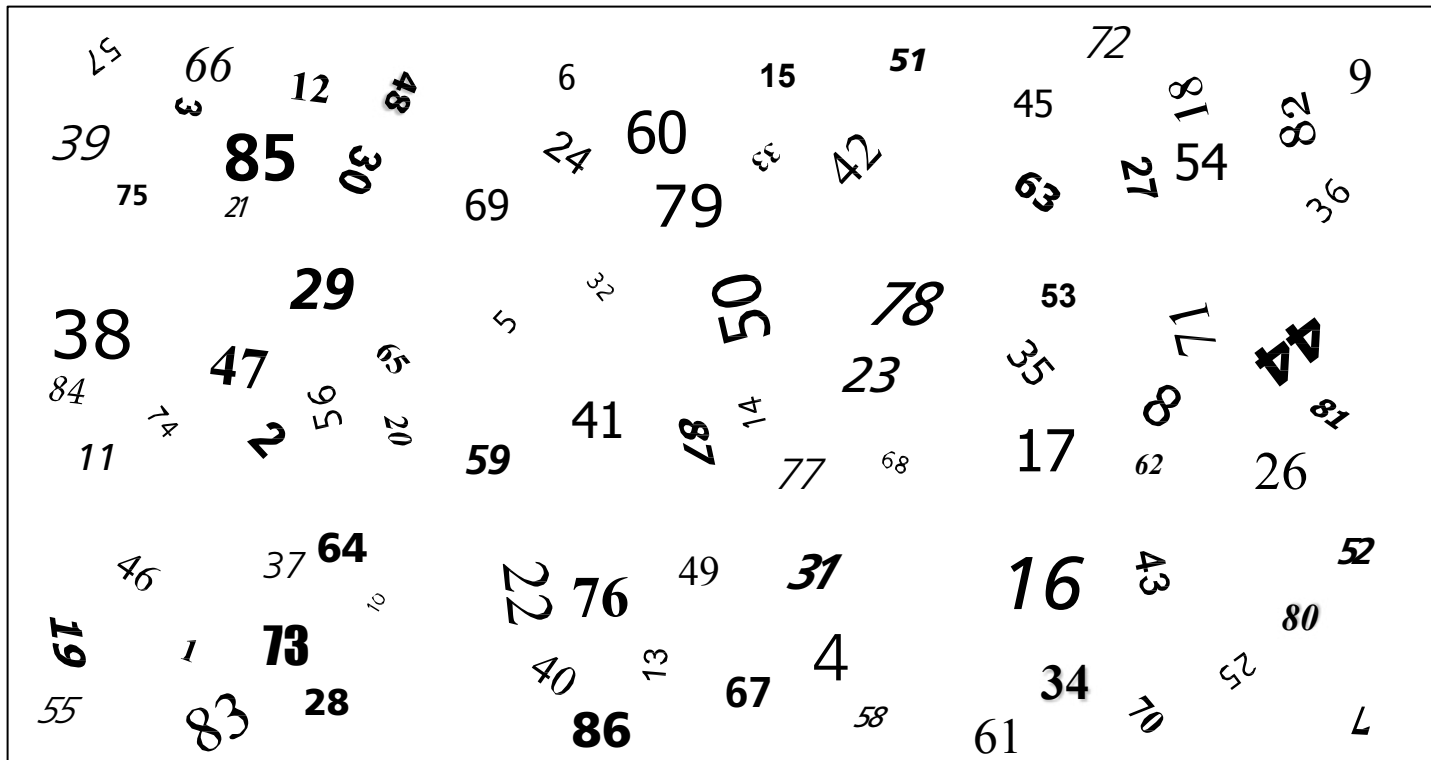
- Cross out numbers in sequence from 1– 49 with a diagonal line as illustrated – bottom left to top right
- Do not turn over the sheet until instructed
- Do not rotate sheet of paper

The Current 'Workplace'

ROUND 1

Time allowed: 60 seconds

Goal: Cross out the numbers 1-49 in order



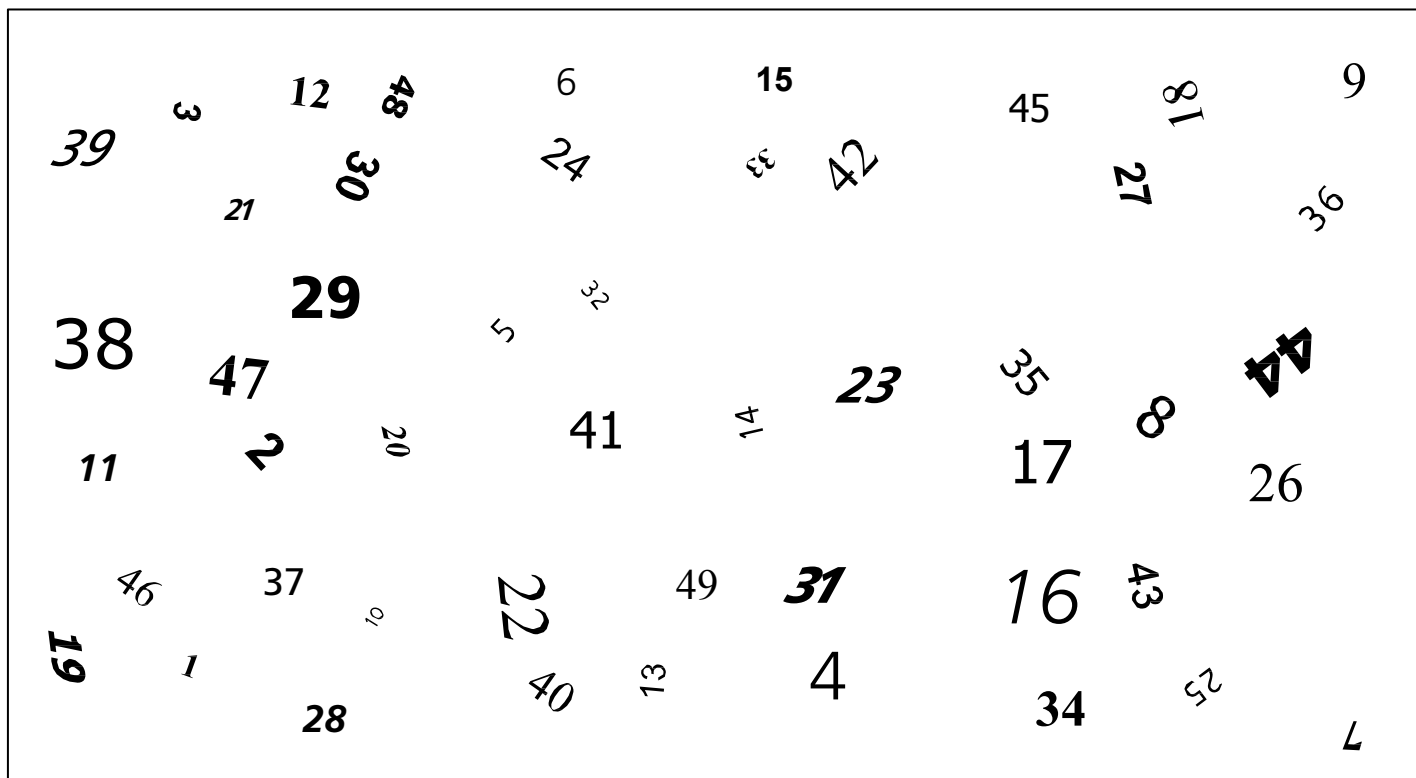
The grid contains the following numbers (row by row):

- Row 1: 15, 66, 12, 48, 6, 15, 51, 72, 45, 81, 9, 82
- Row 2: 39, 3, 85, 30, 24, 60, 33, 42, 69, 79, 63, 27, 54, 36
- Row 3: 38, 29, 5, 32, 50, 78, 53, 84, 47, 5, 20, 41, 23, 35, 71, 44, 81
- Row 4: 11, 74, 2, 95, 59, 87, 14, 77, 68, 17, 62, 26, 81
- Row 5: 46, 37, 64, 49, 31, 16, 43, 52, 19, 1, 73, 22, 76, 40, 13, 67, 4, 58, 61, 34, 70, 25, 80, 7
- Row 6: 55, 83, 28, 86, 61, 34, 70, 25, 80, 7

ROUND 2 – sort

Time allowed: 50 seconds

Goal: Cross out the numbers 1–49 in order



A grid of numbers from 1 to 49. The numbers are arranged in a roughly rectangular shape. Some numbers are bolded, and some are rotated. The numbers are: 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19, 20, 21, 22, 23, 24, 25, 26, 27, 28, 29, 30, 31, 32, 33, 34, 35, 36, 37, 38, 39, 40, 41, 42, 43, 44, 45, 46, 47, 48, 49. The numbers 29, 31, and 44 are bolded. The numbers 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19, 20, 21, 22, 23, 24, 25, 26, 27, 28, 32, 33, 34, 35, 36, 37, 38, 39, 40, 41, 42, 43, 45, 46, 47, 48, and 49 are rotated.

ROUND 3 – set in order

Time allowed: 40 seconds

Goal: Cross out the numbers 1–49 in order

<p>39</p> <p>21 12 48</p> <p>30</p>	<p>6 15</p> <p>24 42</p>	<p>45 9</p> <p>81 27</p> <p>36</p>
<p>29</p> <p>38 47</p> <p>11 2 20</p>	<p>23</p> <p>5 32</p> <p>41 14</p>	<p>17 26</p> <p>35 8</p> <p>44</p>
<p>37</p> <p>46 19</p> <p>1 28</p>	<p>49 31</p> <p>22 4</p> <p>40 13</p>	<p>16 43</p> <p>34 25</p> <p>7</p>

ROUND 4 – set in order

Time allowed: 30 seconds

Goal: Cross out the numbers 1–49 in order

Numbers from 1 to 49								
1	2	3	4	5	6	7	8	9
10	11	12	13	14	15	16	17	18
19	20	21	22	23	24	25	26	27
28	29	30	31	32	33	34	35	36
37	38	39	40	41	42	43	44	45
46	47	48	49					

ROUND 5 – set in order/with standardisation

Time allowed: 20 seconds

Goal: Cross out the numbers 1–49 in order

Numbers from 1 to 49

1	2	3	4	5	6	7	8	9
10	11	12	13	14	15	16	17	18
19	20	21	22	23	24	25	26	27
28	29	30	31	32	33	34	35	36
37	38	39	40	41	42	43	44	45
46	47	48	49					

ROUND 6

Time: 60 seconds

Goal: Identify missing numbers

15	66	12	48	6	15	51	45	72	9
39	3	85	30	24	60	42	63	27	82
75	21		69	79	33		54		36
		29	5	32	50	78	53		
38	47	65	59	87	14	23	35	71	44
84	74	95	20	77	68	17	62	8	78
11									
	46	37	64	22	76	49	31	43	57
19	1	73	10	40	13	67	4	16	80
55	83	28		86			58	34	25
								61	70
									7

ROUND 7 – sort and set in order

Time: 5 seconds

Goal: Identify missing numbers

Numbers from 1 to 49								
1	2	3	4	5	6	7	8	9
10	11	12	13	14	15	16	17	
19	20	21	22	23	24	25	26	27
28	29	30	31	32	33	34	35	36
37	38	39	40		42	43	44	45
46	47	48	49					