The Innovation Challenge – Identify your Top 3

This form is to be used to capture the details of innovations that have provided the biggest impact on Quality and Productivity in your Trust. It is intended that this information will be shared across NHS South Central in a ‘library of innovations’.

Project Title
Red Jug project

What did you do?
Health Care Assistants Sue Dearlove and Marie Turney, came up with the simple, but innovative idea of a red water jugs and mugs scheme, which helps identify patients who need to be monitored closely, and require help with their fluid intake.

Why did you do it?
According to national NHS figures many people who come into hospital are already dehydrated. Adequate hydration, as well as good nutrition, is essential for good health and for a patient's recovery. The red jug scheme is a simple way of ensuring patients get help when they need it to help prevent dehydration and to promote recovery.

What did you learn?
A simple idea that was effective because it was easy to implement and was well adopted.

What benefits were achieved?
Better patient hydration and helping to improve the dignity of elderly people as the design of the new water jugs means that they are lighter and easier for older people to handle, so they are more able to pour their own drinks. The red cups are also designed to enable easier grasp of the handle.

Contact details:
<table>
<thead>
<tr>
<th>Name</th>
<th>Sara Hollis</th>
</tr>
</thead>
<tbody>
<tr>
<td>Title</td>
<td>Ward manager</td>
</tr>
<tr>
<td>Phone Number</td>
<td>01908 660033</td>
</tr>
<tr>
<td>Role in relation to this project</td>
<td>Lead</td>
</tr>
</tbody>
</table>
Are you happy for this innovation to be shared in a public arena? Yes ☒ No ☐

Are you happy for your contact details to be shared in a public arena, in association with this innovation? Yes ☒ No ☐