

EOE ODN Newsletter

Directors Update - Liz Langham

Happy New Year !

The network continues to be very busy, with a lot of work on going with our maternity colleagues. Collaboration is improving and we are starting to work together on a number of projects. Sadly Dr Mark Dyke who has been our clinical lead for the last 4 1/2 years has decided to step down at the end of March 19. Mark has been a huge asset to the network and has supported the ODN team to ensure the network has continued to develop. He will be greatly missed but I am sure he will continue to be involved in network events. We have been lucky to be able to appoint his successor and would like to welcome Dr Matthew James who is a consultant at Ipswich; Matthew will join us from April 1st.

We held the quad day 30th January and it was EOE's turn to organise. The quad day brings together the four networks in Midlands and East. This year we had a focus on AHP's which had been highlighted in our peer reviews. It was a very successful day so a huge thank you to Claire and Kelly for organising the conference.

QIS FUNDING

HEE funding of QIS places, as you will all be aware HEE released some extra funding in January, many of you will have been successful in bidding for funds to support neonatal training. The ODN were also successful in receiving some monies which in the first instance we will use to ensure that the units who were not successful receive funding for at least 1 QIS place. We hope that in the future this funding will be a little more timely allowing trusts to put together bids

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ATAIN is high on everyone's agenda currently and have now nationally been linked to the CNST incentive scheme. This requires that trusts have an agreed action plan between maternity and neonatal units to support the delivery of ATAIN and TC, with the focus on avoiding unnecessary maternal and infant separation. Development of these action plans will support reducing the number of avoidable term admissions, but it is important to remember there will always be term babies who require admission to NNU.

Working alongside development of these plans are plans to develop Transitional care in line with the BAPM framework for practice. This will support keeping babies and mums together in either a designated TC area or on the postnatal ward. Achieving these plans will require maternity and neonatal teams to work closely, supporting changes in practice such as antibiotics being given on the postnatal ward. Many units have successfully achieved this, although it is not without its challenges it is better for our patients, and again reduces separation.

The local maternity systems have now moved into an implementation phase, all of these work-streams are around the health secretary's targets to reduce maternal, still birth, neonatal deaths and brain injury by **50% by 2025**. This is an ambitious target and different methods are being used to achieve this. The saving babies lives care bundle will be altered soon to incorporate some neonatal measures around reducing preterm delivery; this will also focus on our ambition to '**deliver the right babies in the right place at the right time**'. As a network we are focusing on improving our ability to deliver babies less than 27 weeks in a tertiary centre. Again collaboration between maternity and neonatal teams is paramount. The national critical care review is yet to finalise its document and publish, however we know that recommendations from this report will be driven via the LMS.

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Secondment opportunity within the network (1 year fixed term wte 0.74)

HEE have also given extra monies for training to the ODN's nationally, as an ODN we have decided to use this money to support a **seconded post** (to look at QIS training and network education. This role will support working with our current two providers to ensure a more standardised approach. We will also as a team be looking at different models of care which could support our staffing gap. This is an exciting opportunity for a member of staff within EOE to develop their skills and knowledge and work within the network team for 1 year; we will be looking for someone with leadership skills, educational experience and change management skills. We are currently going through the recruitment process but hope to have the advert out by the 3rd week in February. The successful candidate will also support the development of further competency documents to support education within the network.

Peer reviews

We hope to undertake peer reviews again towards the end of the year, this will be based on the QST quality indicators and also a review of actions plans developed after the 2017 reviews. We will let units know as soon as possible the proposed dates. We will undertake the reviews in conjunction with one of our colleagues from the midlands, with Claire supporting reviews within that network. We look forward to visiting all the units and seeing you showcase the impressive work you all do on a daily basis.

Ideas for the next innovation project

We will be looking at ideas for the next innovation network project and voting at the March Clinical Oversight Group. The ideas I have had so far are:

- **Kieser sepsis calculator or a sepsis project**
- **Standard handover tool**
- **Thermoregulation**
- **Patient safety thermometer**

If you have any other ideas please forward them to Kelly Kelly.hart5@nhs.net

Liz

Claire O'Mara— Lead Nurse Update

Workforce

Thank you to all of you for returning the CRG nursing audit tool promptly. Ian and I are now looking at the data and making comparisons with data collected for the 2014 Peer Reviews, it will be interesting to see how they both compare. At first glance there has been a decrease in QIS with the Bapm requirement of 70% now consistently not being met. Since 2014 Anglia Ruskin no longer provide a QIS course, leaving the East of England with only 2 providers. More recently we have been faced with insecurity and availability of QIS funding! The report will be available for sharing in March.

Bliss Baby Charter and Family Inter-graded Care.

I am currently part of a group of professionals reviewing the Bliss Baby Charter. Please do not worry if you are making progress and are moving closer to accreditation this will not affect you, the review is more of a 'refresh' with no significant changes expected.

I would welcome your comments regarding the Charter if you have any and I will then feed them back into the group.

As an ODN we are keen to establish FCC and FIC into all of our units by taking a standardised approach to improve the parent experience. I am keen to introduce a parent passport that parents can use from one unit to the next to ensure a smoother transition. We are also hoping to develop 'crib cards' to be used at the cot side for parent teaching, I will be looking to set up a working group to take this project forward. If you would like to discuss further with me please don't hesitate to contact me.

Claire O'Mara— Lead Nurse Update

Liz and I both attend Local Learning Set (LLS) meetings across the EoE, lots of shared learning is beginning to be produced. Norfolk and Waverly are focusing on a project to keep all inutero transfers of <27 weeks within their cluster group and Cambridge and NWAFT are currently looking at the First Hour of Care antenatal care bundle.

I would encourage you all to attend these meetings along with your local LMS meetings.

**Determination today
leads to success tomorrow.**

Neuroprotection update—Erica Everett



Educational events for 2019 are as follows:

Event	Date	Venue	Fee	Suitable for..
Cardiac	20th March	CPDC, Cambridge	£25	Nurse / ANNP / Medical staff
Neuroprotection	28th March	CPDC, Cambridge	£25	Nurses / ANNP / medical staff
Nursing Skills Day	1st May	CPDC, Cambridge	£25	QIS nurse
Medical Skills Day	14th June	Bedford	£50	Medical staff / ANNP
Nursing Ventilation	27th June	CPDC, Cambridge	£25	QIS nurse
Train the Trainer	12th July	Rosie Room 4 / 5	£25	Nurse / Non regis- tered clinical staff
Nursing Ventilation	12th September	CPDC, Cambridge	£25	QIS nurse
Nursery Nurse	3rd October	Hexagon Room, Frank Lee Centre	£25	Pre QIS nurse / non registered clinical staff
Neuroprotection	8th October	CPDC, Cambridge	£25	Nurses / ANNP / medical staff
Medical Skills Day	29th November	Kings Lynn	£50	Medical staff / ANNP
Nursing Skills Day	4th December	CPDC, Cambridge	£25	QIS nurse

Applications are invited from staff across the East of England ODN and should be sent to Kelly.hart5@nhs.net



Link nurse meetings continue in 2019 with 2 meetings per year, one face to face and one teleconference. Dates are as follows:

Link group	Date	Venue	Time
Bereavement	13 May	Rosie Seminar 2a	10-1400
Bereavement	21 October	Conference call	10-1200
Developmental Care	4 June	Rosie Seminar 2b	10-1400
Developmental Care	13 December	Conference call	10-1200
Feeding	12 March	Rosie Seminar 2b	10-1500
Feeding	9 September	Conference call	10-1400
Neuroprotection	6 June	TBC	16-1900
Neuroprotection	5 December	TBC	16-1900
Stoma	14 May	Room 9 Education Centre Peterborough City Hospital	10-1500
Stoma	28 November	Conference call	10-1200

A perinatal mental health group is planned for 2019 and a date for training will be confirmed shortly.

Neuroprotection data is being analysed for 2018 and will be presented at COG and in the annual report. A total of 75 infants were moved which is an increase from 51 infants in 2017. The HIE guideline is due for review in 2019 and will be presented to COG later in the year. Any changes will be communicated to local staff via email and practical training. Watch this space!

Mark Dyke - Lead Clinician

As I write this piece for the March Newsletter, my period in office as Clinical Lead for the Network is drawing to a close. So it seems [at least to me] an opportune moment for a brief reflection. I came into the role for a 2-year term and am stepping down 4.5 years later. Like the guest reluctant to leave the party, I have stayed on much longer than invited but, I hope, not overstayed my welcome too much.

When we heard in 2014 that the networks of NSC and B&H were to be joined there was some apprehension as to whether that would work. Would units so geographically dispersed feel sufficiently close neighbours to work well together? Would colleagues working on the London fringes have enough in common with those in the M11 corridor or the wilds of East Anglia to fully collaborate? Looking back now, it seems inconceivable that we could have had doubts – all 17 units and our wonderful transport team are full, equal and active partners in an organisation which has brought cohesion to so many areas of practice. Through guideline development and benchmarking activities, through our extensive education packages and the creation of guidance on areas of service provision such as outreach care, we have seen increasing convergence of practice in neonatal services throughout a huge area of the country. We have initiated and delivered a range of Quality Improvement Projects such as those around Parenteral Nutrition, Standardised feeding regimen, First Hour of Care and Drug monographs, all of which have been effective and many taken up by other Networks or even nationally, as models of how networks can bring “added value”. It is an important mark of a mature institution that it is prepared to acknowledge issues when they arise and actively seek out ways to learn. We have taken a robust approach to auditing our practice and encouraged all units to share learning from incidents. Hence, when we underwent Peer Review, we found no areas of concern that had not already been flagged up by staff at the individual units and in most cases, action plans to address the issues raised were already in place when the Review team arrived.

Mark Dyke - Lead Clinician

So, where next? The Network is genuinely in good shape, has an excellent, albeit small, staff and in our leadership we are truly fortunate. I have felt privileged to have worked alongside initially Sarah Rattigan and more recently Liz Langham who along with Claire O'Mara have provided a quality of expertise, knowledge and professionalism of which I have often been in awe. The work programme planned for the next few years will keep them and all of us very busy but will, I believe, offer an opportunity to move us to even higher levels of excellence as we deliver on those pledges made.

I am delighted to be handing over to Matthew James, a colleague who I have known for over 20 years, as I know that his passion for neonatology will complement well the existing network team. I wish him and all of my network colleagues well and thank you for supporting me over the last many years.



Addenbrookes



The NICU Education team at Addenbrooke's is working with the Brazelton Centre UK to hold its first NBO (Newborn Behavioural Observation) course in March 2019. The NBO is a powerful relationship building tool and allows the understanding of a baby's behaviour, which is their way of communicating with the world. By empowering parents to understand their baby's behaviour and challenges the NBO fosters both a positive parent/baby relationship and a partnership between the practitioner and parents.

Once certified the team which will consist of a Neonatal Consultant, QIS /Non QIS Nurses, the Education Team and Nursery Nurses as well as Allied Health with Speech and Language, OT and Psychologists will work to imbed the NBO tool within the NICU/ transitional care setting.

Contact Sarah Green Education Lead Nurse for more information.
sarah.hutchins@addenbrookes.nhs.uk

Dates for your diary's

Day	Date	Month	Meeting	Venue	Time	ODN Lead	Chair
Monday	4	March	Outreach	Rosie 2b	10:00-12:30	Claire O'Mara	
Tuesday	12	March	Link Nurse Feeding	Rosie 2b	10:00-15:00	Erica Everett	
Wednesday	20	March	Cardiac	CPDC, Cambridge	09:00-16:00	Erica Everett	
Tuesday	26	March	COG	Hexagon Room FLC	09:30-16:00	Mark Dyke	Mark Dyke
Tuesday	28	March	Neuroprotection Study Day	CPDC, Cambridge	08:30-16:30	Erica Everett	Topun Austin
Thursday	4	April	Benchmarking	CUH F&G 5	10:00-16:00	Liz Langham	Amanda Blake
Friday	5	April	Link Nurse Bereavement	Rosie 2a	10:00-14:00	Erica Everett	
Friday	26	April	ANNP Forum	Rosie 2b	10:00-1400	Erica Everett	Robert Daniels
Monday	29	April	PDN	Rosie Room 4	10:00-14:00	Erica Everett	Erica Everett
Friday	1	May	Nursing Skills Day	CPDC, Cambridge	08:30-16:30	Erica Everett	
Tuesday	14	May	Link Nurse Stoma	Peterborough City Hospital	10:00-14:00	Erica Everett	
Friday	23	May	Train the Trainer	Rosie 2a & 2b	09:30-16:00	Erica Everett	
Friday	24	May	Benchmarking AGM	Rosie 2a & 2b	09:30-17:00	Liz Langham	Amanda Blake
Tuesday	4	June	Link Nurse Developmental Care	Rosie 2a	10:00-14:00	Erica Everett	
Thursday	6	June	Link Nurse Neuroprotection	TBC	10:00-14:00	Erica Everett	
Tuesday	11	June	Governance	Rosie 2a	14:00-17:00	Liz Langham	Katharine McDevitt
Friday	14	June	Medical Skills Day	Bedford	08:00-17:00		
Friday	14	June	Lead Nurse Forum	Rosie 2a	10:00-16:00	Claire O'Mara	Claire O'Mara
Tuesday	18	June	COG	Hexagon Room FLC	09:30-16:00	Matthew James	Matthew James
Monday	24	June	ATAIN Celebration Event	Hexagon Room FLC	09:00-17:00	Liz Langham	Liz Langham