

Coronavirus information

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Coronavirus (COVID-19) is a new illness that can affect lungs and airways. It's caused by a virus. There is lots of information about [coronavirus \(NHS.UK\)](#).

The Government has asked everyone to avoid gatherings, crowded places and unnecessary travel.

Service changes due to COVID-19

In line with Government advice, we are temporarily changing the way we deliver services.

We are currently not providing any in-person services at our offices or in the community.

This includes:

- face-to-face meetings with individuals, and
- groups sessions

But, we continue to offer these services online and by phone, where possible. Our advisers will speak to current customers to ensure the support we offer continues to meet their needs, circumstances and priorities at this time.

We are monitoring the situation alongside Government advice to make sure we can provide support in the best way possible with the resources available to us.

Please bear with us as our capacity and opening times might be limited during this time.

We will continue to keep you updated.

Scope helpline

If you're not sure about where to go for information, our helpline provides free, independent and impartial advice on a whole range of topics and can point you in the right direction.

[Our helpline](#)

Online community

If you need a less formal chat, there's lots of conversations happening over in our online community. You can join discussions on:

- [Coronavirus and Cerebral Palsy](#)
- [Coronavirus and your wellbeing](#)

Or if you'd just like a chat [join the coffee lounge](#).

Coronavirus: Other organisations

We will keep this page up to date with information, below is guidance and advice from other charities and organisations.

- [Easy read guide about Coronavirus and a video on handwashing \(Mencap\)](#)
- [Help if you are feeling worried or anxious \(Mind\)](#)
- [Coronavirus and cancer \(Cancer Research UK\)](#)
- [Coronavirus and cancer \(Macmillan\)](#)
- [Coronavirus and social isolation \(Campaign to End Loneliness\)](#)
- [Coronavirus information \(Age UK\)](#)
- [Exercising at home \(British Paralympic Association\)](#)