Comprehensive Assessment of At Risk Mental State (‘ARMS’) – TRAIN THE TRAINER COURSE

9th, 10th & 11th March 2016—The University of Manchester

Training Overview
This 3 day residential course will provide participants with an introduction to ARMS and through multiple role play scenarios and the use of video material, exposure to various technical skills and knowledge required to rate patients reliably using the Comprehensive Assessment of At Risk Mental State (‘CAARMS’) Tool. Participants will learn strategies for training others on return to their organisation. 3 further training and networking days over the next 12 months for participants to regroup and discuss issues / challenges they face on returning to practice and implementing use of the tool / training. Additional phone call support outside of these training sessions. It will be a requirement of the course that participants pass the course and this will be assessed by participants rating a session on the CAARMS with a requirement that they:

1. Demonstrate an ability to carry out an assessment in a therapeutic manner.
2. Score clinical information accordingly on the CAARMS psychosis subscales.

Appropriate skills / attributes required
Participants signing up to attend this training would require the following skills:

- Good understanding of reliability and validity when assessing patients
- Confidence and capacity to train others
- Permanent member of staff

Requirements after the training:
- Participants would need skills and time to deliver training locally and be prepared to deliver an agreed number of sessions / train an agreed number of participants in the use of the CAARMS tool.
- The appropriate professions are likely to include senior nurses and psychological therapists.

Outcomes
The course will provide delegates with the skills to:

- Rate ARMs cases using the CAARMS tool which is vital to achieving clock stop against the new Early Intervention in Psychosis Standard implemented on 1st April 2016
- Deliver training locally across the north region in the use of the CAARMS tool to enhance the skills of the wider mental health workforce

How many places are available and how do I book?

- Places are available for 30 delegates in total and have been proportioned out to ensure adequate coverage across the north
- Timetable to follow
- Accommodation is provided at The Premier Inn, Manchester City Centre (Portland Street)
- To book contact Kate.Lawrence@gmw.nhs.uk or for queries contact Paul.French@gmw.nhs.uk