

## Starting Well Core Resource Pack For Dental Teams

*For the area covered by: **NHS England North (Cheshire & Merseyside)***

### **Summary**

As part of the Starting Well Core initiative, this resource pack has been developed to support dental professionals in delivering preventive care for young children aged 0-2 years, and to promote the provision of a Dental Check by One for every child. Starting a positive lifelong relationship with the dental team will allow young children to receive regular preventive care and advice, encouraging healthy behaviours and promoting oral health from an early age. This will also support wider efforts to address the large number of children in England undergoing general anaesthesia for the extraction of carious teeth.

There are many resources available to support dental practices who are taking part in the starting well initiative. NHS England North (Cheshire & Merseyside) have identified a number of **FREE** resources which they feel are most pertinent for Dental professionals to strengthen oral health promotion in their practices.

## Resource pack contents

<b>1. Local facts on Children's Oral Health</b>
<b>2. Chief Dental Officer " note for avoidance of doubt"</b>
<b>3. E- Learning resource for dental professionals</b>
<b>4. Public-facing posters</b>
<b>5. Leaflets for patients and the public</b>
<b>6. Additional resources</b>

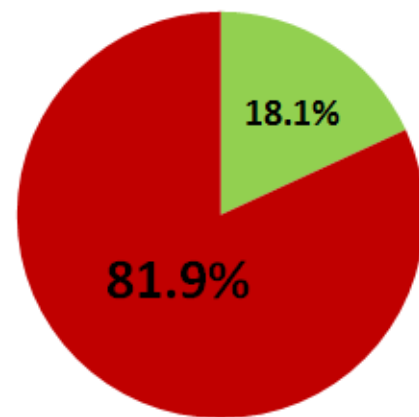
Resources are listed with a brief explanation and visuals on the following pages.

**All free resources are available to download.**

**An electronic version of this starter pack will be sent to all practices.  
To download any of the free resources listed hover over the name of the section or resource, then click to follow the hyperlink.**

**1. Local facts on children's oral health:  
NHS England North (Cheshire & Merseyside)**

In 2017 only **18.1%** of children aged <2 years visited a NHS dentist,<sup>1</sup> despite a national campaign for a Dental Check by One.<sup>2</sup>



**81.9%** of <2s are not accessing NHS dental services.<sup>1</sup>

**1,242** children aged 0-9 years had decayed teeth extracted in hospital in 2016/17.<sup>3</sup>

**29.1%** of 5-year-olds have experienced tooth decay, with on average **3.5** teeth affected.<sup>4</sup>

<sup>1</sup> Source: NHS Digital quarterly dental statistics publications.

<sup>2</sup> The Dental Check by One campaign is led by the British Society of Paediatric Dentistry.

<sup>3</sup> Source: 2017 Extractions data (FCEs with caries as primary diagnosis), PHE.

<sup>4</sup> Source: Oral health survey of 5-year-old children 2017, PHE.

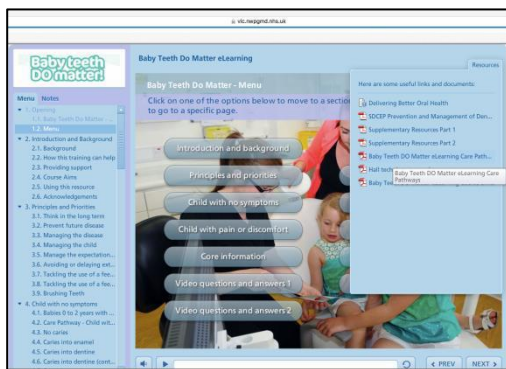
## 2. Note for the Avoidance of Doubt,

Office of Chief Dental Officer – guidance on dental visits for children under 3 years, published September 2017.



## 3. Baby Teeth DO Matter e-learning,

e-learning module to support dental teams improve preventive care for young children.



#### 4. Public facing posters

**Dental Check by One.** British Society Paediatric Dentistry make a dental appointment before your baby's first birthday.



#### 5. Leaflets for patients and the public

**Change4Life and Start4Life toothbrushing chart,**

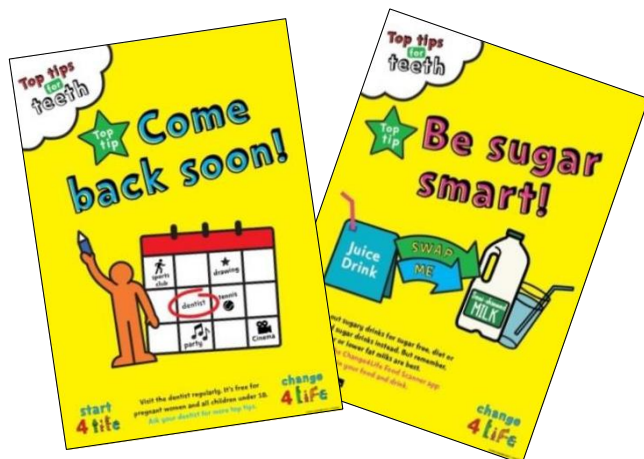
– toothbrushing chart and advice



## 6. Additional resources

### Top Tips for Teeth Toolkit - Come back soon!, Be sugar smart

PHE – how to access and download resources, including guide, posters and leaflets.



## Links

Note for the Avoidance of Doubt link -

<https://www.nhsbsa.nhs.uk/sites/default/files/2017-10/20170927%20OCDO%20Note%20for%20the%20Avoidance%20of%20Doubt.pdf>

Baby Teeth DO matter link <http://babyteethdomatter.org/>

Dental Check By One link -

<https://www.bspd.co.uk/Portals/0/DCby1%20Poster%20for%20dental%20practices.pdf>

Brushing Twice is Nice – Tooth Brushing Chart -

<https://campaignresources.phe.gov.uk/resources/campaigns/69/resources/4016>

A4 Poster - Come Back Soon -

<https://campaignresources.phe.gov.uk/resources/campaigns/69/resources/2673;%20https://campaignresources.phe.gov.uk/resources/campaigns/69/resources/2672>

A3 Poster - Be Sugar Smart -

<https://campaignresources.phe.gov.uk/resources/campaigns/69/resources/2672>