Improving Outcomes:

The Role of Rehabilitation in Cancer Survivorship

Thursday 17th May 2012, 9am – 1pm
Venue: Postgraduate Lecture Theatre, Belfast City Hospital

Speaker Profiles
Liz Henderson
OBE, FRCN, RN, MSc, PG Cert LLL,
Network Nurse Director & Macmillan Survivorship Programme Lead (NICaN)

Liz Henderson works as Nurse Director for Northern Ireland Cancer Network currently incorporating the role of Macmillan Cancer Survivorship Programme Lead.
Following her nurse training in Belfast City Hospital she undertook a course in Oncology Nursing at the Royal Marsden Hospital in London in 1981 which initiated her career in cancer nursing. With the exception of a few years in intensive care nursing Liz has worked in a variety of cancer nursing roles including practice development nurse, ward sister, nurse manager, and lead cancer nurse. She has been involved in the strategic development of cancer services from the mid 1990s and was actively involved in the establishment and development of the cancer network from 2004. Over the years she has sat on a range of committees for various cancer charities. She completed her MSc in Advanced Nursing in 2004, has written a number of book chapters in relation to developing practice, and currently is a reviewer for Cancer Nursing Practice. In 2010 she was awarded an OBE for services to nursing and healthcare, and in 2011 was made a Fellow of the Royal College of Nursing. Her main interest is in the development of person centred cancer care, which seeks to create the conditions in which individuals affected by cancer experience the best possible outcomes.

Dr Martin Eatock
MB ChB, FRCP (Lond), FRCP (Glasg)
Network Medical Director (NICaN)

Dr Martin Eatock has recently been appointed Medical Director for the Northern Ireland Cancer Network and will formally take up post in June 2012.

Following undergraduate medical training in Edinburgh, Dr Eatock has trained in Oncology in Manchester and Glasgow before taking up a Consultant post in Medical Oncology in Belfast in 2000. Dr Eatock specializes in the management of upper gastro-intestinal and hepatopancreatobiliary malignancies and has been closely involved in service reconfiguration for patients with these diseases culminating in the creation of the Regional oesophago-gastric cancer MDT, which he chairs, and the centralisation of oesophagogastric cancer surgery for Northern Ireland in the Belfast HSC Trust. Dr Eatock also chairs the Cancer Network Drugs and Therapeutics committee and is the Lead Clinician for Systemic Anticancer Therapy in the Belfast HSC Trust. He has research interests in Early Phase clinical trials of novel cancer therapeutics, in Upper GI malignancy and also cancer related cachexia.
Dr. Martin Chasen is currently the Medical Director, Palliative Care, The Ottawa Hospital Cancer Centre and the Medical Director of the Palliative Rehabilitation Program at the Élisabeth Bruyère Hospital, Ottawa.

Dr. Chasen was born in Pretoria, South Africa and completed his undergraduate training in medicine and surgery at the University of Pretoria in South Africa, in 1983. He later went on to obtain a specialist degree in Internal Medicine and Medical Oncology as well as a Master of Philosophy (Palliative Medicine) at the University of Cape Town, South Africa. Prior to moving to Canada in 2004, Dr. Chasen worked as a medical oncologist in several hospitals/clinics in South Africa and has been active at the international level in the areas of oncology and palliative care. Between 2004 and 2009, Dr. Chasen worked as an oncologist and palliative care physician for the Departments of Medicine and Oncology at McGill University in Montreal.

The Palliative Rehabilitation program is a new concept that attends to the needs of patients with cancer and their families. The program provides patients with a rehabilitative, individually tailored program of exercise and activities, nutritional advice, psychological help and social services assistance. Dr. Chasen has initiated original research on new drugs to combat the anorexia/cachexia syndrome. He is the principal investigator on a number of trials including original drugs used to combat the anorexia/cachexia syndrome. He is also a reviewer for the Canadian Institute of Health Research (CIHR), Palliative & End-of-Life Care Peer Review Committee."

Ms Charlie Ewer-Smith

DipCOT, CMS, Winston Churchill Fellow

Macmillan Teenager and Young Adult Aftercare Specialist, On Target Team

University Hospitals Bristol Foundation Trust

Charlie Ewer-Smith is an Occupational Therapist who has enjoyed working within Oncology for many years.

In 2011 she returned to the UK following time spent visiting Cancer Survivorship Programmes and initiatives around the world after being awarded a Winston Churchill Memorial Trust Fellowship. She is now part of the Macmillan On Target Team, a 3 year programme of work intended to assess and address the Aftercare needs of teenagers and young adults with cancer based in the south west of England. The programme will develop and evaluate a series of transition project work packages to facilitate and enhance the evolution of a patient’s care from the initial focus on cancer diagnosis and treatment, towards cancer survivorship; enabling young people to live 'a life as it would have been lived without the intrusion of cancer, or as the person has chosen to recreate it'.
Mary Jo is the Macmillan Regional Programme Manager for the Transforming Cancer Follow-up Programme.

This programme aims to transform cancer follow-up for patients by providing a more individualised approach whilst providing more effectiveness and efficiency due to the changing landscape of cancer care. Her specific role is to regionally co-ordinate and support key stakeholders with the introduction and testing of this new model. The project team also consists of Liz Henderson (Programme Lead - 0.4WTE), and a local project manager in each of the five Trusts in Northern Ireland.

Mary Jo has a strong clinical background having worked as Colorectal/Stoma CNS for many years in Southern Trust. She has published widely within this field of expertise and enjoys working with others.

Shane is the Macmillan Cancer Rehabilitation Lead for the Network.

In his role he will act as the strategic link for cancer rehabilitation and Cancer Care Allied Health Professionals (AHP) regionally. He also actively links with his counterparts at UK level through the National Cancer Network Lead AHP Forum.

Shane is a strong advocate for the role that Allied Health Professionals (AHP) have in cancer rehabilitation. Having previously completed the NI AHP Leadership programme, he is currently undertaking an MSc in Interprofessional Health and Social Care Management through Queens University at Belfast and the Beeches Management Centre. His research will be on Allied Health Professionals and cancer rehabilitation. Shane will also chair the NICaN AHP / Network Rehabilitation Forum.
Jane is the Lead Physiotherapist in the Cancer Centre (Belfast) and a champion for cancer rehabilitation. She was lead editor for the 2008 book “Rehabilitation in Cancer Care” and is chair of the Association of Chartered Physiotherapists in Oncology and Palliative Care.

Jane is also a member of the National Cancer Rehabilitation Advisory Board (Cancer Action Team) working strategically across the United Kingdom to promote and develop rehabilitation services.

Dr Gracey is a lecturer in physiotherapy at the University of Ulster. A member of the Health and Rehabilitation Sciences Research Institute research has focused on exercise and fatigue management, specifically in gynaecological cancer populations.

Working in collaboration with the association of Chartered Physiotherapists in Oncology and Palliative Care research has lead to the development of a number of post graduate modules in cancer rehabilitation. Research recently completed at Ulster has involved an RCT of a home based exercise programme for women diagnosed with gynaecological cancer and a number of questionnaire surveys investigating, barriers to exercise in cancer populations and the role of exercise in managing fatigue in cancer populations.

Her research has resulted in a number of journal publications, a book chapter and international conference presentations. Recently a pilot ‘back on track’ project funded by a University of Ulster Innovation award has identified key issues in translating research into practice.